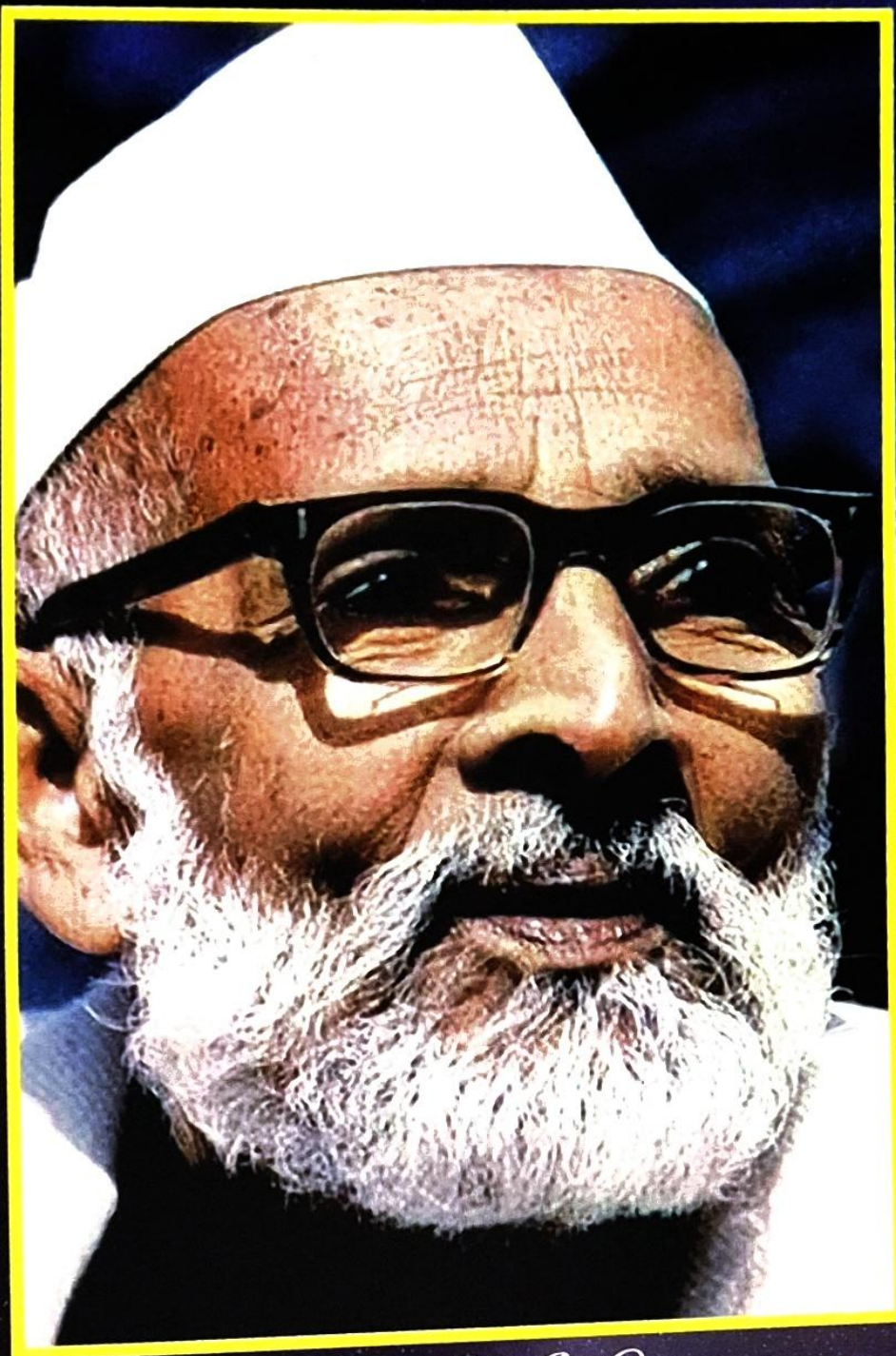


Bless & Bliss

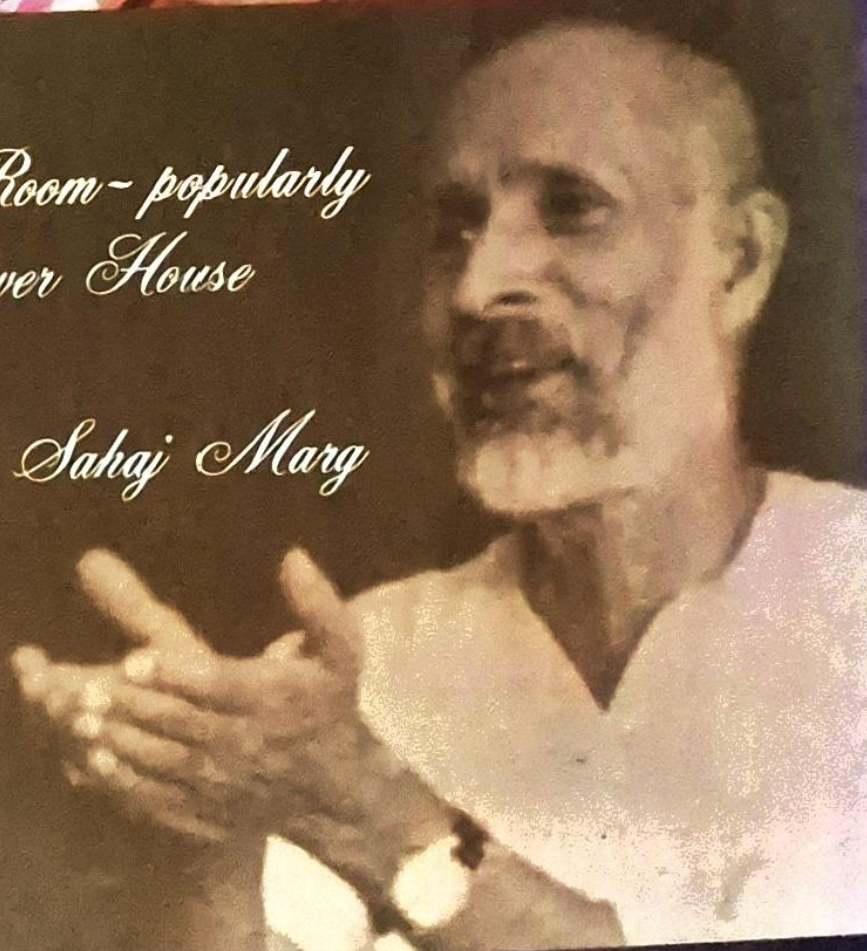


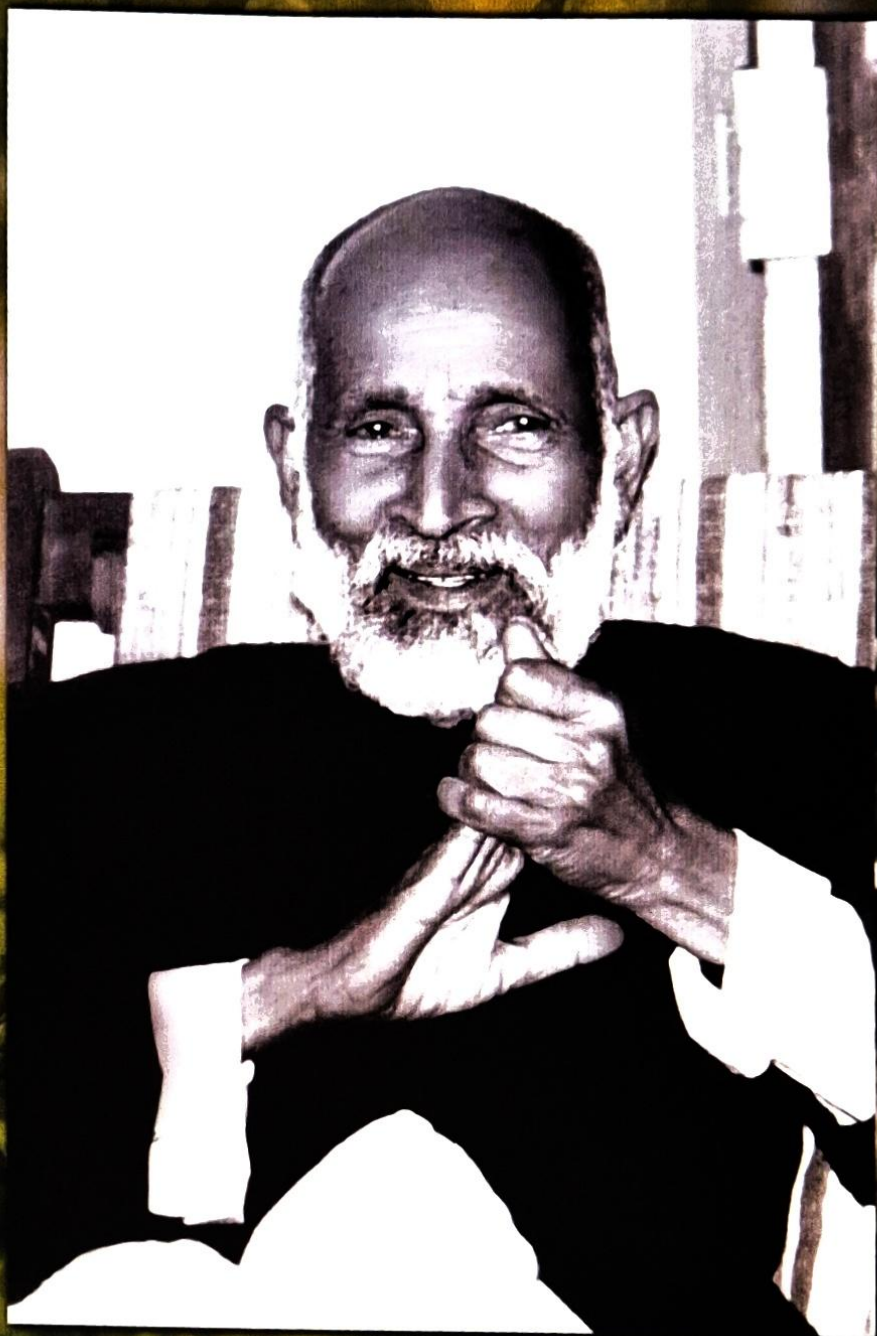
Legend of Love



*Rev. Babuji's Room - popularly
called as Power House*

Birth Place Of Sahaj Marg





A Message of Two words
I want to extend to all humanity is
“FORGET YOURSELF”

NOT FOR SALE

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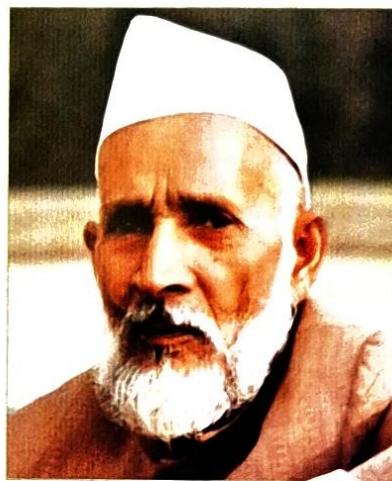
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*Dedicated with profound gratitude, to the
Lotus feet of eternal hierarchy
of Great Masters of Sahaj Marg*



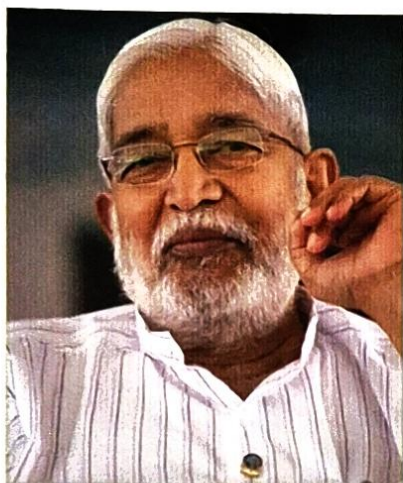
Shri. Ramchandraji
Fategarh (UP), India

*"God has Hidden himself inside your
heart and exposed you.
Hide yourself and expose HIM"*



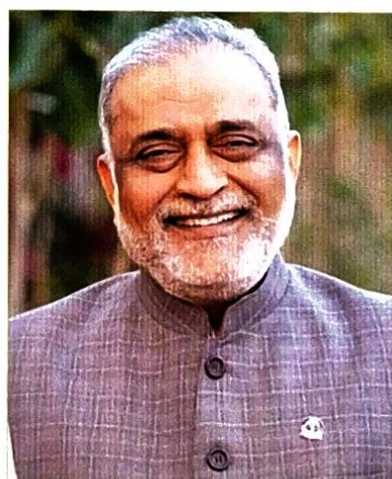
Shri. Ramchandraji
Shahajahanpur (UP), India

*"I have not come to make disciples
I have come to make Masters"*



Shri. P. Rajagopalachariji
Chennai (T.N.), India

"Love all whom HE Loves"



Shri. Kamalesh Patelji
Kanha, Shanthivanam (HYD), India

"Purity weaves Destiny"

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PREFACE

It happened on a sunny morning in mid December 2019. I was at Banashankari Ashram, Bangalore to proffer individual sittings. It was around 1.30 pm and I was preparing to leave for home. A septuagenarian gentleman approached me for a individual sitting. Since this person was not wearing abhyasi I.D. Card and since I had not seen him before, I enquired with him about when he joined the mission and the like.

Although such instances were not rare, at that time I had no idea that later this would turn out to be a mystically fascinating experience ! The veteran informed me that it was his 1st sitting. After a few preliminaries he was given the first sitting and requested to come on the next day for the second. He was advised to bring with him a passport size photograph. When asked for his cell phone number, he informed me that he has no cell phone and that he uses his neighbour's land line phone.

The next day he failed to come ! Telecalls to his neighbour's land line phone was of no avail. This led me to introspect the whole gamut of my inter-action with him. However, at about 1.30 pm I received a call. The caller was my dear veteran. When I enquired with him as to why he failed to come, his reply was astounding! Hereunder, I quote what he said ;

"Sir, Yesterday, after the sitting, when you left, in order to satisfy my curiosity, I sat for meditation after complying with all the steps you had advised. Soon I was lost. When I awoke, it was over 40 minutes. I was unaware of my existence. My body had become light-weightless! I saw Rev. Babuji at the entrance door of the western side of Ashram cleaning the area. I could see him for a few seconds only. Since I had DARSHAN of Guru, I thought I need not come."

My earnest entreaties to him to visit ashram and take the second sitting was of no avail. He never came. Follow up action with his neighbour whose landline phone he was using revealed that the gentleman left for Uttarkhand for further spiritual pursuit.

After a few days, yet another, almost similar incident occurred. This time, the seeker was a lady working for a premier, prestigious research organisation. Readers are requested to go through her account of mystical experience, briefly contained on page 27 of this book.

The aforesaid incidents impacted me severely and I was deeply moved. It took me some time to realise that both the new seeker's spiritual condition must have been of such prodigious that both were able to experience the Supreme. To me, these were rarest of rare incidents. It was amazing that by one sight(gaze) at Rev. Babuji could bring out such state of spiritual condition in the new seekers. I was also very keen and curious to know the vast mystical power of Rev. Babuji had and to comprehensively study HIS personality to satisfy my inquisitiveness.

I must submit here that although I was not a subject of His GRACE (GAZE) in both the incidents, the tone, tenor, voice, conviction of both seekers in their description of the narrative based on their experience deeply moved me and made me EXPERIENCE-FEEL, a glimpse of the spiritual condition which they were blessed with ;

After a very deep self contemplation, it was my irresistible feeling that such mystical incidents which are rare, deserve to be deeply looked into, collated and brought out in a book so that seekers in general and abhyasis in particular are made aware of the mystical ways of the working of the Sahaj Marg Masters.

In the light of the foregoing, it was decided to bring out a kind of chronicler of reminiscences. This book is a humble attempt, with the support of a large number of Sahaj Marg practitioners who volunteered to share such information to deliver gems of spiritual wisdom / practices to the needy.

It has been well established fact that reading such literature certainly helps abhyasis. Since each one reads them with a mindset of what they want to experience, their contemplation and the results arising out of it are bound to be multidimensional thus benefiting seekers. Besides, such reading touches, impacts at vibratory levels, the hearts of the mendicants thereby fine tuning their sensitivity. Thus readers are enabled to acquire their aspirations in tune with their innate potential.

Rev. Babuji in one of His inter-active sessions with abhyasis has said and I quote ;

"My Heart is hidden in my writing. Hence people are affected and influenced by them. All this is due to the Grace of God."

I fervently pray to Rev. MASTER to bless all those who contributed for bringing out this work and those who read these accounts of spiritual adventures to enable them not only to accelerate their pace of spiritual progress, but also, to take Sahaj Marg / Heartfullness sadhana to the vast milieu of SEEKERS ;

"MAY IT BE SO BY HIS GRACE"

Bengaluru
28-09-2021

Guruprasad C.Y.

“

*Think of HIM, eyes become wet. Thoughts
Vanish. Bliss prevails. One's identity, existence
Lost. A state of SHOONYA prevails. Total
abject surrender happens.*

HIS charming smile laced with

Tenderness penetrates in to the seeker's heart

Stimulating, blossoming of the heart. Though

His look appear to be focused on others

Yet all around HIM, near HIM are

Trans-migrated to a disparate state of consciousness.”

EARLY YEARS..

Great men are not born accidentally. But born when the time needs them most. They arrive; perform the task assigned to them by Nature, cosmic power and return. Bharat, being the birth place for spirituality, when groping in darkness, when materialism had overtaken the spiritualism, use of pranic powerless power i.e. Transmission of Divine energy had become not accessible to masses, Nature ordained for descending of power in human form as Rev. Ramchandra of Shahajahanpur, U.P., India.

This is in tune with what lord Krishna has said in Bhagavadgeetha-Ch. 4. Verse. 7.
I Quote;

“Arjuna, whenever righteousness is on the decline, un-righteousness is on the ascendant, and then I manifest Myself forth”.

Thus was born Shri Ramchandraji of Shahajahanpur, (Uttar Pradesh). He was affectionately called as “Babuji”. He was born on Sunday the 30th April 1899 at 7.26 a.m. morning of Baisakhbadi Panchami. Janma Samay 4 Gharis. 55 pal Vikram Samavat 1956. His father was Shri Rai Bahadur Badri Prasad, Hon. Magistrate 1st class.

One source points to the fact that Shri Lalaji, (Shri Ramchandraji of Fatehgarh, U.P., India) who later became Rev. Babuji's Guru/Master was empowered by His Guru of the special assignment of bringing on earth the power of the Absolute for resuming the balance in Nature. Only then Rev. Lalaji offered devotedly un-remitting prayers imploring God to allow incarnation(-manifestation) to descend on earth. It was then that the God bestowed on earth the descending of Special Personality. i.e. Rev. Babuji.

When Rev. Lalaji, with HIS intuitive ability came to know of the descendency of Divine Power, HE thought it necessary to have a glimpse of that Special Personality. It was only thereafter that Rev. Lalaji had the glimpse of that Special Personality, the Divine child in HIS meditation. This is evident from what Rev. Babuji has said that when He was 6 days old and was lying in soop (a device made of bamboo for sifting, removal of chaff from corns-winnowing gram), He was getting Transmission from Rev. Lalaji. At this juncture, Rev. Lalaji observed that all the Transmission was being absorbed by the Divine child. This is supported by . Rev. Babuji's statement “That when He first reached the holy feet of Samarth Sadguru, HIS Layavastha had been complete”. Even Rev. Lalaji has said that “Mine and Your descent had been from Bhooma itself !”

Overwhelmed by the Divinely led happenings, Rev. Lalaji, before the child could take up a form, named Him with His own name. i.e. Ramchandra. The Divine law of Nature's working is such that the Divine, before descending on earth, incarnations/ manifests its Divine form in the cosmic region. For ex. It is said that before the birth of Shri Ram of Ayodhya, HIS mother Kausalya had seen His Divine form! She bowed before Him praying to keep up the Divine form and assume the physical form of a child. Accordingly Shri Ram was born. Similar is the case of lord Krishna. Both Devaki and Vasudeva had seen the Lord's Divine form in the prison. Again at the entreaties of parents, the Lord took the form of a child, when born and started playing on the lap of Yashoda as Krishna.

It is well known that incarnations descend on earth through the prayers of Gods and saints of high calibre. To enable descending of a Special Personality, Rev. Lalaji being endowed with the powers of the Ultimate, attained that perfection only in 7 months by devout sadhana. Only thereafter Rev. Lalaji's prayers for discension of Special Personality was conceded by Nature.

It is said that even as a child Shri Babuji did not have the inclination to eat food. He had to be fed! HIS mother, a noble, good looking person fed HIM with invaluable moral and ethics of life. Since His childhood, Rev. Babuji was not interested in studies. His educational career was a failure. However, when He was sixteen years of age, He developed inclination for learning. He developed taste for literature, Urdu, Persian and English. He developed great love for Geography. But, He dreaded mathematics.

As a teenager, Rev. Babuji developed a flair for playing hockey, foot ball, riding horse. But, later, He gave up these. At the age of 9, He felt a kind of thirst for Reality and remained extremely flustered just like a man who is drowning in water. This continued for some time. But, finding no solution, He fixed HIS mind upon making Himself deserving. He went on with this idea till the age of fourteen praying at the same time for getting a good and capable Master. He says He had also made up his mind that He should not seek a Master !. HE avers, that if HE went with this idea, to some one, He should definitely accept HIM as HIS Master.

It is said that when a child learns to talk and think on its own, the learning it gets from the environment, circumstances, parents, peers all make a very strong impression on its mind. Not only this, whatever it learns during this period becomes a part of its' personality. These impressions have a lot to do with its growth-physical, mental and continues in its' lifetime. It is, therefore, essential that children are brought up in good atmosphere, with love, affection and right values. Actually, the learning of a child begins while it is still in the womb of its mother. Best example in this regard is Abhimanyu of the Mahabharath.

Rev. Babuji says that He would give HIS own example in this regard. He says that while He just began HIS practice of meditation, He often felt that while He was a kid, He was placed in a soop (winnowing-a bamboo instrument used to sieve, filter food grains) under sun light.

He, therefore, perceived that He must have been exposed to this while He was a child ! When He checked up with His mother about this, she confirmed that she did so !

Rev. Babuji avers that while He was 5 or 7 years old, He used to find HIS mother performing traditional worship of God and hence requested His mother to teach HIM the same. HIS mother used to smear sandalwood paste on HIS forehead thus leading Him to conclude that He had performed worship of God.

When this went on for some time, when He was about 9 years old, He developed intense urge to realize God and started feeling like a drowning man in sea. In order to remedy this He says He took to the reading of the Bhagavadgeetha which did not give Him what He wanted. He, therefore, approached the priest who was visiting his home to teach Him the method to realise Self. Here again, while He was advised to chant Ram, Ram, which He did, He avers that instead of taking Him further, He felt that He was regressing!

This led HIM to a state of restlessness till He was 14 years of age. Thereafter He avers that while His spiritual hunger continued, HIS search for a Sadguru became intense and He was prepared to accept any one as HIS Guru. During this period, He says He developed a strange habit of identifying HIS clothes by its smell! This habit, over a period of time led Him to perceive the character, antecedents of a person by the smell of their dress.

It is brought out that a little later, HE developed love for philosophy and the art of solving challenges in HIS own way. During His 15th age, He developed interest in reading books on philosophy. He says He managed to get a book entitled "Utilitarianism" by one Mr.J.S. Mill and went through a few pages. But, found that such reading would only kill His own independent enquiry into matter. He, therefore, stopped reading books and started thinking independently. Many of HIS relatives, friends felt that He was a muff! But, He was a simple man with simplicity as lifestyle. People therefore thought He was a simple man.

HIS days at school were full of failure. The main reason was that He was very weak in mathematics. He felt that HIS life as a student was destroyed. Owing to this, whenever He was given homework in maths, He was postponing HIS studies. Sometimes, He used to knit stories to tell HIS teacher whenever He failed to complete HIS assigned homework. One such instance, a humorous one, for readers; He wishes to share. Once having failed to complete His assigned homework, He was apprehensive of the consequences. He, therefore, to avoid being beaten at school by HIS teacher put his finger in a hole in the wall where a particular type of insects live. He got bitten. He showed this to HIS teacher and managed! But, He felt that the pain of insect bite was much more painful than what HIS teacher would have inflicted.

Honesty was HIS great strength. Once He got a one rupee coin in the school premises. He immediately took it and handed it over to the Head Master who sent a letter of appreciation to all the class teachers expressing happiness.

He used to go to school riding a horse. He learnt the art of horse riding and mounting and dismounting horse from a servant working at home.

During His days as a student, He had a friend who was an expert in magic/mesmerism. He was able to cure people of aches/pains by this talent. He was impressed by these acts. On an in depth study of this art, He realized that anyone who could concentrate very deeply on a person./ subject and by use of the techniques of art of visualization could perform such acts. After a few days when one of HIS relatives came home and said that he could perform such acts, He immediately beseeched him to teach HIM that art. But the response of HIS relative was that until He served him (as an apprentice), he would not teach! Aggrieved, He told His relative; "Look by the time you come here next time, I would have learnt this and would teach you further!

It is said that slowly Rev. Babuji's mind was showing inclination towards philosophy and He was developing certain traits and a sense of awareness and definiteness to deal with common ailments. With this new found knowledge, He started treating patients suffering from ailments. Though this was not being done on a large scale, He was Happy to share with all that when HIS relative (who had declined to teach Him the art of mesmerism) came home, He told him "That He not only had learnt the art of performing near miracles, but also could teach others!".

Once, it so happened that Mr. Idris Ahmed, Head Master of the school where Rev. Babuji was studying suddenly developed severe stomach ache. Since His student friends and teachers had known about Rev. Babuji's ability to cure such aches and pains, He was summoned to treat the Head Master. He simply took two thumbs of His Head Master's hand and after prayerfully passing Divine energy in to him told him; "Now your ailment is cured". Immediately, the Head Master went in to a deep sleep state! After he got up from sleep, he was cured. Since then, any student in the school getting hurt while playing was being referred to Rev. Babuji for cure.

Rev. Babuji says that it was HIS privilege that during HIS school days, all HIS teachers liked him. They were all eager to help Him in His studies. Since He was deeply interested in philosophy, He used to write articles on that subject. What was special in that was it dealt with the wisdom of mind's ability to perceive future. HIS English teacher was a (B.A.) Graduate with specialization in philosophy. He was surprised to find that what Rev. Babuji's articles contained what he had studied in Philosophy during his graduate days. This VICHARA PARATHE - i.e. knowledge was helpful in His research about impact of yoga in spiritual life.

It is said that He documented/recorded, HIS findings (in the research made) in HIS letters and books for future use. He recalls that He once attended a big seminar at Sitapur (U.P.) - and gave a talk there, inter - alia exhorting saints in India to take up such research in areas which

have not been attempted so far. He felt that though research is not that difficult which people assume to be, people tend to think otherwise.

Rev. Babuji says that the basic Quality of a researcher is that he should be a saint of highest order and aware of all stages/states of consciousness (pragna) and his thoughts triggered by his state of consciousness be "specific". Any one fixing his thoughts on such matters be able to, in the shortest time, respond very precisely and one's heart will be able to accept it pronto and give his assent. People, normally do not focus on the instruments of Divine required for such work. Basically what mind thinks, heart approves it as acceptable. Heart also gives many directions. But it is difficult to understand this. He avers that He has so far, not found apt words to express matter relating to this. However, if anybody tries to carry out such research work He will perceive its nature. He says He has intuitively learnt, experienced that when one concentrates on different parts of body, he is enabled to communicate with them. Concentration is one of the process of Sadhana for Prakashana. However, concentration does not enable Realisation. In concentration, one is enabled to possess EKATHANATHE-same frequency with the subject. In meditation, one's sub consciousness will be deeply, innately in anticipation of a thing, matter. Since meditation generally involves focus on Divinity, one will be in expectation of Divinity.

Some people believe that their conscience is their Guru and follow. Since conscience is a amalgam of Mind, Intellect and Ego until all these upadhis have reached a state of balance, one cannot consider one's conscience as their (Ruthuvani) Divine guidance. Therefore, it is essential that we should strive to infuse purity in all our mental ability / activity. People should start research on this. Suppose one starts focusing on a remedy for a problem often one gets temporary solutions as remedy which sounds perfect. When once one holds this view in his conscious mind, the perfect remedy appears on its own; one can experiment this and find its truth. All that one has to do is to meditate on the point which reflects truth. One's heart gets complete satisfaction.

REV. BABUJI MAHARAJ'S FAMILY.

Rev. Babuji Maharaj got married when he was 19 years of age. His wife's name is Smt. Bhagavati. Unfortunately she died early in the year 1949.

Whereas Rev. Babuji was a thin built, tall, weighed approximately 40 kgs, was very weak, His wife was plum, well built and very healthy. She was very strong. She used to get up every day early at 4 a.m and was busy in thrashing several quintals of paddy grown in their own lands. Then she was winnowing it in a Soop.. Thereafter, each day she was engaged in cleaning huge water pots and filling them with water. She used to take her breakfast only after bath and was occasionally engaged in casual conversation with family and general public.

She used to be actively engaged in bathing her children simultaneously working for preparing food. She was actively involved in carrying out with, gusto, all household work and still keeping herself free to undertake work. Rev. Babuji being weak, thin was unable even to lift HIS children. It is said that while as a teenager, He was very short tempered, HIS wife too was short tempered. He says because of HIS wife, He learnt the art of patience. He avers that this helped HIM in HIS spiritual practice. It is said that as soon as He came to the lotus feet of His Sadguru, His short temper started declining. He says that He recorded all such information in HIS diary and later showed them to HIS Master! After some time, once HIS Master enquired with HIM about HIS short temper. He gladly avers that He replied in the negative.

HIS intake of food was very frugal. He used to eat very less and after returning from Court, after changing his clothes, after bath, would take some refreshment, usually a glass of milk.

Rev. Babuji had 2 sisters-one elder, Radhapyari and one younger - Kutum Pyari. Both were said to be good writers in Hindi literature. Rev. Babuji had 4 sons, two daughters. Rev. Babuji's family was an aristocrat family having large tracts of agricultural lands - (called Rais/Jamindars). Even now they, family, holds agricultural lands very near to Shahajahanpur where the best quality of paddy (Basmati) is grown.

It is said during His childhood days; Rev. Babuji had given hints about happenings of occurrence of certain incidents. All of them, it is reported did occur and thus became a reality later. To satisfy the curiosity of people, He would reveal the art of foretelling - happenings of certain incidents in future.

Rev. Babuji used to say that in the left lobe of the head there is a state/stage which answers all questions about anything / any matter. Readers may find details in this regard in HIS book "Efficacy of Sahaj Marg-in the light of Raja Yoga". Interested seekers can access this center to get advance information about incidents happening in future. But, one important aspect is that those who want to ask questions are to be in a state of mind in which they are bereft of the weight of anxiety, curiosity behind the intention of asking. Further, the questioner should be sans emotion and seek answers in a most natural way. Even a little pressure of mind behind asking the question would convert it in to grossness with attendant results. Two more requisites are, 1. The approach to this being in a peaceful state of mind and 2. With a state of consciousness which is highly moral and ethical.

Talking about success in life, Rev. Babuji says that if only one can keep aside doubts/suspicion and develop self confidence, one will succeed in life. He further adds "If one wants to destroy one's will power one should develop suspicion. Honesty, devotion in work He says, always brings positive results".

Continuing, He says that He began learning all these and started practicing Pranayama. This Rev. Babuji says resulted in developing Peace of Mind. He could perform Kumbhaka for

more than 7 minutes. After practicing this for over 6 years, He says He left this practice when He reached the Lotus feet of His Sadguru.

It is brought out that during this time; He somehow learnt that at Fatehgarh (U.P.) there is a spiritual guide called Mahatma Ramchandraj. Soon it is said, He became restless to meet HIM. On the morning of 3rd June 1922, He in reverence to the call of HIS heart reached the Lotus feet of His Master. He was asked to sit in meditation. He avers that He immediately felt a very confidence developing state which He perceived as a good sign of having secured a competent Guru. HIS experience and steadfastness, thereafter, led him to believe that He should hereafter, accept HIM as HIS Guru. On His return from Fatehgarh Rev. Babuji says that owing to the need for preparing for S.S.L.C. examination, though He continued spiritual practice, He was not able to practice it as prescribed.

After his success in S.S.L.C. examination, He joined service at the court of Law, in Shahajahanpur on 12th January 1925 and voluntarily retired from service as a Record keeper in 1956. It was a co-incidence that HIS Master who was working as Record keeper at the court of Law in Fategarh also retired. During HIS entire tenure of service in the law courts, Shri Babuji says that HIS colleagues, peers felt that He was an honest, good mannered, efficient worker and were respecting Him. He adds that His relationship with His colleagues was also excellent.

Talking about Himself, Rev. Babuji says that He laid great emphasis on acting judiciously and shunned self interest. He cites an incident in this regard;

"A colleague; of HIS who had joined service 2 or 3 days before HIM was transferred to a different place along with Him. Again after some years both were transferred back to the same place for the same post. But since His colleague joined duty at the new centre after delay of 2 or 3 days, he (colleague) became junior to Him in service. Later when there was a occasion for promotion to a higher post, He held a view that since, in service seniority he was senior, owing to his joining service 2/3 days early, He be promoted. But some of the seniors in the department who had very good opinion about Rev. Babuji called Rev. Babuji and enquired about this. It is said that though this issue had a beneficial point in His favour, He took a judicious stance and submitted to His department's higher ups that he was the eligible candidate on account of his service seniority and hence he be promoted. Accordingly the departmental officials considered His plea and Rev. Babuji's colleague was happy.

About His colleagues, while in service, Rev. Babuji says that whenever He encountered any issue in His work, HIS colleagues and seniors were very sympathetic to Him and HIS cause. Not just that. His seniors were helping HIM. HIS peers and colleagues were so much confident in His work that they use to sign papers prepared by Rev. Babuji without batting their eyelid. Owing to this, Rev. Babuji says He was exercising great care in executing His work.

Recalling a discomfoting incident, Rev. Babuji says;

Once, it so happened that a colleague of His started giving trouble to HIM owing to religious enmity. This lead him to considering and almost deciding to resign from service. Since Rev. Babuji was new to-his job, He was not acquainted with the nature of job. This troublesome colleague who was jealous of Rev. Babuji was disinclined to help HIM. What is more, he was carrying tales against Rev. Babuji to senior officials. He, therefore, approached His boss-Munsiff to explain the position and informed him of His inclination to resign! His boss, munsiff responded saying ..." As long as he (munisiff) is in this post, He should not consider such step. Not only this, He assured Him that He would teach Rev. Babuji the modalities of performing work in the new post. His boss further added that he was compelled to take this decision since people like Him are rare to find! Rev. Babuji says, encouraged by this He learnt the work relating to the post He held and was convinced that honesty and truthfulness always has rewards.

Continuing, Rev. Babuji says that later He developed such efficiency in His work that He could execute any work assigned to Him with dexterity. He says that He had explained His dilemma about the jealous colleague and consequent decision to resign from service to HIS father. He had also informed His father that if He is not permitted to resign, He would commit suicide! His father had immediately asked HIM to resign. But owing to HIS senior colleague's helping hand, He continued in service. He further says that despite all these haranguing experiences, He had no malice towards HIS colleague who was inimical towards Him. In spite of these odds, He says HIS relationship with such person continued to be cordial.

Reflecting on such attitude He says that some people may call this as an act of foolishness. He believed that what they said was right. This issue became so big that although HIS emotions were so high that He almost decided to commit suicide. Yet His relationship with the jealous colleague never changed. He says "It was because it had love in it". HIS contention was if someone fails to do something, to HIM as one's-duty, why should He respond similarly? He felt that He needs to do to Him what is required to be done by HIM. He says it was His duty. He further contends that if one fails to respond similarly it is His responsibility. He also says that it was his practice to return any favour done to HIM by others.

Adverting to the episode dealt about his colleague, He says with deep regret that the nature's wrath on the family of HIS colleague was so harsh that the whole family was washed out. He further says that He did help HIS colleague's son. But, he too died. He philosophies this by saying; "People without being aware of our total temporary nature of stay on earth, continue to indulge in destructive activity. As stated earlier Rev. Babuji proceeded to meet His Master, Rev. Lalaji Maharaj on 3rd June 1922 to receive Pranahuti based spiritual knowledge. He says that He felt as if He was moved to a state/condition which was totally different from the atmosphere prevailing. He says He felt as if He was moving in that condition. Having firmly

established in the condition, He avers that He remained in this state of consciousness. He started meditating on the form of His Master in HIS heart. Since this happened on its own, He continued this practice.

Particularly after His success in S.S.L.C, Rev. Babuji avers that He started practicing Sadhana in a NIRVAJYA BHAVANA - impassionate manner. He says that within a period of 6 months, He experienced in meditation a peaceful illumination of heart and a bright vegetation emanating light from its branches and leaves. Thereafter, around 6 months later, He says He saw a STRANGE matter! HIS HEART STARTED CHANTING ONKARA. This is called Ajapa. This happens on its own, when a Guru of caliber by His Divine power infuses this in to the abhyasi. It is said that initially when an abhyasi is infused with this, He develops vibrations -2 to 3 times. Then on, it starts operating from every body cell of abhyasi. This is called as "ANAHATA".

Continuing, Rev. Babuji says that He has come across certain instances where seekers have chanted sacred verses by heart, regularly thus practicing the system of Ajapa. But, Rev. Babuji says this is artificial. Only those who are recipients of Divine grace transmitted into them can enter the state of Ajapa. He says only Pranahuti can take seekers to higher stages of spiritual condition. Even such seekers, after reaching certain higher stages of spirituality are prone to fall in their pursuit. Because as one proceeds to higher stage they come under the subtle force of Divinity which pushes them down. In such cases they fail to, reach the goal. Only a Guru of caliber who has the power to regulate these higher stages can help the seeker.

Sharing his own experience, Rev. Babuji says that when Ajapa started in HIM, He was full of pride! He says He reported this to HIS Master. It was like a child being given a toy to play. As children grow - up they tend to shelve such transient joy. Only when HIS Master told HIM about the impending task of swimming in the ocean of Bliss that He says He realized the transient condition.

Around the year 1924 or near about, He says He realized that the presence of all encompassing, enveloping power in all the living, non living life matter in the form of atoms. He says He was simply drowned in the ocean of surprise by this. Then it came to His understanding that the Ultimate is in every material object like expansive Sun light in nature.

Rev. Babuji says "compared to higher state of consciousness, all the above are a speck of Divinity. He avers that humans should not be content with any state of progress. "THIS IS BECAUSE EVERY STAGE OF PROGRESS HAS WITHIN ITSELF THE Divine COMMAND". Continuing, Rev. Babuji says at this stage it was His stance and He therefore continued. He says by His grace His sadhana continued.

Speaking about how He spent time during summer holidays, He candidly states that He started playing cards-as much as 4 to 5 hours a day. The result was instead of remembering

HIS Master, He started remembering about the game. Once, His Guru came in His dream and ordained Him to leave this habit. He says, thereafter, He stopped playing...

Similarly, speaking about HIS inner feelings during meditation, He says that He started slowly forgetting the matters concerning God and started focusing on the aspect of "Guru". He says that He came to a conclusion that there was none-including God in HIS pursuit of realisation. He says, then HIS Master came in HIS dream and explained about His condition as follows;

"I HAVE BECOME YOU
YOU HAVE BECOME ME
NONE WILL SAY WE ARE
TWO."

Talking about Bhandaras, Rev. Babuji says that HIS Master was celebrating Spiritual Bhandaras every year. He suddenly felt Himself merging in Brahman exactly the way He had merged. This He considered as the best day in HIS life.

Continuing, He says that He was fortunate to have similar experiences successfully on more than 3 occasions. This He says made Him realize that Divine experience was in fact a reality and that He should strive to keep this condition always. He says, He accordingly started working on HIMSELF by aligning His Sadhana accordingly. He says that only then HE realized that the state / stage of consciousness / condition He was feeling was in fact a REAL STATE' of condition and not illusion. He says that this Realization triggered His awakening. He, further says that He continued HIS efforts in this regard without even sharing this with His Master.

About meditation on the form of HIS Master, Rev. Babuji says that He was focusing on the Guru's entire body. But, later, it gradually dawned on HIM that it is on just the reflection of HIS Guru. Later, He felt that even this paved way for a feel of HIS Master, In addition, He says, He was also meditating on HIS Guru's full form. While doing this, He says that He discovered that in this process there were certain innate similar spiritual condition. After some time He felt that HIS Guru's form went on becoming subtle leading to remembrance of HIS feelings. He says that a little later, He understood that even this disappeared and what remained was the substance. When this was also lost, He felt that the feeling of opening of second stage arrived. He was of the view that this should happen automatically without the efforts of the seeker. He avers that at this state/stage, the abhyasi develops a state where he feels that "He is the Master." He says that very sensitive seekers experience at this state that all the parts of HIS body are that of HIS Guru's. One must be very careful at this stage. He adds that the abhyasi should know that all these changes in condition occurring is automatic not on account of the intent, efforts of the abhyasi.

Continuing, He says that when this state of condition dissolves, He should proceed with the feeling his body is that of HIS Guru's. When this thought also vanishes it is the sign of

entry into the 3rd stage. I.e. state of soul relationship with Master. This completes all stages of development completely. Therefore, there will be either body consciousness or feeling of soul. The seeker then does not exist. HIS work ends here.

Rev. Babuji continuing about HIS experiences says that when He was at the end of the last stage of His Meditation, HIS Guru Rev. Lalaji appeared in a dream and ordained HIM to start meditating on HIS Soul, (i.e. on Rev Babuji's soul). Not only this. He even gave HIM the necessary guidance. That is, I quote Rev. Lalaji, "Lie down on the bed without moving. Proceed to meditate on your soul for some time". Rev. Babuji says He practiced this for a month. He even took a month's leave from His office to enable HIM to engage in this practice. By sheer grace of HIS Guru He says He had foresight to various stages of progress in this path.

It was true, Rev. Babuji continues, that HIS Guru had not asked anyone to meditate on HIS form. Though many were in HIS constant Remembrance, none were practicing meditation on Guru's form. Being the first and only one to meditate on HIS form made HIM proud. After, He completed this smooth path, when he proceeded to pursue his next task of being merged with HIM; He was showered with Guru's Grace. Then He says HIS Master told HIM that because He commenced the last stage of HIS journey that He was compelled to grace HIM with HIS Divine support.

During this process of training, He says He had a strange experience. He says He felt that all particles, matter, like bricks, stone, leaf, flower etc, all seemed to transmit Divine grace / power. HIS condition was such that, in this condition, He felt like embracing with love and devotion - thorns, prickly materials. This prevailed for over a week. Thereafter, He says He had a slew of similar experiences which He says He penned down in His work "Towards infinity". Further, He says that He reported these to HIS Guru.

On the early morning of August 15th 1931, He narrates that He felt that a very strong power appeared to have entered His body, outside and inside. He avers that He had an intuitive experience that this was owing to the benevolent Grace of His Master. Later it transpires that on the 14th August 1931, HIS Master had left for the brighter world. But, this was not known to HIM. Guru's of caliber, it is said, transfer their spiritual wealth in this manner. Actually this was the way HIS Guru was communicating with HIM about HIS mergence in HIM.

Later, in the day when He returned from office, He met HIS cousin sister who informed HIM about Mahasamadhi of HIS Guru. 'This was an unbearable shock to me". He says. He further adds that this shock was alive in HIM for several years. He says that even now, this impact is still in HIM in a subtle form. To participate in the obsequies of HIS Guru He applied for leave from HIS work and was about to proceed when He was struck by sudden dysentery. He says, to know that it was a Vishuchike (Dycentry) He avers it took Him about a month. He says that this illness prevailed for over 6 months.

After HIS recovery, one day, early in the morning HIS Guru appeared in HIS dream and enquired about HIS illness. Rev. Babuji says that He responded saying it's still there. Rev. Lalaji, it is said, advised Him to stop allopathic medicine which He did immediately. Then He says His Master asked HIM-how is your spiritual condition? Rev. Babuji responded saying "you know it better". He was, of the view that the progress of abhyasi is Guru's responsibility. My Guru, He avers followed this by asking him. "IS it so"?Rev. Babuji replied saying "yes it is". Then it is said He experienced a kind of Divine power enveloping all over His body. When HIS Master gave a second infusion of Transmission, Rev. Babuji says that He experienced a kind of Divine power enveloping all over HIS body. When HIS Master gave a second infusion, He almost felt that HIS heart was exploding and expressed intense pain in HIS heart region. The third infusion was a death knell. He immediately remembered that great saints, seers of yore were in fact longing for this type of infusion. Living in forests, they had devoted their life to reach this condition. He was, therefore, compelled not to request HIS Master to stop showering Divine power on HIM. It was also His goal in life to reach this condition. Further, He says that in this condition He requested HIS Master not to stop HIS Transmission even if it results in His Death! He says, suddenly, HIS Master listening to this stopped HIS work.

Talking about Pranahuti, He says owing to this impactful action, for many days, He continued to feel the presence of HIS Guru in all HIS body cells. He further says that this continued for some time. Further, Rev. Babuji says that it was one of the highest states of spiritual condition. It is said that owing to this many saints, seers were restless to acquire this. This He later came to know was indicative of complete merger in HIS Guru.

He was regularly reporting about HIS spiritual condition to HIS Guru. But, He says, He was not keeping a copy of such reports. But, later when HIS Guru advised HIM, He started keeping a copy. This dairy contains HIS spiritual experiences He avers.

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THUS SPAKE REV. CHARJI.....

On His first exposure to HIS Master. In HIS words.....

I was drawn in to the Mission during March 1964 by Shri Vira Raghavan, preceptor-In-charge of the then Madras centre.(Present Chennai, T.N.) He did show me a photograph which I glanced at casually. There was no particular impact.

I used to frequently visit Bareilly, (U.P. India) on official work. However, for insignificant reasons I missed visiting Shahajahanpur which was hardly 83 km. from Bareilly. Later during one such official visits to Bareilly, after completing my work, I proceeded to Shahajahanpur on a Saturday afternoon leaving my colleagues behind at Bareilly, promising to be back on the same day evening. I arrived at Shahajahanpur at 3 p.m. and after ascertaining the directions I reached Master's home - the Ashram. I requested for an interview with Master. I was told that Master was resting in HIS room and that I can go and sit in HIS room without disturbing Him. I found Master lying on a low bed, facing the wall with HIS back to me. He was lying on HIS right side with HIS knees drawn up and looked very small and un-impressive! My first feeling was of disappointment". What I thought is "Is this the man who is going to lead me to my goal? It is no secret that I was disappointed.

While my thoughts were on these lines, He suddenly turned round, fully awake and I saw His face. He stared at me seeming to look right through me and I stared back at Him impolitely! I introduced myself. He then sat up, back and head slightly forward, His body resting on HIS two hands which held the edge of the cot. He seemed to be ruminating over some inner thought. He appeared to be absorbed and HIS face had a rather sombre expression. After a few moments He looked up at me again and I SAW HIS EYES' (Gaze). They were the deepest eyes I have ever seen! Generally human eyes seem to have a backdrop, a limit to transparency. Some eyes are even totally opaque and one sees nothing but the outer surface of the cornea. In Master, the eyes were completely transparent and seem to point to the way to another world lying behind them. When one looks into Master's eyes, it is as if one is looking up in to a clear blue sky. The gaze goes on and on limitlessly and for ever, without an end to clear blue sky without an end to penetration. Master's eyes seem to contain all space and all creations within them. That look WON ME OVER. I could now well believe Puranic stories of Yashoda seeing the whole world in the mouth of the Lord Krishna (baby)! I intuitively, immediately knew that I HAD found the person who alone could be My Master who would lead me to my Goal.

Master slowly stood up and went out of the room trying to look around, searching for something. He then asked me where my luggages were. I told HIM it was left in the car parked on the main road. He immediately sent someone to bring the car around, and keep my suitcase in the room next to the one He had been occupying. He then asked someone else to get me a cup of tea and something to eat. Then He laid out a towel on the platform near the well with a hand pump. He put a bucket under the spout and pumped it full of water. After this, He came and sat in His chair and for the first time said "Please have your bath- the water is ready". My first reaction was one of chagrin that I had stood as witness before an old man to draw water for my bath. The next one was something I can hardly give expression to, even today. It was a conglomerate of emotions, of gratitude, awe, and love all mixed up together along with shame! After my bath, I was given a cup of tea to refresh myself. While I was just sitting at the verandah, I found Master busy going in to His house and coming out. Master also introduced me to the first person I met when I entered Ashram, Shri Ishwar Sahai whom I discovered as Master's personal assistant, permanent companion.

Master had assumed that I would stay overnight since I had not told Him of my plans to go back in the evening. At around 7 pm, Master came to me and asked whether I ate onions. I replied in the negative. At about 8 pm. Master told me "come, your dinner is ready". I have arranged curds for you. After finishing dinner, I asked Him permission to leave. Master appeared surprised. He said "You have come from such a long way. Can't you stay another day?" The invitation was so genuine, affectionate that I could do nothing but accede. By this time, few more abhyasis had assembled and along with them I sat before Master. At around 10 pm, feeling sleepy, I went to bed.

It was, as I found out later an unusual day. Master is generally charming and vivacious, conversationalist, capable of immense humour and wit. He often lapses in to periods of taciturnity. But these are few and of short duration. On such occasions He is totally withdrawn and appears to be far away in other world. But, when He speaks, He has the gift of presenting HIS profound philosophical thought in the form of easy dialogue which even a totally unlettered person can understand and assimilate in to his being and apply in his work a day life. But, all this was yet to come my way in my own personal experience. The first day with Master was to me still something of a disappointment because He had hardly addressed a dozen words to me and these too of practically no spiritual significance what so ever. All that He had exposed to me of Himself was His gracious courtesy and hospitality as a householder. But, one important feature or characteristic I did notice was that in Master this appeared entirely natural and was patently sincere and no feeling of patronized. On the contrary, there was spontaneity in His behavior as host that made it as natural as it is for Sun to shine or for water to wet. I felt myself to be in the presence of a perfect householder who could be a host to HIS guest without appearing to be one; who could serve HIS visitor with humility but without any taint of servility' and who could be a Master to the disciple without the vainglorious and

arrogant pomp and bluster that in India at least seem to be a lot essential pre-requisites or the assumption of such elevated position particularly in the religious hierarchy. While I have travelled extensively all around India and met several saints, seers I had not come across a Guru of even the lowest situation in his own hierarchy where the Gurudom had not been tainted by arrogance of manner, ostentation, glibness in making a multitude of promises and avarice in collecting the disciples "gift"... Here in Shahajahanpur for the first time I came across a Guru who was simple, direct, un-ostentatious and un-assuming, had no demands of any kind and offered not only the supreme spiritual service of liberation but personal physical service to the abhyasi too. With all these thoughts in mind I went to bed with confused impression and thoughts.

I woke up next morning at 6 am and found none around. By the side of Master's easy chair in the verandah a hookah had been prepared ready for HIM. I learnt that Rev. Babuji as He was affectionately called begins HIS day with the hookah. Master appeared at 7 am, went straight to HIS chair and began pulling away at the hookah. He was sitting relaxed, completely silent with a faraway look in HIS eyes. He had a glass of milk. When the hookah was smoked He went in to the office room, opened HIS medicine kit and took out a bottle of oil and proceeded to apply to His scalp. He then went for bath and returned a short while later dressed in HIS usual fashion in a dhoti with a hand stitched cloth banian. When He wants to be formal, He wears a kurta. On public occasions, He wears a long coat coming down to His knees, buttoned up all the way to HIS neck and sports a white cap. This represents HIS complete attire. Master is very fair in complexion and though short and sparse, is extraordinarily handsome with HIS beautiful beard. HIS hands are very expressive and use them often in making frequent gestures during conversation'. HIS feet are very soft and the soles particularly so, being as soft as the petals of a flower. Touching them, one can well understand how the term "Lotus feet" came to existence. Master's feet are really Lotus feet in their softness and healthy pink color. Master speaks fluently in Hindi, Urdu and English. HIS English is direct and exact.

Around 9 am. Master called all of us-about six individuals- inside and gave us a sitting (meditation session) lasting 30 minutes. After this, He went back to HIS hookah and later was busy with some correspondence in which He was assisted by Shri Ishwar Sahai. Feeling shy and nervous of going in to the room, which all others had gone, I continued to sit alone in the verandah till lunch at 1 pm and requested Master's permission to return to Bareilly. He permitted. While leaving, suddenly, a feeling as if I was leaving my own home for a long Journey, something akin to leaving behind one's beloved and tears sprang in my eyes. A phenomenon rarely experienced being adult. There was overpowering moments of sorrow before I got back to Bareilly.

I had come to see Master and have HIS darshan. All impressions I had in my mind was chaotic. How to judge this man? How to understand HIM? How to evaluate HIS work?

“

My Heart is Hidden in my writings.

Hence people are affected and influenced by them.

All this is due to the Grace of God.

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THUS SPAKE REV. DAJI

The day I placed my feet on the soil of Shahajahanpur, railway station, (Uttar Pradesh) I was lifted up in the clouds. All my tiredness disappeared. I was fresh like flowers. Next day morning, I went to meet my Master Rev. Babuji. This was my first attempt to meet him! First encounter. Eye to eye (Gaze) contact made. There was so much of happiness. I was also happy since He gave a smile! He did not speak a word for 3 days. On the evening of the day we were leaving Shahajahanpur, we took a chance to meet Him. We took some Prasad and went to HIS home. I could not go to Him direct. I was standing approximately 30 feet away from Him. Though there was no body in between us, I stood there only. In this meeting Rev. Babuji did not make any eye contact. He just saw presence of abhyasis. That was all. I had no need to ask any questions. I was just happy being there.

Suddenly an old man came to me and told me "Kamalesh, Rev. Babuji has a message for you ! I enquired with him whether He wants me to come near Him since He had a message for me. This old man told me "Master has a Message to be conveyed to you by me! The message was "I should take a lot of butter in all that I eat including medicine –I was taking. I was very happy. So once I returned back home, I would take butter even in tea, coffee. Not only that, even in food, vegetables I started taking butter with. But why butter? I was surprised. It was not a nutritional advice. After many years I learnt a fascinating thing after my graduation in pharmacy about Rev. Babuji advising me to consume butter.

Those days I was on medication for fungal (skin) infection. This arose because of barber's itch which was difficult to get rid of. So many creams did not work. I learnt that doctors there were advising all those who were using Griseofulvin tablets to take butter otherwise the absorption of this tablet would be just 20% in to blood stream. Taken with butter it increases to 80% more. Then 2 Questions arose in my mind:

1. How did Rev. Babuji know that I was on particular medication and
2. How He knew that use of butter with the tablet was beneficial to me! The significance of this incident was so hard hitting, intense that after many years I put 2+plus +2 and found that it was not HIS wisdom, but HIS penetration in to anything that He wanted to know surely without any doubt. That is why we call Him-"MASTER".

YET ANOTHER "INCIDENT" TO REFLECT.

It was one wintry morning in Shahajahanpur and I was in Rev. Babuji's - home - standing at quiet a distance from HIM, about 10 or 15 feet. We were just two of us. He was in HIS chair and He said "YAHAN AAO (Come here). So I go to Him and He made me sit down. Then He said "Look", it being a wintry morning, with HIS nail He could scratch on the back of HIS hand. And He said, "Look, this is a water canal. I said "YES BABUJI". Then He drew another canal scratching Himself and said, "Now 50% of the force is reduced". Do you understand? I said "YES BABUJI". So when we have multiple channels we reduce the force of our inner resources. When I have one goal in my mind to be achieved at any cost, then all my energies are invested there.

Recently, I learnt from one young fellow why my mobile phone battery was getting drowned very fast. He said why you have all these applications open on your screen. Close them. Keep only your phone and what else you need. Shut down all other applications. Then the battery life would be longer.

So, is the goal and what we are trying to achieve we must invest all our energies in that direction. I cannot play here and there. One goal and one path. One investment and that is that.

Well, yoga, simply put is all about unifying. It's about connection. How well I can connect myself; my lower self with the higher self. Atma with Paramathma. It is very well defined; YADHJYUTI - ITI - YOGAHA - one that joins. Religion also has the same purpose. Re - Ligare to rejoin. I like to give the purpose of yoga.

In the words of swami Vivekananda in one of HIS talks, He said that the purpose of most spiritual practices is to allow this consciousness with which we are working in day to day life, to expand itself in to the sky of super consciousness - which is infinite and also allow this available consciousness to dive deeper in to the deepest ocean of sub consciousness. So this consciousness with which we are working, to day's Psychologists believe that we are using hardly 8 to 10 % of it. Even the best person cannot use more than that i.e. available consciousness. Through yoga, we are trying to make use of this available consciousness to soar higher in to super consciousness from where we get inspiration. This is possible only through meditation. Allowing this available consciousness to plunge or dive deeper in to the sub conscious through Yoga Nidra and other practices helps us to receive intuitions. The sub conscious is the storehouse of our past experiences. The super consciousness is all that is yet to happen. But it tells you ahead of time to do this, do this - to do things. So yoga rightly done will always guide a person in the right direction. That is why people say "people who have always followed a yogic path do not fail on the way."

Lord Krishna was, once, asked by Arjuna (ch-12 - verse, 6 and 7 of Bhagavad Githa) "How should one lead a life?" Lord Krishna tells very simply, "Lead a life in Divine consciousness".

So this is consciousness at play here. Paths like Heartfulness meditation aided by this Pranahuti; yogic transmission in no time- in less than 5 minutes makes you touch your super consciousness instantly. It is a matter of experience. And at night time, when we offer prayer heartfully, with heart crying for love, with love of God thus the sleep we enjoy after such a prayer is of a different order, a different nature.

“YET ANOTHER PERSPECTIVE”

A brief summary of the various factors which surround, encompass Rev. Babuji's responses, HIS strategic silence, HIS genuine approach, natural and straight, HIS compassion led affection, HIS caring, loving, doting, tender, touchy feelings. HIS comforting acts, an amalgam of all in certain highly complicating issues.

The most interesting, clearly visible, perceivable perspective appears to be after the event is over. He would display as though they arose on account of a natural, sincere cause and lacking display of prowess.

What distinguishes HIS approach and resultant actions are “willingness to offer any kind of service from comforting one enmeshed in domestic wrangles to realization of self a purely spiritual support, and HIS Prowess, sans display in inter communication with spiritual entities/personalities like Shri Brahmachaitanya, Lord Krishna, Shri Vivekanandaji, Rev. Radhaji, and not to leave HIS Guru Shri Lalaji Maharaj.

Per contra it is HIS inimitable virgin inter-action with seekers, both abhyasis and to be, which held them emotionally, spiritually attractive to them. It is a rare enigma. It is another matter that born as a powerful (in human form) cleanser of sanskars. He was able to in “ONE SIGHT” cleanse them off their sanskars thus enabling them to make accelerated progress in their spiritual pursuit.

Knowledgeable people say that abhyasis who come under direct sight of special Personalities gain, perceive, right knowledge by intuitive perception and such true seekers draw inference from direct perception. Such knowledge is gained by true seekers owing to their keeping frequency with cosmic hint. Such knowledge acquired is also attributed to a state of super consciousness.

THUS SPAKE A NEW ABHYASI....About Rev. Babuji

About two years ago, I was privileged to attend a workshop titled "Dhyanothsav" at shri Ram Chandra Mission, Banashankari, Bengaluru. I was completely satisfied with the explanation of the various practices that were made known to me. I, therefore, started attending Satsanghs there regularly. The interesting part was that individual attention given to every seeker by spiritual trainers and Master - Guru.

One day, I was generally feeling depressed and unsure of what to do, where to go. After deliberations in my mind, I went to the Ashram at Banashankari and sat in Dhyana - Meditation. To my surprise, I was completely lost within a few minutes. After I came back to a state of awareness, an aged gentleman came towards me to offer a few words of comfort, though it was closing time ! I suddenly felt that a God incarnation has come to help me. Later I realised that it was a senior preceptor who had come and talked to me. He explained to me the entire gamut of Meditation, cleaning et al. I took an individual sitting from him and for the first time experienced, though for a very short time, a glimpse in to the experience of enlightenment. This I wish I can explain. But, no, it can be only experienced.

A week thereafter, I had a pleasant event to experience while I was coming out of the Mission's Ashram at Banashankari after Meditation sessions. An aged person passed by my side and without my awareness, I wished him with a smile ! In return I received a warm smile back from him. I somehow felt that I have seen this gentleman before and just to confirm I briskly walked towards Him ! But, He had mysteriously vanished ! My enquiries about this person I realised that it was this person's photograph which I had seen in my preceptor's Whatsapp domain identity photograph ! But, I was not able to know who the person was, His Name etc., Next day when I explained this to my spiritual trainer he told me that the photograph was that of Rev. Babuji Maharaj, Founder President of the Mission. He was pleasantly surprised that I could within a short span of joining the Mission experience the ultimate !

This made me start reading Mission's literature, audio, video and you tube contents. I realised that rightly the authorities have named the organisation HEARTFULNESS INSTITUTE. My tryst with Rev. Babuji is a unique, unforgettable event which I cherish. I consider this as BLESSINGS from the ultimate.

Another interesting aspect in the Mission is that practicants here, men and women call each other as brothers and sisters and in fact their communication among themselves makes one feel what they say. Even in this materialistic fast changing world, I find it DIVINE help which the volunteers/spiritual trainers offer sans any fee. This is uniquely inspiring and the services offered are excellent. I wish and pray to the ultimate that the entire Mankind becomes a part of this great spiritual organisation.

With my heartfelt prayers to beloved Master,

AN OVERSEAS ABHYASI'S PERSPECTIVE ABOUT REV. BABUJI

I was running a business in a Scandinavian country. I had been seeking a Guru-Guide for too long. I was keenly reading books on mysticism and such spiritual stuff. An old friend of mine visited me and asked me to accompany him to meet a spiritual Guru from India. I jumped at the offer and went with him. I was told that the name of the Spiritual Guru/Guide -from India is Ramchandra.

Before he took me to his Guru, I was given, what they called-introductory sittings by a preceptor - a spiritual, trainer. Thereafter, I was taken to Rev. Babuji.

I saw a small, frail man. But as I realised later, He was physically sound. My friend took me to Rev. Babuji who in a simple, natural way 'welcomed' me. This was the time by HIS GRACE I had a glimpse - gaze at HIS EYES ! I saw the gentleness and depth in HIS eyes. It was EXTRA ORDINAIRE to look "INTO HIS EYES".

I saw HIM a humble, un-assuming entity... When the group meditation started (they call it SATSANGH') Rev. Babuji lovingly invited me to partake. Yes. It was my first SATSANGH with Master (the Guru is called master). Later, I realised how fortunate I was. This was in the year 1972.

I now say, after realising, that, after a few months of practice, impressive positive changes developed in me. The progress I made, with humility I wish to say, was such that my wife, on her own, chose to join the Mission!

It is a kind of pattern that whoever joins the Mission, either their practice makes them or HIS GRACE invites them to visit Shahajhanpur, U.P., INDIA. Morefor just BEING with HIM. So, we visited India-went to Shahajhanpur. But, surely I say I was disappointed. What with flies all around, lots of flies having landed around gleefully swarming around. This was the kind of environment before Rev. Babuji's house. But, I distinctly remember, that the moment I went inside the palatial gates of HIS home, - HIS court yard, suddenly an inexpressible feeling of lightness enveloped me. It was felt as though the atmosphere was celestially changed!

Rev. Babuji greeted us. He welcomed us and showed us the room for our stay. It looked as though we overseas abhyasis were given accommodation separately. This was because it had hot water facility, commode- etc., By Shahajhanpur standards it was luxurious.

We stayed for a long time there - WITH HIM! It is simply very difficult & impossible to say what we did & experienced ! But as HE had told us while welcoming, we were encouraged to ask questions & have clarity. So here I was waiting to ask questions.

I had my opportunity to ask question, which I did. Rev. Babuji was seated in the courtyard of HIS House with a blanket on HIS head. To me it was a portrait of a pure saintly BEING. I asked HIM my question which was haunting me.

As is HIS wont, HE straight went to the point and answered me in a simple, natural way. Only then did I realise that my question was about a simple matter. Yet by un-necessarily thinking repeatedly about it I had made it complex.

What I learnt from this is that my way of thinking is basically wrong. We make simple issues Complex!

Our days spent in Shahajhanpur were wonderful. We would often sit with Rev. Babuji in the veranda of HIS home. While HE was on HOOKAH we were with some activists sitting

around HIM in those cold ridden/ chilly days. Since it looked as though HE did not care to protect HIMSELF from chill, there were many amongst us who recognising this would bring blanket, socks and exhorting HIM to use them. Fortunately HE would accept. Some of us thought what if some-one had not taken the initiative to bring blankets, socks and offer to Him ? But then HE WAS THE MASTER having Mastery over nature. This Was in January.

Then came February-the month of spring; King of all seasons in the lunar Calendar. Birthday of our Adi Guru Rev.Lalaji. In that relatively big house (small house for one thousand of them all).we celebrated Bhandara – a spiritual congregation. Throughout the celebrations, Yogic Transmission was felt continuous & powerful.

And then we moved across India, reached Madras (Present – Chennai) only to meet again Rev. Babuji celebrating 100th birth anniversary of our Grand Master.Rev. Lalaji Maharaj. We stayed in Madras for over a week with hundreds of abhyasis gathering for celebrations.

After sauntering over different places in India, we reached back Shahajahanpur to meet Rev. Babuji and seek HIS grace before departing home.

On the night of our leaving Shahajahanpur, we were all sitting outside in Rev. Babuji's home. It was evening with full moon out in the sky and a rickshaw (3 wheeler-transport vehicle) waiting to take us to the Railway Station. While I was preparing to say ADIEU to Rev. Babuji, HE CAME UP TO ME- put HIS ARMS AROUND ME- HUGGED ME. This was a MANNA which I can never forget. I felt that this was something which will be my eternal companion!

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GAZE

Discerning readers would have observed that in both the cases of Rev. Chariji and Rev. Daji, in their account of their first tete-e-tete with Rev. Babuji both mention about their "Eye to Eye" contact with Rev. Babuji and their pleasant unforgettable experiences. THIS Eye to Eye contact is called "GAZE" and in Hindi it is called "Nigah", meaning glance, look, glimpse, exchange of glances (Drishti).

The Gaze, glance has certain vital elements. They are:

1. The Gazer and the Gazee lock themselves into a common vision.
2. Certain vibratory level communication takes place between them instantly, understandable only to both of them...
3. The Gazer, by virtue of HIS spiritual powers instantly transmits certain communication to the Gazee thus empowering him by stimulating certain points-chakras in HIS body leading to expansion of consciousness. Rev. Babuji's often repeated statement that "Before I delegate work to a sadhak, I empower him" need to be understood from this perspective.

As readers would have observed, , in the case of the Sufi saints Rev. Shams of Tabriz and Rev. Jalaluddin Rumi, the Gaze between them was so powerful that both of them holding each other's hand went in to a room, where they locked themselves for months ! Both had lost their "Body consciousness", hunger, thirst all of which had no effect on them !

With this sudden meeting with Rev. Shams, they both went in to a Room where they were closeted for several months. It is said that both remained speechless for a long time, unable to take off their eyes, gazing at each other. It is said that Rev. Jalaaluddin Rumi took some time to realise that the Gaze of Rev. Shams was so powerful that HIS mind began to melt. Holding each other's hand, both keeping their Gaze on each other, they both dissolved themselves in to a state of 'SHARED AWARENESS'.

Readers may observe that similar incidents narrated by Rev. Chariji and Rev. Daji during their first meeting with Rev. Babuji are akin to Rev. Jalaluddin Rumi meeting HIS spiritual mentor Rev. Shams of Tabriz. In fact one can even go to the extent of saying that all these incidents are similar to that of Arjuna deriving the essence of Bhagavad Gita and

getting the glimpse of Virat Darshan of Lord Krishna. It is relevant, at this juncture, to make a mention here about a Burmese Meditation Teacher, namely, Rev U. BA.KHIN, who called this Gazing 'NIBBANA DHATU' the force of enlightenment (i.e. cessation of passion, hatred, delusion) that becomes activated in the body and sweeps, cleans, the floor, walls and ceilings of body and mind.

By activating this force, one can become eligible to receive "Divine Grace". This mystic, subtle exercise even known to certain sections of Zen and Sufi Masters need a deep study. A section of the Hindu spiritual literature traces this-Gazing to Vedic-Upanishadic period. Similarly, a section of esoteric Knowledgeable personalities describe this process as fusion of two hearts, mind and certain innate powers in the heart region of the Loved and the Beloved leading to emanation of communication. Immediately, when a lover's eyes lock in to the eyes of HIS beloved, both feel a subtle but unmistakable sensation in the middle of the Head, behind the eyes. This is a sign that the energy of soul is beginning to mingle with the energies of another leading both to the state of union. This is not just a union of eyes! What is required and happens between the two Loving hearts (Be they - men, women, Guru and disciple) is Mutual exchange of glances of two souls, by use of eyes and the mental power of Vision. Though there may be physical exchange of glances between the gazers, the energy of these two souls projects, automatically itself until it meets and touches the soul of each other. Only Gazers feel and know this. In mundane life, teenagers and adults have this natural sport perceived! A gift of the creator. Often in life, such Exchange of glances has lead to silent and effective communication between the Loved and the Beloved leading to Taj Mahal like manifestation of love or Khabarsthan for the living dead.

In Sahaj Marg literature, (in page 17 of complete works of Ramchandra (Rev. Ramchandraj of Fategarh, U.P., India) there is a reference to Rev. Kakabhushandi, a character in the sacred Book "Ram Charit Manas" of saint Tulsidas. Kaka means crow and Bhushandi is the name of a crow. He was the disciple of sage Loma. When the sage found that HIS disciple Bhushandi, despite being taught with great care and attention, continued to be ignorant and argumentative, He cursed him to be a crow! Later, realising the harshness of the curse, He called HIS disciple, preached to him the story of Lord Rama as per HIS wish. Thereafter, He, Kakabhushandi became ardent devotee of Lord Rama. He continues to live in the physical form of a crow! He, Kakabhushandi was the first person to narrate Ramayan much before Rev. Valmiki and Shri Tulsidas. He is, it is believed, to be immortal till the end of Kaliyuga. It is said that he was gifted to stand out of time to see Ramayan eleven times and Mahabharath 16 times with different results.

It is said that Maharshi Aurobindo and Divine Mother initiated their disciples with "CHAKSHU DEEKSHA" (Gaze, glance, exchange of). locking their eyes with that of their disciples leading to transmission of Divine Energy to the disciple resulting in expansion of their consciousness. This was restricted to human beings. Later, as per the dictum of Rev.

Kakabhushandi, Rev. Lalaji, Shri Ramchandrajai of Fategarh, U.P. extended this Divine facility to nature and the entire universe. He was able to fill the entire streets of Didar Nagar of Ghasipur and Ratlam (In Madhya Pradesh) with CHAKSHU DEEKSHA so that the earth and the trees too were filled with Divine Energy. The effect of this was such that every house in that locality was filled with Divine and spiritual thoughts and every resident of that place joined the Sat Sangh.

It is interesting to know that professional lyricists of the film Industry have penned beautiful songs to depict, portray, characterise the impact of such Gaze. Of course, this is done from the point of view of material world. Nevertheless, the narration successfully, beautifully enables the reader to feel the impact of Gaze! The following is an example of a Hindi poem elogising / highlighting the concept of Gaze.

MAIN NIGAHE TERE CHEHRE SE

HATAO KAISE ?

Lutgaye hosh ko

Phir hosh me lao kaise ?

Cha rahithi there

Matki hui julphonki ghata,

Teri ankhone piladi to maine

Peelahi gaya.

Thouba, thouba,

Woh nasha hai

Ke bataoon kaise.

(Shri Raja Mehdi Ali Khan, Hindi Film
Lyricist.)

When the senses have been way laid
Then how do I come back to my senses?

How do I.....

Over spreading was the
cloud of your Fragrance, your eyes
Your eyes made me drink. So I went on
imbibing.

Heaven forbid, such is the intoxication.

How do I explain it.

Your eyes bear grievances – also love
so many storms

How do I concede them in the eyes of
mine.

Restless eyes won't 'abandon' this mis-
chief

Some times displeased they will be.

They will some times revert after meet-
ing you.

I may get along with you.

How do I get along with them?

-----**-----

“

*I am the truth of the origin of the eternal
manifestation of being”*

*I am the distant celestial sound that
cannot be heard.*

”



*What I teach
Nobody has taught before*

REV. BABUJI'S PERSONALITY

Rev. Babuji was so much concerned about abhyasis coming to Shahajahanpur. Whether they were overseas or locals, His compassion and care was legendary. Right from asking them to check their tickets and sending a volunteer to accompany them to the Railway station He would negotiate and drive a hard bargain with the cycle rickshaw for transport. He was of the view that the local autorickshawalas being not exposed to foreigners, fair skinned, would think that they can be exploited. He would therefore, ensure that all their bags were safely deposited in the autorickshaw/cycle rickshaw. He would doubly ensure that abhyasis reach Railway station before it was dark thus ensuring that they were not subject to any hold ups.

It was yet another facet of His personality that Rev. Babuji would become suddenly hyperactive and move from His 5 by 3 office to the court yard in His home in a frenzy indicating that a group of abhyasis are visiting. Shahajahanpur. He would arrange for cleaning up their place of stay. He had got a new row of rooms built with facilities of western health faucet and commode for use by overseas abhyasis. He was very keen that they did not experience any inconvenience during their stay.

HIS interactions with abhyasis, especially, overseas were legendary. It was usual, common sight to find abhyasis including overseas, who were planning to leave, getting into emotional state, some crying, some blowing their nose thus preventing exposure of their frailties. But, Rev. Babuji stood like a colossus of peace, tranquility and legend of love.

Often in these pursuits, abhyasis were failing to meet Rev. Babuji personally to take leave of Him, inform Him of their departure and also invite Him to their place. Suddenly becoming aware of this, they all would run in small groups to meet Rev. Babuji, conceal their feelings of becoming lonely while amidst people, tears in eyes look at Rev. Babuji, to shift their state of mind. However, the ever vigilant legend of Love would ask them "When are you coming back?". Unable to answer, they would all leave HIS company, presence, tearfully reminiscing their days spent at Shahajahanpur promising themselves to come back soon.

While at this, a interesting matter need to be brought to the attention of readers. This is about the reaction of overseas abhyasis about new ashram building being built in Shahajahanpur. They were furious that the new ashram is being guarded at the entrance by a security guard with a rifle. To them the ashram building in some way appearing as "Church Building" with uniformed armed guard was stirring up wrong images for the Mission. When it

was made known to them that the country side around Shahjahanpur was full of dacoits and since overseas abhyasis attend the Basanth Bhandar it might draw needless attention of anti social elements. Since overseas abhyasis with their colour of skin, gadgets, colorful bags they carry shows up sure signs of prosperity, there was need to engage security guards for protecting them.

Rev. Babuji used to say always that He is a lazy man. But, would immediately add "I am busy working for nature". Rev. Babuji used to do a lot of spiritual work (Nature's work) late in the night in his room. Consequently this room had become a Power House. His room was always had pleasant powerful vibrations, reverberating with Pranahuti. (Transmission of Divine energy). Many who had the privilege of visiting the room have felt dizzy and some even had to leave the room while they were still able to walk ! Many wondered as to how some slept overnight in the Power Room. Was it their destiny being created at a accelerated pace?

Though Rev. Babuji Maharaj was always slightly sick, aged as he was, it was amazing how He could convert Himself in to any position, sitting on couch, cushionless chairs, chair, sofa, lying on HIS cot all gracefully. There was, in Him, a natural elegance in HIS body movements with HIS bodily joints being flexible like that of a youth. He had, sometimes difficulty in getting out of the car but had developed HIS own technique to getting around the challenge. He thereby was courteously declining a number of abhyasis extending their helping hands. Many often wondered that being young at heart and mind He was being made to feel that He is old !.

It was a popular, constant, refrain of abhyasis both local and overseas that often when they felt great urge to see, meet, talk to Master, having come from far away places from their homes, neither Master nor the volunteers around the Master help them in fulfilling their desire. If individual cases of such men and women are reckoned, each one would come out with their heart burnt instances of certain people thronging Master apparently aided by a miniscule number of volunteers helping them. Under all such circumstances the aggrieved were running very high temper, emotional reactions leading to some of the overseas abhyasis crying out, suppressing their volcanic emotions.

As it happens, only after efflux of time, after taking individual sittings, interactions with other abhyasis that the real reason for such wrong perceptions was being rectified. As to the abhyasis not being permitted to meet Master, it was discovered that Master in HIS fragile form, constantly ill, totally busy in dealing with matters of organisation, totally devoted to HIS commitment to HIS Master that He would construct an ashram and dedicate it to HIS Guru were all the reasons.

The reason for Rev. Babuji, being constantly sick, ailing with more health challenges was due to mass of people, always closeted around HIM leading to draining of all HIS energy. This was puzzling to abhyasis since they felt that since He was receiving Divine energy from

the inexhaustible source and therefore it follows that there would be no limit to its supply and hence, He would be free from aches and pains.!

But, many were unaware of the reason behind abhyasis being told not to close their eyes and or meditate while they were closeted with Rev. Babuji or seated around HIM, when He was resting on HIS cot. This was because when abhyasis were in His presence, HIS physical and Divine energy, both were draining out. Rev. Babuji was transmitting all the 24 hours. It should be noted that since ultimate was routing Transmission through the medium of a human being, through HIS physical, psychic, spiritual body, the highest, pure Divine energy passing through a medium has its own impact especially on the frail body of Rev. Babuji. Hence, Rev. Babuji was found to be exhausted and sometimes not too well and was subject to health challenges.

What is being brought out below is a case of a North Indian couple who were close relatives of Rev. Babuji, who had to move to a far off town in Tamil Nadu owing to employment. Both were well educated. Both were double graduates. After some time, the wife started feeling lonely what with a lot of spare time at her disposal. Her suggestions to her husband to seek employment being met with positive response, soon they arranged to get a suitable job for her! Having completed the necessary formalities like written test, interview, et al, the wife thought that it would be ideal to seek Rev. Babuji's blessings/approval before joining service.

At this juncture, I must bring to the notice of the readers that during those days, say 1970's and near about (Even now in certain parts of interior North Indian towns) women were required to stay indoors, in their homes, practicing Purdah nashin (i.e. they do not, come out of house, practice keeping a veil on their face and head).

In the light of their mutual discussions, they wrote a detailed letter to Rev. Babuji in the matter of going out for employment. Pat came the reply from Rev. Babuji which besides covering mutual welfare, more or less runs as under :

"If you are hard pressed for monies, please let me know. I would send money order each month of Rs. one hundred only". In those days Rs.100/- was big money.

Readers may kindly note that Rev. Babuji, in HIS reply has not dealt with the social conditions prevailing then, need for women to follow them so that others emulate these values and host of such other issues and focussed on a real issue subtly indicating that He would be providing pecuniary assistance if the demands of the situation warrant.

This is yet another case relating to close relatives of Rev. Babuji.

Satsanghs were being conducted daily at Rev. Babuji's home. It was an unwritten law nay discipline that ladies, whether belonging to Rev. Babuji's family or others are accommodated a little far off distance from the place of Meditation, behind a curtain - a veil. It was a custom depicting certain values, traditions (which are even now in practice in villages, small towns in North India). Women wear their pallu as Ghoonghat or Purdah.

There was a sister abhyasi, a near relative of Rev. Babuji who was very regular to Satsangh and a good volunteer who would arrange everything in an orderly manner so that Satsanghs were conducted in the manner they should be. It was a very deep down feeling in her heart, to attend Satsangh sitting before Rev. Babuji. May be she felt that whereas outsiders including abhyasis from overseas are allowed to freely sit anywhere and also before Rev. Babuji, but near relatives have embargo !

It so happened once an abhyasi by name sister Vibe, a Danish abhyasi developed camaraderie with this lady and they became close associates. During their personal chat, some time, our abhyasi sister shared her heart felt agony of not fulfilling her deeply felt desire to sit before Master during Satsangh and wept.

After a few days, it so happened that while the Satsangh was about to begin, our aggrieved sister went inside Rev. Babuji's home and sat in her usual place for meditation. After a few seconds, she found the Danish abhyasi. Sister Vibe running to her informing her that Rev. Babuji is calling her ! When our sister abhyasi with perplexity writ large on her face went and met Rev. Babuji, He asked her to sit in front of Him. After Satsangh, she tearfully offered her gratitude to Rev. Babuji's DIVINELY OMNI SCIENCE.

The following incident relating to a abhyasi from a village near Fatehgarh denotes that the subtle and effective way with which Rev. Babuji dealt with a considerably challenging issue without giving any room for the un-initiated to feel embarrassed.

This abhyasi who had just joined Sahaj Marg (more on account of his paternal pressure), as is his wont, had a number of issues requiring clarification from Master. Those days, it may kindly be noted that owing to the number of abhyasis being not very large, as it is today, abhyasis were hankering to seek clarity from Rev. Babuji Himself. It was also their intention to BE WITH REV. BABUJI on some pretext or other to re-experience bouts of Bliss in the 'SAMIPYA' of Rev. Babuji.

Having chosen a time - day when Rev. Babuji was relatively free, number of abhyasis in His home being few, this abhyasi, slowly managed to move towards close proximity to Rev. Babuji seated in His chair with arms enjoying Hookah. Slowly garnering his confidence, he asked Rev. Babuji whether He could continue practice of "Three Kala Sandhya Vandana" (a religious practice) even after joining Sahaj Marg? Rev. Babuji, lost in HIS thought was suddenly - coming to a sort of awakened state squarely looked at the questioner - abhyasi and asked him - How long he has been practicing Three Kala Sandhya Vandana? He, in furtherance of HIS query asked the abhyasi whether he was regular in its performance. After the abhyasis's reply that he has been performing this for over one year, Rev. Babuji told him to look for the answer within and to meet Him after a few days !

After a few days, after Satsangh, when Rev. Babuji spotted this abhyasi doing some work, called him and asked him as to whether he remembers the question he had posed to Him. When the abhyasi could not recall, then Rev. Babuji Himself reminded him about his query about practicing of Three Kala Sandhya Vandana even after joining Sahaj Marg. The abhyasi submitted that he has forgotten about this. Further, when Rev. Babuji asked him whether he continues to do Sandhya Vandaana, the abhyasi told him "That he has forgotten not only his question but also stopped performing Sandhya Vandana without his knowledge".

Later, when a very senior abhyasi who was a witness to the entire incident asked Rev. Babuji as to why He made the abhyasi to wait for a few days instead of immediately answering his query, Rev. Babuji, with a twinkle of His eye is reported to have said "I saw in his query and demeanor his pride that he belonged to a forward caste". Such People need to be dealt with great care since any response which does not suit their ego is mistaken and in - appropriately perceived. So I gave him the option of remedy to himself !

It is a different matter, although Rev. Babuji didn't express, that He had by His gaze at the abhyasi enabled him to seek the remedy within himself. !

It was a commonly known fact that Rev. Babuji had a mystique, mysterious, unfathomable ability of knowing what lies in the minds of abhyasis. It is said that spiritual Masters, Special Personality who have this kind of rare ability can, under special conditions with particular efforts, by use of certain apparatus can derive extra ordinary perceptions. Such abilities, it is said, are available for the ordinary humans as well. But they lie without being harnessed.

It is believed that such rarest of the rare skill, knowledge are nature's gift to those who have purified their hearts. Saints, Seers use this mysterious capacity to perceive Divine plans which become readily available to them. This revelation by nature are by way of mystical communion between two open hearted entities. No verbal communication takes place between them. Communication takes place by way of vibrations and silence.

HIS MASTER'S VOICE.

We all know that Rev. Lalaji Maharaj had a beautiful euphonious voice. It is deeply regretted that during His life time, the apparatus for voice recording - like Tape recorders had not arrived at Fatehgarh.

Similarly Rev. Babuji had a metallic, beautiful voice which despite His aging had not lost neither its quality nor freshness. Inter action with His contemporary abhyasis/associates who were close to Him owing to their devotion and commitment to the objectives of the Mission indicates that Rev. Babuji was blessed with a good tone. He had good enunciation skill, suitable voice volume, expression suiting the content /context, consistency, etc. all making it Celestial Music.

Spiritual literature says that only saints, seers who have mastered the fine art of regulation of mind and who work for nature have such voice. It is also said that voice quality, frequency of such saintly people are eco/Divine friendly leading to recording of its communication in nature -called 'RICHA'. Richa is the name assigned to certain instruments of nature which absorbs Divine communication to be passed on to Sages, Avatars who carry out nature's work.

There are specific reference to these mystical knowledge in spiritual literature. It is said that a kind of mental and other activity can produce under special conditions and with particular efforts what is termed as higher working of the mind leading to special perceptions whose apparatus is latent in the ordinary man.

TELEPATHIST.

There was a devout abhyasi at Fatehgarh, U.P., India. He was very keen that his son joins the Mission. But, despite his persuasions, parleys, his son was unwilling. Once it so happened that the abhyasi had to move to Shahajahanpur for attending a Bhandar. Being aware that his son was not inclined to accompany him to Shahajahanpur, he advised his son to join him in his visit to Shahajahanpur. After a great deal of deliberations, his son agreed with a condition that his father would not be pressurising /coercing him to Join the Mission. The father agreed to this and together they left for Shahajahanpur.

Those days all abhyasis attending Bhandaras were forming themselves in to Small groups and used to actively discuss various concepts of Sahaj Marg and the like. Somehow the discussions there at veered around enlisting youth, new generations in to the Mission. Naturally the attention of the group fell on the young man of Fatehgarh and willy nilly he was drawn in to the group discussions. Before the break for tea came, somehow the group members were successful in making this young man to play a vital role in discussions and as a sequel he was convinced to take active part in the Mission's work by becoming an active volunteer and join the Mission. Accordingly he was persuaded and was given the first introductory sitting at the venue of the Bhandar. The young man of Fatehgarh, though apparently had agreed to join the Mission had his own designs/second thoughts !

Feeling extremely uncomfortable for being made to join the Mission, in pursuance of his designs the young lad of Fatehgarh was looking out for an escape route from the imbroglio. Accordingly during night, while everyone was sleeping, after dinner, he woke up at 3 am. and thought of leaving Rev. Babuji's home stealthily un noticed. Being a born Brahmin, he thought that he would take bath, perform Sandhya Vandana (a religious practice) and quietly leave. He therefore, went to the bath room with a bucket of water and was about to start his bath when he heard a very sweet voice telling him . "My dear young man, take this bucket of water also. One bucket of water you have brought is insufficient". When the young man turned

around , he saw Rev. Babuji standing with a bucket of water !” The young man, immediately fell at the feet of Rev. Babuji profusely apologizing for the mis - adventure. Then it is a different story that the young man convinced of the subtle work done by Master on him joyously joined the Mission. Today he is occupying a pivotal position in taking Sahaj Marg /Heartfulness in to nook and corner of U.P.

NOCTURNAL WORK

Rev. Babuji was well known for not sleeping at night.! He was used to just lie down on his cot for physical relaxation. While He was found to have been lost to Himself, sitting in His chair at the court yard of His house, He was also suddenly, sort of, wake up as if He has travelled back to planet earth from a different planet.

One night around 2 or 3 a.m. Rev. Babuji suddenly got up from HIS cot , stood up and in a loud un-usual voice said “I have finished Him” twice. Those days, abhyasis visiting Shahajahanpur were, before construction of Ashram at Shahajahanpur, all staying at Rev. Babuji's home. They were all sleeping at the court yard of Rev. Babuji's home and other rooms. This sudden activity and sound of Rev. Babuji's statement shook them all. It is reported that Rev. Babuji after asking for HIS hookah to be lighted and after had HIS few puffs eased Himself on HIS cot as if all was well.

It was only in the morning, when the newspaper carried a news that all the abhyasis understood what Rev. Babuji meant when He made a mid night statement. The news prominently carried in the newspaper was “Chou - en - Lai dead”.

As already said Rev. Babuji had the uncanny knack of reading the minds of abhyasis and clarifying, replying to their queries before the seeker was able to rise his question.

APOTHEOSIS ?

All human beings are blessed by the creator with thought Power and other allied resources. It is only the Special Personalities who are enabled to manifest themselves for spiritual benefit of masses. Real seekers are to take help from such personalities for realising their Self. The easiest and efficient way to this is by consciously linking up their thought with that of the Special Personality. Once this is done, the Special Personality takes over by transmitting in to the sub- conscious and conscious minds of seekers for transformation . Devotion and Love for the Special Personality only help the seekers in this regard.

Literature of our Mission indicate that Rev. Babuji has discovered many new ways and means of spiritual training along with research in the field of Esoteric practices. Among others, His total remodeling of Spiritual practices under Sahaj Marg and fine tuning in the

arena of effective uses of Pranahuti - Transmission of Divine Energy has no parallel in Spiritual history.

Here, I wish to make a humble assertion in that Rev. Babuji had a unique and singular speciality in that He was by action and style of living displayed that He would be ever ready to offer help, support and extend guidance and empower the seekers to equip themselves to steadily proceed towards the goal. His assertion was that Special Personality/ Master should be able to serve their disciples than the converse. To my mind, this is the unique singular goal of Rev. Babuji which no other spiritual system /spiritual Master has advocated.

The personality of Rev. Babuji can be said to contain an mysterious ,esoteric amalgam of Physical, vital, mental, spiritual, Divine elements. Every particle of HIS personality which is completely divinised and made applicable to its seekers enables disciples to fusion their thought with that of special Personality. This is visible to all seekers who are perfect in their Sadhana. To link oneself with the Special Personality one has to only blend their association with the thought contained in His Grace, HIS works, HIS writings.. One caution is that although His works are fundamental operating principles depending on efflux of time, certain necessary and precise changes need to be alloyed with existing ones which is according to need for change and laws of nature. Another safeguard is about the pseudo Gurus, charlatans. The best test is to know about the competence of Guru is by consulting the Heart..

BALANCED EXISTENCE.

Rev. Babuji's life style indicate that He believed and lived a life, like a bird flying with its two wings - i.e. one- Material life and the other - a spiritual life, well balanced.. He did not neglect one for the other. He was of the firm view that there is nothing wrong in leading a material life. He showed to the world that "One can regulate one's life so as to normalise all the functions of the human system so that the person develops in to a perfect human being".

He liked the life of a householder, married, having children, and responsibility of family, life. Experienced both joy and sorrow of life. He certainly lived the life of a householder while simultaneously developing His Divine ability to be a Master.

Rev. Babuji was born in a very well - to - do, well known, highly respected family. His family was certainly rich and His family background was of high culture. Tolerance, was one of His strong feature. His life indicate that practice of tolerance gave rise to His other virtues like understanding charity, compassion and Love.

Rev. Babujis' life when subjected to focused study, indicate that His interpretation of concepts like, Charity, Duty and renunciation are all radically different than the ideas we have. He was of the view that giving donations to pious causes, offerings in kind, coins dropped in to the hands of a beggar, giving away left over foods, gifts, grains given away

at the instance of astrologers, charity done out of superstition and the fear it generates are all according to Him really not charity. He was of the view that feeding the poor and giving away to needy - our own brother humans is no charity. He was of the firm view that no person has a right to donate, give charity until his family needs are fully met. Any charity done at the cost of or depriving the donor's family of their legitimates needs is not charity.

DONATIONS.

In the light of the foregoing, it is very interesting to recap few incidents about which brief information is furnished herein below :

Once a very rich businessman offered a sizable sum to the Mission with a condition that he be not issued a receipt for the donation. While on lookers/abhyasis were all eager about such a large sum coming as donation, that too at a time when monies were really needed for construction work of Ashram building at Shahajahanpur, Rev. Babuji refused the offer. However, he called one of the abhyasi and asked him to collect a donation of Rs. 2/- from a poor woman. Rev. Babuji later explained that He would welcome donations coming from heartfelt donors! He also added that only poor people have large heart and insatiable inclination to donate. He averred that poverty creates charity and affluence breeds selfishness. He further added that donations coming from heart are welcome but coming from purse is to be courteously declined. His definition of donation is that they are token of their Love. Not only that, He went on talking about it to abhyasis for weeks.

SOCIAL WORK.

Similarly ,once when an old man aged more than 70 years came to see Him, after enquiring about his name, employment etc., sought from him about his purpose of visit. The septuagenarian responded saying that he was a social worker. When Rev. Babuji enquired with him as to what exactly the social work he was doing, he replied saying that he regularly organised meetings in villages where he distributes food, ration, and cloth to the needy. Rev. Babuji immediately said "You call this social service"? No. It is your duty to feed and give clothes to the needy. When you do some work to bring up the condition of your brethren that is social service he added.

REV. BABUJI'S CAR

Rev. Babuji owned a car. A pastel green colour fiat - Premier Padmini. He was using it inter alia for going to the local treasury during the first week of each month for drawing HIS pension. The system in vogue was that HIS driver would come to Rev. Babuji's residence, pick Him up and go to the treasury. Later, after drawing His pension and any other work He would ferry Master to HIS home.

Once it so happened that on the appointed day and time the driver despite being told in advance, failed to turn up at His residence. Later at around 3 pm. the driver came running profusely sweating. When asked for his delay in coming the driver is reported to have said that it was the mistake of his wife who despite being told, didn't wake him up from his siesta (post lunch sleep) Dear readers, look in to the whole gamut of situation and visualise how we would have reacted at such incident if we were in the shoes of Rev. Master ! One very worthy, strategic issue which is intricately woven to this incident is that owing to sudden influx of large number of abhyasis to HIS home (often without prior notice) Rev. Babuji and HIS family members were always taken by sudden, surprise, unpleasant shocks with attendant issues like non availability of food items ,curds, milk etc.

And now please look at the reaction of Rev. Babuji ! He told the driver "It is alright. It is not your mistake ! He further added". It is not even the mistake of your wife ! Pray tell me whose wife would wake up her husband who after a sumptuous lunch on a hot day was asleep?.

HOOKED BY HOOKHA GURU.

Whenever Rev. Babuji spoke, answering questions of abhyasis, each sentence was punctuated by a graceful moment of his hand, like a mudra accompanied by the gurgling sound of HIS water pipe as He puffed His Hookah. The leaves He smoked left a fragrance in the air floating. That was HIS Hallmark! So much so, some abhyasis said, that whenever they thought of Rev. Babuji, a beautiful fragrance seems to have been experienced by them. Further, they all felt this as they moved in to HIS physical, mental presence, listened, watched HIM, they, indeed experienced a LOVELY -COMPASSIONATE OLD MAN WORKING HIS way in to their hearts. They all felt hooked by the "Hookah Guru". In that pleasant, inexpressible moments of Bliss each one who heard Him experienced Him were slowly, but surely getting in to the subtleties of His statement on Reality, Nature, etc.. Needless to say they were all in deed augmenting their abilities for expansion of consciousness.

The under mentioned incident is yet another facet of Rev. Babuji's personality.

Once, Rev. Babuji visited Madras, / Chennai, for some organisational work and stayed with Rev. Chariji's home Gayathri at Alwarpet, Chennai. During one of those days it so happened that Rev. Babuji sat for lunch with a few abhyasis and the family members of Chariji. While everyone there was enjoying the tasty dishes prepared by Rev. Sulochanaji, Chariji who had gone out on some work returned and joined the group for lunch. When Mami served lunch to Rev. Chariji, who took one morsel of food and made a discomforting sign by voice and asked Rev. Babuji, Rev. Babuji, how are you eating this dish which has no salt? Rev. Babuji squarely looked at Shri Chariji and said "I don't eat for taste".

HUMILITY PAR EXCELLENCE.

Rev. Babuji was a personification of refined manners, etiquette and such habits and lifestyle with which none would get embarrassed or uncomfortable. He would subtly, by HIS own innovative, compassionate methods persuasively enlighten people but would not let things under carpet.

One of HIS issues of discomfiture was abhyasi's throwing out cigarette stubs, after smoking, at all places around His home. Rev. Babuji was so much annoyed by this but yet kept His cool. After initial hesitation, He hit upon an idea to teach people cleanliness and manners without hurting their sentiments. The modus operandi was - when all abhyasis including those who perpetrate such acts were around, He would suddenly get up from His seat, go and pick up thrown out cigarette stubs and deposit the collected stuff in a paper bag at a corner. Then after washing up His hands He would come back to His chair and resume His talk as if nothing unsavoury happened.

MIRACLE OR MARVEL !

Before construction of ashram at Shahajahanpur, all functions of the Mission, like Basant, celebrations of Birthday of Masters were all being observed with festive fervour at the residence of Rev. Babuji. Once while Basant panchami was being celebrated in a very grand manner at the residence of Rev. Babuji and after festivity Satsangh seekers were being provided in addition to spiritual food, lunch was being served. Suddenly it was discovered that pulse (a side dish to eat with Roti) was almost exhausted and all the volunteers were whispering amongst themselves about what to do !

Suddenly, they found Rev. Babuji standing at the door and He said, "If the pulse is in short supply, whatever is now available, mix it with some water, heat it and serve. The volunteers did accordingly with a feeling what if someone complains about watery pulse? But as it turned out, everyone partaking lunch was happy eating pulse praising the taste. They were all saying that they never had tasted such a tasty pulse. When Rev. Master Saheb, Shri Rameshwar Prasad informed Rev. Babuji about it, Rev. Babuji said "It was not a miracle which can be performed every now and then". It was the need of the time which Rev. Lalaji Saheb fulfilled !

Many such incidents have happened at Shahajahanpur and at Bhandaras conducted elsewhere. The curious aspect is that people who are eye witness to such incidents remain mute spectators when such acts of para normal, Divine interference were happening before them. It is only when one of the witness to such incidents i.e. a person whose consciousness was awakened mentioned it that all others seem to know.

PURE GHEE.

Though it looks paradoxical, whenever incidents of the nature adverted to above took place, the curious part is that the witnesses to such incidents who were physically present were all dumb witnesses in the sense they were all unaware of the happenings. It was only when someone whose consciousness was alive mentioned about it, that others would feel embarrassed and therefore kept silent.

One of the incidents of the nature referred to above is that once it so happened that an abhyasi from a far off place visited Shahajahanpur at such a time when all the volunteers / seekers were all having their lunch. Since the travel wary seeker arrived at lunch time, he was offered lunch. When lunch was being served, as a matter of fact/routine parlance the abhyasi mentioned that he is used to consume pulse with ghee ! But, there was no ghee at home at all. All were bewildered !

At the very moment, from nowhere Rev. Babuji arrived. When His eldest daughter Chi. Maya informed Rev. Babuji about this, Rev. Babuji calmly, coolly said "There is ghee kept in the store room. Give it to him". When Chi. Maya went to the store room, she found the utensil with ghee in it ! The abhyasi was served. But everybody were wonderstruck about this. None of the household members or the volunteers were aware of the ghee kept in storeroom ? They were all bewildered about the incident. But, Rev. Babuji's attitude, behaviour, state of mind, language used, tone of HIS statement were all very normal. Often such behaviour of Rev. Babuji kept people un-known, dumb to happenings of Divine nature.

It is very difficult to an uninitiated person, a person whose state of consciousness has not reached a certain state to understand the personality, attitude, reflex of mind, language of Rev. Babuji. To quote an instance - There was an abhyasi who wrote to Rev. Babuji saying among other things. "Babuji, I now often remember you". Rev. Babuji immediately sent a reply to him in a very simple, natural way with chosen words. I quote "I wish that neither it should come, nor it should go". Readers, in this one sentence one can draw many conclusions, perceptions ! I would beg Rev. Master to grace us all devout abhyasis expansion of the state of their consciousness so that they can understand the free flow of subtle truth manifesting itself.

WHAT WERE YOU IN YOUR PREVIOUS BIRTH ?

Once at Shahajahanpur, at Rev. Babuji's home a small group had encircled Rev. Babuji seeking answers to questions they were raising. It so happened that the discussions suddenly veered around un expected lines and Rev. Babuji in his characteristic, simple, natural way quoted the name of a senior abhyasi and said that she was an abhyasi in her past life and that she has now re-born as a farmer's daughter. Then, other abhyasis also started asking Rev.

Babuji as to what they were in their previous lives? While Rev. Babuji was answering those questions a queer thing happened ! Suddenly one abhyasi asked Rev. Babuji as to what was He in His previous birth. Rev. Babuji, who was answering another question of another abhyasi answered that He was the son of a trader (Bania). Actually this answer was to some other questioner's query about an abhyasi and was unrelated to Rev. Babuji. Result was that this wrongly perceived answer that Rev. Babuji was in His previous life a son of a Bania went into records/books on Rev. Babuji without being rectified. When this error was brought to the notice of Rev. Babuji, He said "Yes. I agree. It is incorrect and hence should not be recorded in Mission's books".

Similarly when one abhyasi asked Rev. Babuji that whether He was Rev. Pathanjali in his past life, Rev. Babuji said "May be. That is so". This was recorded by many abhyasis.

Dear readers, whether Rev. Babuji was in the past Shri Pathanjali or not has to be realised by following Rev. Babuji's Sahaj Marg Practice. While the new genre of abhyasis are to be cautioned against such bland perceptions the fact remains that Rev. Babuji's work itself, to the initiated, is a mirror of Manifestation of Divinity.

DIPLOMACY

When one abhyasi sought Rev. Babuji's approval to join Him in His visit to a particular centre, Rev. Babuji responded thus in His legendary soft voice . " Why do people try to run after me ? My desire is that they should make such efforts and reach that condition that" I may run after them.

Once, one abhyasi wrote to Rev. Babuji seeking HIS permission to visit Shahajahanpur. But, the fact was this person had visited Shahajahanpur only a fortnight ago ! Again Rev. Babuji in His inimitable deft, soft approach responded by saying " There is no need of permission to come to me. But, I suggest that you try to search me near your own self. Then Shahajahanpur will go out of your memory. Thus you will save money and efforts.

In one of His letters to a devout senior abhyasi, inter alia, Rev. Babuji said "People should increase my wages as well during these days of hike in prices. My wages do not require money. Abhyasis should only try to remind me of themselves".

Readers may kindly look in to the script of one of the letters He wrote to a overseas abhyasi when she sought approval for either to visit Shahajahanpur or when they can expect Rev. Babuji at their place ! I quote His reply.....

"I have got so much of work that has to be performed regarding the growing Mission". You are free. Do come every day to meet me. Such soft words ridden subtle responses need to be experienced not analysed for understanding its subtle messages. Actually a host of such responses to abhyasis constantly, continuously was to enlighten them to put in devout

efforts to practice Sadhana to get realisation and drown in His love which is all pervasive and omnipresent.

It is the experience nay felt discovery of abhyasis that HIS sayings can be understood only at the time when "That particular state of condition descends on the deserving abhyasi".

Rev. Lalaji used to say that Rev. Babuji was so, much in Love with HIM that whenever Rev. Lalaji thought of a need, ex. for water, without being told Rev. Babuji used to bring water and give it to Him. On my part whenever I felt that whatever conditions be bestowed on Babuji it was found that such condition had been granted just then. Rev. Lalaji used to say whenever I wanted to do, some work I always found that Rev. Babuji was already at it. Where else such symbol of love can be found ? Ramchander is another name for LOVE.

One day seated in the verandah of His home in Shahajahanpur, encircled by abhyasis, smoking HIS hookah, He suddenly kept aside HIS Hookah and told a very senior abhyasi seated near HIM - "My work is to make you reach the Central region but to retain your stay there is your job". Continuing He said, the central region exists everywhere (every place). Ex: Heart is a centre but even that has a central point. Similarly Mind region also possesses a central point. These particular point provides us with alertness that unless you become a point -i.e. zero, you cannot attain Laya with the Divine. In a letter to an abhyasi Rev. Babuji had inter alia said "You may drink thousands of oceans of Divinity, but your inner should always be demanding more and more".

BLACK MONEY AND REV. BABUJI.

During one of those wintry days in Shahajahanpur, Rev. Babuji was sitting at the verandah surrounded by abhyasis who were all eagerly waiting for HIM to break His silence ! Among others, abhyasis seated there were, a little earlier discussing about Black Money. Some were of the view that Black Money if it comes in to Mission by way of donations would automatically get converted in to white ! Rev. Babuji was silent and was perfectly calm while discussions by abhyasis was going on. After a few minutes, Rev. Babuji keeping His Hookah aside said "Being abhyasi of the Mission, I do not know how people can talk like this that Black money if invested in the Mission as donation would become white !" Have you taught your children the count of 2 as one and one as two ? Such thoughts will pollute the Mission. This Mission of Rev. Lalaji will never suffer such pollution.

AUSTERITY AND SAHAJ MARG

One of the abhyasi once asked Rev. Babuji - "Babuji you never ask us to observe austerity!" Rev. Babuji's simple, natural reply was heart touching ! He said "During austerity, we are conscious of our existence as separate from God, as its Base is limited and material..."`

"MASTER'S HOME"

Master's house was very old. Part of it being over 100 years old. This house had extension constructed for use by foreign abhyasis. Master's house has 2 gates - one large main gate and a small door next to it. Visitors enter the house through the small door. Immediately on entering there is a large open court yard about 1/3 of which is raised one, paved with brick. As one enters the house and crosses the court yard, one comes up to the verandah of the main building. This is where Master and abhyasis spend most of their waking hours. Master has HIS easy chair facing the main gate.

Fortunately, recently Rev. Babuji's home has been renovated very nicely without affecting the spiritual aura of the Building and its premises. Recent visitors to this place have confirmed that the renovation done to Rev. Babuji's home is too good. They have also added that the monument, at the Ashram at Shahajahanpur, (covering Rev. Babuji's Samadhi containing HIS mortal remains) consisting of white marble beautifully, aesthetically and innovatively carved leaves the seeker spell bound. Many abhyasis who have visited this splendour of white marble have confided that they experienced a state of transmigration thereat. In fact the writer, was a witness to an abhyasi sister from Bangalore experiencing a Divine mysterious state of BEING while at this monument.

It is the general experience of abhyasis visiting Shahajahanpur and Master's home that as soon as one walked through the entrance door, one felt as if one was in a different world. The writer and the abhyasis who accompanied him all had similar experience when they visited and share this view. The atmosphere within the Master's house-compound is also unique. It has spiritual aura which is very subtle and defies description. The more sensitive the person, the more keenly this is felt.

Later, during subsequent visits to Shahajahanpur and Master's home, abhyasis have felt - realised a kind of emotional intensity beginning on the day of commencement of journey itself and soon its ascendancy till one reaches Master's home. And then it melts away. One enters Master's home only for an altogether different kind/ state of mind. It is said that this is generally the experience of many abhyasis and when an abhyasi asked Rev. Babuji in this regard, Rev. Babuji remarked "Yes your observation is right. Many have experienced this state. But, I tell you it is all a matter of sensitivity. Develop sensitivity and experience what BLISS one can feel! One must be able to feel the caliber of a Master when one is seated in His vicinity. These are the gifts of My Master. One must be able to create such an atmosphere wherever one goes. Then one finds external thoughts, outside environment does not disturb you".

This experience is not restricted to Master's home in Shahajahanpur alone.

Even at places of HIS visit, while He was coming one finds an atmosphere of peace, tranquility. Sadly this disappears the moment Master leaves the place! To retain the same condition, one must regulate/ control his thoughts. Thoughts create the atmosphere.

Passion, anger, be strictly avoided. Meditating regularly changes this attitude. Over a period of time one can make this one's habit.

AFTER CONSTRUCTION OF SHAHAJAHANPUR ASHRAM

It was thought that once the Shahajahanpur Ashram construction was over, Rev. Babuji would move HIS cottage thereat leaving His house for use by His sons. Rev. Babuji's cottage at ashram was well built, well-furnished what with sandalwood cots, teakwood furniture etc. But He would not move to HIS cottage in ashram. True to the Indian custom of the patriarch in the family living with family, guiding their next generation, Rev. Babuji continued to live at HIS home. However, He had to leave a portion of HIS room to HIS next generation and moved to a small near dark room beside the office where meditation sessions were being held. The door to this room was always kept open all day and Rev. Babuji seemed to have no place, attached to no place. However, He was available to a sensitive and devout few. For them HE WAS THERE EVERYWHERE. Readers will have a thorough, in depth experience of this phenomenon when they read Mission's literature like - Tears and laughter, Beloved remembered. That is not all. If one casually talks to another abhyasi, sure they find a near miracle like experience of them, flowing straight out of their hearts thus taking the listener to a state of in-expressible bliss..

The door to HIS room seem to invite people and He was welcoming everyone, any time. It looked as though HE had no sense of need for privacy which was anathema especially to overseas -western, abhyasis.

Rev. Babuji's room was a little small, near dark, damp, smelling musty. There was no carpet like cover on the floor. The room's interior needed white wash thus leading to conclusion that it was badly maintained. His bed was against the wall to the right side of HIS room. Another bed opposite to the direction of HIS bed to the left was of Rev. Lalaji's.. The mattress was very thin, with a pair of very old and much laundered sheets and a blanket. Here slept the "Shahansha of universe" from where sunamies of subtlest sublime Divine grace emanated.

Rev. Babuji was so sensitive, so much thoughtful, and compassionate that HE had arranged for a small dining table with suitable chairs, with western cutlery so that overseas abhyasis were made to feel at home. But the fact of the matter was none who partook food there had any idea of what they ate, how it tasted! Since seated proximate to the Manifest creator, they were all in a state of absolute bliss. Many shared their experience of shedding copiously tears of joy for the Divine experience and deeply felt grief since they were aware that they have to leave paradise for their homes.

LEAD BY EXAMPLE

Rev. Babuji had very humble and great concept. It was his penchant for leading by examples. Whatever He wanted to teach, introduce, a new - revised- practice, system, He would do it Himself first. Then, after knowing the various issues involved in its implementation He would suggest others to follow. To give an illustration - He was highly unhappy about the unhygienic habit of people washing their feet and hand, after ablutions, from the water can kept in the toilet!

NOW LOOK AT HIS MODUS - OPERANDI

When a group of abhyasis from South India came to Shahajahanpur, He himself started standing waiting, for them to come out of the toilet, near a tap with a water tumbler in one hand and a little mud in the other hand. As soon as they came out of toilet, He would give them mud and water mug to wash their hands and feet. Sometimes, He had to do this many times a day! Agonizing, it is to say that soon visitors to HIS home started practicing this cleansing on their own !

VISITORS TO HOME

Whenever, He got news of arrival of abhyasis from other centers, He would Himself go in to the kitchen, inform the women folk, volunteers about the number of abhyasis arriving, their food habits, any special features like South Indian requiring milk and curds for lunch /dinner and the like. He used to tell all that "visiting abhyasis are our guests. They should not suffer for anything". Similarly when overseas abhyasis came, He never overlooked their need for bread, butter.

It is interesting to note that when for the first time some overseas abhyasis visited Shahajahanpur, He got carpets locally and got a broken big table modified to serve as a dining table! The dining chairs were transported frequently between HIS court yard and Dining place for multi-purpose usage. He told Shri Rameshwar Prasad, "Master Saheb-our dining-room chairs have no cushions". He advised women folk at home to bring their torn sarees, to be converted in to cushions for the chairs !.

It is simply impossible to fathom HIS approach to keep abhyasis, visitors to HIS home comfortable! What triggered HIS mind, who exactly was HE! Why abhyasis did not understand HIM and joined HIM, in executing HIS plans for the needy abhyasis. All such queries remain un-answered!

REV. BABUJI'S HUMILITY - HIS FEELINGS

I keep remembering you. But you keep forgetting me. Probably my service has not reached to that extent that you remember me. Please tell me about my deficiencies so that I can fulfil my duty and that will be the cause for you to remember me.

BALANCED EXISTENCE –PERSONAL LIFE STYLE

Interaction with people who lived with HIM, who spent most part of their time with HIM go to indicate that Rev. Babuji dealt with both worldly and spiritual matter with the same attention, care, devotion. He appears to have had far sightedness, and intuitive knowledge with which He organized work. This was so much practical and utilitarian that events have later established, on hind sight that His approach to futuristic plans were much ahead of commoner's grasp ahead of His times although He was himself a Eternal Being.

CONSTRUCTION OF ASHRAM AT SHAHJAHANPUR

To quote a few examples, it is reported that when Rev. Babuji, started planning for construction of Ashram at Shahajahanpur plethora of plans, were made by abhyasis and people competing with each other to get their plan, idea implemented. Despite these pressures and persuasion Rev. Babuji was cool and calm. Whenever issues relating to these reached a peak, He would react saying "Why are you trying to draw plans for construction of ashram? Where do we have money? Whereas you are all drawing sketches, plans for construction, we are yet to garner money for purchase of land!

Initially, Rev. Babuji was also of the view, that it would suffice to buy land for Ashram and instead of building a very big ashram building, it would be enough to have a few rooms for housing the office of the mission, storing equipments, benches, chairs, sound speaker etc. in the rooms and hire very big shamiyana for conducting Bhandaras. This was a very practical approach considering the then prevailing finances of the Mission.

And then there was a section of abhyasis, that was of the view that instead of Ashram building, a couple of rooms be built wherein the Mission can run charitable hospitals.

Rev. Babuji firmly shot down these suggestions. He was of the view that abhyasis focus in the Mission should be only about realisation and not any other activity.

Again there was another demand based pressure from certain section of abhyasis to run a school for children at the ashram site. Here goes Rev. Babuji's uncanny knack of persuasion that convinced this pressure group by saying that whenever spiritual organizations have taken initiative to run schools, over a period of time, the focus gradually shifts more about running

of school than spiritual activities to apparently social, educational work. But in fact such forays have resulted in commercializing activities of the Mission.

CELEBRATING MASTER'S BIRTHDAY

Rev. Babuji was so much goal focused and totally oriented towards future functioning of the Mission that even suggestions to celebrate HIS Birthday, annually, was vetoed by HIM. He was so much decisive, firm and resolute that in his view only Basant, the birthday celebrations of HIS Sadguru alone need to be celebrated each year and nothing else! He was of the firm view that more functions in the Mission would work down the commemoration of HIS Sadguru Lalaji's Birthday celebrations and that abhyasis may turn out to be gathering for socialising instead of focusing their total attention on realization - the goal of human life.

The developments in the above related matters, after considerable discussion, parleys, meetings, finally veered down to performing 2 Bhandaras, Annual birthday celebrations of Rev. Lalaji and Rev. Babuji. Here again Rev. Babuji was of the view that there should not be compulsory donations or voluntary subscriptions from abhyasis. HIS logic was that asking for money from abhyasis for celebration of His Birthday was like a mother asking her children to contribute equally to meet the cost of feeding them!

Abhyasis of the Mission, during 1960's, 70's onwards know the decisive stand taken by Rev. Babuji in the matter of collection of donations! Rev. Babuji was so humane, considerate, practical in his view that abhyasis should not be inconvenienced by seeking donations. There were innumerable instances of HIS neglecting HIS comforts to make abhyasis's needs and convenience being met. One such singular instance which was happening routinely, was that whenever abhyasis from South India visit Shahajahanpur. He would forego HIS consumption of a cup of milk in the evenings ! When confronted, He would say "How can I have milk when these South Indian abhyasis need milk and curds to which they are very much used to?" He was insisting the people who come from such long distances need to be taken care of. When some overzealous abhyasis brought milk to Rev. Babuji, when the south Indian abhyasis were staying in HIS home, He would dismiss such offer saying 'I can't afford it !'.

ALERT MIND

One very interesting and singular fact of Rev. Babuji's personality was HIS alert state of mind even while He was spending time in lighter vein and jovial state. To illustrate this, I quote the following incident for the readers to reflect: One abhyasi asked Rev. Babuji. How will HE work on a seeker who innately and apparently was exhibiting bloated ego. Rev. Babuji, being in lighter state of mind responded "First of all by sheer will power of mind, I put a covering on his scholarly knowledge which cuts down his pride of knowledge". Thus the work done on

him will not shine. Further, "He added" Do you know the shadow of Divine will help itself in liquidating the Ego?

PERSONAL DINNER

Rev. Babuji had a habit of taking HIS dinner late night, say 11 PM. Abhyasis visiting Shahajahanpur and staying in HIS home also were accustomed to taking dinner after Rev. Babuji and Master Sahib had finished their dinner. After dinner, some abhyasis who were in know of Rev. Babuji's habit were going to the court yard of His home with beetle leaf. Rev. Babuji used to take a walk in the outer court yard whether it was summer or winter for about 15 - 20 minutes. He used to walk with both of HIS hands held behind HIS back. He used to say while walking -addressing the seekers around HIM "I am a nocturnal being (Nishachar). He used to utilize HIS after dinner time from 11 to 12 o' clock for dictating letters. He had strictly instructed everyone that they do not interrupt HIS work! In case the audience felt something missing in HIS dictation, they were advised to mention it only after the writing is finished! He used to sit on a deer skin in the meditation room, in the outer portion of HIS house, with a chosen writer who had equipped himself with a small wooden desk on a small wooden stool.

Abhyasis who were witness to several of such incidents have said and I quote "It was most precious Divine moments we have witnessed in that Rev. Babuji used to sit with HIS knees bent- appear Himself to be away from us in that He was elsewhere - may be the outer world or the place of the addressee of the letters being dictated with HIS Divine face exhibiting brightest aura. The sad part is that only those whose perception, state of consciousness was higher could FEEL the panorama !

SELF-LESSNESS !

When Rev. Babuji's wife reached for brighter world, the news got wide publicity and guests, relatives, abhyasis started visiting Shahajahanpur. The situation was pathetic.

Rev. Babuji's children were too young. Shri Prakash, HIS eldest son was studying, the youngest Shri Sarvesh was only 2 ½ years, and Baby. Sarvesh was prone to ill health.

When Shri Rameshwar Prasad, visited Rev. Babuji's home in the evening. (Rev. Babuji had dedicated HIS book "Reality at Dawn" to Shri Rameshwar Prasad) all abhyasis sat around him. Shri Rameshwar Prasad then disclosed that "I could have transferred a few years of my life to Rev. Bhabhiji. But Rev. Babuji ordered me not to do so! To this, Rev. Babuji responded saying "Your precious life - Rameshwar is for Rev. Lalaji Saheb's work. You are my right hand".

Rev. Rameshwar Prasad disclosed that "Mathaji" (Rev. Babuji's wife) had been charged to such an extent that when women folk from neighborhood and others touched Mathaji's feet, at the last moment, they felt sort of jerk melting all their grief.

From then on Rev. Babuji took over the householder's work like hiring cooks, maid servant etc. The manner in which Rev. Babuji started executing the works was as if HE was doing it since a long time! He had virtually taken over all the work, from all house hold work to attending court cases, feeding fodder to cattle, managing His garden and agricultural lands, taking care of bullock-cart and bullocks etc. all! While doing all their work HE was deeply drowned in remembrance of HIS Master ! HIS was Divine dedication.

During these period of intense work, stress, HE revealed extremely subtle truth. I quote "The condition of simplicity contains that Divine POWER which can prevent anything from effecting our heart which can pollute our minds.

Continuing, this subtle thread of gyan, when an abhyasi asked Rev. Babuji "Enough and more has been written about "Gyan" - Knowledge in books. But, what is the meaning of 'Gyan' in our Divine books! Rev. Babuji immediately responded by saying "Gyan less gyan (knowledge less-knowledge) can be found only on the dust bed of "EGOISM" under the covering of patronizing shelter of Sadguru's sacred lotus hands". Many who could not understand were in ecstasy listening to HIS soft Divine voice.

Readers may kindly recall what is said earlier about a well-known fact that when Rev. Babuji was only 8 years old, whenever He was in the close vicinity of a patient's bed the suffering, pain, trauma of the patient would automatically reduce! Therefore, whenever any student, teacher was unwell (in His school) the Head Master would call for Chi Rev. Babuji, a young boy, to alleviate the hardship to the patient.

HIS LIFE WITH FAMILY MEMBERS

Rev. Babuji was very kind, courteous to elders and specially TO HIS mother. HIS lifestyle at home was based on ease of access to family, natural and practically compassionate. Instances of His being compelled to take up certain acts only to keep His family members happy are innumerable and legendary. One such instance was of His visit to the Marriage of HIS children's dolls! It was at the insistence of HIS mother He attended and participated in the marriage of dolls. His mother who was present at that time asked Rev. Babuji to apply tilak to the male doll's forehead, He obediently did it with reverence and moved out to use HIS Hookah!

Being witness to such anecdotes, once an abhyasi informed Rev. Babuji that they too faced such contingencies and that when they were asked to visit a temple with their parents, they said they would enter the temple and immediately presume that Rev. Babuji was present

in the idol ! Rev. Babuji advised them "Not to imprison HIM in Idols!" He also informed them that His Sadguru had brought me "FREE" and He wishes to be free ! As to the instance of application of Teeka on the forehead of male dolls, He told them that whenever He was compelled to perform acts of the nature, HIS mind would go blank and all actions of HIS hands, legs were without HIS knowledge ! He added that since His vision/sight was irreversibly blended - merged with His Sadguru, He would not be aware of any acts done by HIM !

WHO AM I ?

Answering a letter of abhyasi, Rev. Babuji said, I AM NOT A SPEAKER. BUT A SILENCER. Thoughts of good persons must be welcomed. Only I am left. Please consider me to be your servant, who sweeps the house and removes all dirt. Please consider Swamiji whose remembrance you often get to be your Master and me as your servant. I have no hesitancy in serving you and I deserve that the recompense for my service be paid to him. This will make my service noted in Nature's ledger as service done without any expectation: what I have said is true rendering of my own condition. The servants' thoughts will be on service and Master's on property. Service with the thought of serving Reality will not be available.

REMOVAL OF IMPRESSIONS

When we practice with fervor and with love, the effect of all past thoughts is removed and the old atoms of all past thoughts, removed and even the old atoms of the body drop off. New atoms grow in their place. Atoms go on transforming according to the person's thoughts and for those who are marching towards God with love, their atoms are transformed accordingly.

HUMILITY

When you attend SATSANGH, please pay attention to see if there is spiritual light in any Satsanghi there. I can only say that.

WHO AM I ?

ANSWERING A LETTER OF ABHYASI, REV. BABUJI SAID, "I AM THE TRUTH OF THE ORIGIN OF THE ETERNAL MANIFESTATION OF BEING".

I AM THE DISTANT CELESTIAL SOUND THAT CANNOT BE HEARD.

WHAT MATTERS NOW ?

Your thoughts, your light - you.

"Where is the time to be amazed at what I am ?

AN EVENING AT HOME REV. BABUJI'S REGIMEN

Rev. Babuji used to sit in the evenings in the veranda wrapped up in a grey blanket and puffing away HIS Hookah. He used to go on talking, answering questions. During such occasions, many have observed that He would suddenly become silent. On all such occasions, though not advised, abhyasis sitting around HIM used to emulate HIM by keeping silent. Many have later said that "In that state of silence by the group of abhyasis, each one felt a kind of comfort, a state of Bliss" - which can only be experienced - but inexplicable. Another feature of this state or condition was that abhyasis felt that Rev. Babuji appeared to have lost Himself totally. Later on, abhyasis were found discussing about such incidents and invariably each one of them endorsing a view that at all such situations Rev. Babuji was reportedly engaged in working for nature and during such time there was an eerie silence with an in-describable charm and subtle joy.

Often abhyasis were witness to Rev. Babuji suddenly shifting His state of consciousness to mundane activity like asking a volunteer to bring blankets for use by foreign abhyasis who were unaware of the fact that temperature in Shahajahanpur may fall to extremely cold causing hardship. I am told that once during the visit of Danish abhyasis it so happened that Rev. Babuji offered blankets to all overseas abhyasis, although they were less inclined to accept on the plea that they had their sleeping bags. But soon they found that they were no match to the strong cold winds! Thus they learnt that whatever is offered by Rev. Babuji, Master is to be simply accepted without demur.

REV. BABUJI'S ROOM IN HIS HOME

Rev. Babuji had a small room about 5 x 3 meters that faced/ open in to the main court yard. The floor of this room was covered with material. There was a cot at both ends left and right of this room. None were permitted to approach the one which was at the left side of the room. This was because it was here that Rev. Lalaji would come and meet Rev. Babuji. There was a small ground level writing desk at the Center of the room. Behind this, in the wall was a small window, often closed, which gave an opening to the back side of the house.

REV. BABUJI'S HOME

Rev. Babuji used to sit behind a writing desk, with his back to the window to conduct Spiritual Session - meditation sessions. New comers, and the westerners were finding it difficult to sit (squatting) in the room for Spiritual Session. There were occasions when overseas abhyasis, unaware of our culture, manners, sat stretching their legs - in front of them! On coming to know about such squatting being ill mannered, they were restraining themselves from it. Rev. Babuji used to be present there, just as a witness!

Rev. Babuji used to utilize the room in the evenings as HIS office for attending to correspondence. He would pick letters at random, draft a reply. Sometimes, he used to give dictation to a volunteer. Once responded, these letters were made up to a bundle, and wrapped in a old cloth kept hanging on to a peg in the top corner of the room. Sort of filing rack.

Rev. Babuji having visited overseas Centres was very keen that these abhyasis do not feel short of comforts while their stay in HIS house. Since He had a fairly good idea of their needs, lifestyle, He would, on his own, engage a cycle rickshaw, go to local market to buy tissue paper, toilet paper, fruits, vegetables and the like.

Rev. Babuji had another facet of HIS personality which is worthy of emulation. HIS behavior in day-to-day life situation is one of simplicity and change in HIS routine work. For Ex. Every morning and evening, He would walk around the place where the cows and bullocks are tied up, pat them, provide water to them, fill utensils kept with fodder as if it was HIS only work.

REV. BABUJI'S DAILY ROUTINE

Every day, in the evening, after returning from court, Rev. Babuji used to have some refreshments and call all to assemble at the garden. This Divine entity thus was attracting all seekers and all abhyasis were surrounding Him. Rev. Babuji used to take all of them and His children in a bullock cart to His garden. On reaching the garden He would pluck fruits, like guava, cucumber, green peas and give it to all around Him. Sometimes He used to bring some to His home also.

BABUJI AND HUMOUR

Rev. Babuji was a very humorous person, a rare phenomenon among saints. There is a general erroneous notion that saints should not laugh, be humorous, jolly. Rev. Babuji was an exception to this. He used to say man must laugh away the rest of life without which He will not be able to enjoy spiritual life. Once, He humorously said "Look, do you know why Jesus was crucified? He answered "Because He did not laugh even once in his life !" HIS humour was bereft of pungency, sarcasm. It was full of innocence.

Once Rev. Babuji visited Tirupathi with HIS permanent companion Shri Ishwar Sahai. They stayed in Professor Sahib Shri K.C.Varadachari's home. Rev. Babuji was hesitant to use hookah in the house of Shri Varadachri (since he was an orthodox Brahmin). But after some days He was compelled to ask. Shri Varadachri whether He could smoke cigarettes. Shri K.C.Varadachari readily agreed and said He has no objection. Rev. Babuji managed with smoking of cigarette for 3-4 days. During these 3-4 days Shri Varadachari went on asking questions to Rev. Babuji on philosophy. On the 4th day, Rev. Babuji said to Shri Ishwar Sahai "Master Saheb, we have to run away from this place now, since this philosopher is asking

me questions to which I cannot reply!" It is not known as to what Rev. Babuji did on the night of that day. Next day when Rev. Babuji was coming out of HIS room early in the morning, Dr. Varadachari sitting there by the door immediately caught hold of Rev. Babuji's feet and began to weep. Babuji with all HIS innocence asked him, "Why" philosopher.? What is the matter? Why are you crying? Then Dr. Varadachari said "Master, I am yours. You can use me in any way you like". Then Rev. Babuji told Shri Ishwar Sahai - Master Saheb, now take out the hookah! This man is trapped completely. This is one anecdote to show how Rev. Babuji dealt with humour in dealing with issues.

CHARADE AT CHANNAPATNA

In 1973 Rev. Babuji was in Channapatna, a town between Bengaluru and Mysore. Some of the abhyasis felt that Rev. Babuji should see Brindavan gardens near Mysore. Accordingly, some of the abhyasis took Rev. Babuji to Mysore. Brindavan gardens. It was late in the night when they returned. It was 1.30 am but still Rev. Babuji had not returned. All abhyasis: Slept. Rev. Babuji returned from Mysore at 2 am. Abhyasis requested HIM to have HIS dinner. He said what to eat? I don't feel like eating. It was 3.30 am when at the request of abhyasis Rev. Babuji ate HIS dinner. All went to sleep. Rev. Babuji slept on a cot. A few moments later Rev. Babuji asked an abhyasi, what is the time now? It was 3.45 am. Rev. Babuji said, "It is useless to sleep now. Everybody enjoyed this subtle humour.

GURU AND GIFT

Shri Sarnadji, the former General Secretary of the Mission once went to Shahajahanpur and stayed for a long time. Rev. Babuji narrated one incident regarding Rev. Chariji. Addressing Shri Sarnad, Rev. Babuji said "You know Sarnad, Chariji has written many books; of course about the system, about Me also. They are all informative useful books. But Chariji thinks that I have given him all the knowledge required to write. He does not know, pointing to HIS chest, there is nothing in me. There is no knowledge at all. So saying HE narrated a story.

"There was a monastery, Math, with a Samadhi or tomb of a saint. In that Monastery there was a Guru who was famous in that part. A disciple came to him to learn spirituality and therefore stayed with him for some time. When his education was complete and the time of parting came, the Guru gave him a gift of a young donkey and the disciple left this Guru with the donkey. Because the donkey was a gift from his Guru, the disciple took good care of the donkey. Unfortunately, the donkey died. The disciple was very sad and unhappy. The disciple felt that he is a sinner and hence he had to face this tragedy. Reconciling to fate he buried the donkey and sat under a tree without taking any food or going to the nearby town. Time passed.

People nearby, passers by saw this disciple sitting with his eyes closed. They thought he must be very hungry and started placing food / fruits near him. When the disciple opened his eyes, he saw fruits, food. He ate them. After some day's people started coming in groups, bringing fruits, food and a long que started to see /meet him.

The disciple thought it was because of his guru and his gift. Within a few months' people constructed a shrine around the tomb where young donkey was buried. This became a holy shrine. HIS popularity grew leaps and bounds. He became a Guru himself. HIS fame grew far and wide and his Guru came to know about this wondering as to how his disciple became so famous. He visited his disciple. He had to take appointment to meet his disciple! When he met his disciple, the disciple realized that he was his Guru. Regretting for having made him wait, he prostrated and made his Guru sit on a chair comfortably.

After mutual enquiry about each other, the Guru asked his disciple "what is the secret of all this ?" Your name and fame. The disciple said. "Sir please excuse me. So saying he took him to the tomb and explained that he is a sinner since he lost his gift, young donkey, which died". I have buried it here. The disciple so saying showed the tomb and apologized to his Guru. And he submitted that it was by the grace of his Guru that he has become a popular saint !

The Guru patted him and said "Don't worry my son. Don't feel sorry. And addressing his disciple he said" What do you think there is in my monastery? It is the mother of the young donkey I gifted you.!

This was the type of humour Rev. Babuji was using !

SHRI VARADACHARI VS. REV. BABUJI

Once during His visit to Tirupathi. Rev. Babuji said to Dr. Varadachari with a broad smile "You are a great thinker and a great philosopher. But, I can defeat you any moment". All the abhyasis present there were taken by surprise and curiously, smilingly waited for reply from Dr. Varadachari who in a humble way submitted to Rev. Babuji. "Yes Master". Now tell me how can you do it? Rev. Babuji responded and I quote "A Thinker or a philosopher is governed by mind and a saint is the Master of the heart. Heart is the play ground of mind". If we make the playing - i.e. heart thoughtless, then what will happen to the thinker ? All those who were witness to this incident had hearty laugh - including Dr. Varadachari.

DEVOTION

Once Rev. Babuji went to Fategarh with some abhyasis. It was mid - winter and nights were severely COLD. It was 1.30am when they reached. Some abhyasis suggested that

instead of disturbing family of Rev. Lalaji at that hour, they can stay overnight in Railway station and go in the morning. But Rev. Babuji was opposed to this since He was craving to see Rev. Lalaji. Then all decided to go to Rev. Lalaji's home. They all reached Rev. Lalaji's home. Someone opened the door and all abhyasis occupied whichever, wherever space was available without making any noise. Rev. Babuji got a place in the cow shed where by spreading a blanket and covering with blanket He slept comfortably. Next morning when Rev. Lalaji's son Shri Jagmohan Narayan saw where Rev. Babuji had slept and informed Rev. Lalaji about it,

Rev. Lalaji gave a deaf ear. He already knew about it ! Rev. Babuji had slept in Rev. Lalaji's remembrance and hence was free from feeling of cold - discomfort.

SPECIAL PERSONALITY AND PRALAYA

On one occasion a small group of abhyasis - 4 to 5 were sitting encircling Rev. Babuji. In one of HIS rare benedictive mood, HE asked the abhyasis whether they would like to experience the condition prevailed at the time of MAHA PRALAYA (Total dissolution). When instantly all the abhyasis said yes He asked them to sit in meditation and made a menacing, humming, sound. Abhyasis felt they were all rotating with high speed and then a great void, which was very fearful. Abhyasis felt that they could not bear that terrific condition though it lasted only for a few seconds. Then Rev. Babuji asked them to open their eyes and describe the condition.

Once (around 1961 or near abouts) a generous couple of Dharwar, hosted Rev. Babuji and few abhyasis. One day the mistress of the house informed Rev. Babuji that she and her husband had decided to donate their house to the Mission and requested Rev. Babuji to accept the gift which they would get it registered in the name of Mission. Rev. Babuji said un-concernedly that He would accept the gift but there was no need for registration. The lady then requested Rev. Babuji to place HIS hands on her head and treat her as HIS daughter.

Rev. Babuji was not inclined. The hostess was unhappy and moved slowly from Master's presence. After she had gone, Rev. Babuji said. "Look all my hands are cut off. I have no tie of relationship with anybody, even my children. I am always in my original condition and I have to step down from that condition to recognize people. Such being the state, how can I put my hand on her head treating her as my daughter. It means taking another new bondage for me". Abhyasis sitting there were dumfounded to hear this. Till then none had come across any saint who could say that all HIS hands had been broken and that HE had to descend a step down to recognize people. That is why Rev. Babuji always said "HE did not belong to India alone but to the entire humanity".

GOD

We don't see GOD as HE is. We see HIM in our view and impose "I" ness in HIM too!
GOD created universe to manifest HIMSELF!

THOUGHTS

- Our mind is in close proximity to our soul. Our Thoughts can therefore assume the hue of the soul, anytime at choice.

PRAGNA

- So long as PRAGNA – Divine Vision is not awakened, one does not get the knowledge of God.

MASTER'S SELF PROTECTION

- Because I am a gruhastha, people often come to test me. But I do not think any of them could form a good opinion of me. Really speaking, this is a strategy I deploy for Self-protection.

PRANAHUTI

- Panahuti means to make use of the power of the Centre or Divine Power of course. There are vibrations in it. But many people cannot grasp it. It requires practice.

HUMILITY

Rev. Babuji once visited Gulbarga, for the first time in January 1957. A doctor friend of Shri Sarnadji, who was following some other spiritual systems under the guidance of HIS Guru, met Rev. Babuji and asked HIM whether it would not amount to Guru. Droha (Sin against Guru) if he took up Sahaj Marg under Rev. Babuji's guidance. Rev. Babuji calmly replied, "Brother, I am not telling you to change your Guru. But, I think your Guru should have no objection if you take me to be your servant or friend". The Doctor was moved to tears. Such was the humility of Rev. Babuji.

HUMILITY AND CANDIDNESS

Once while surrounded by abhyasis, Rev. Babuji addressing Shri Eshwar Sahai Ji said now it is very cold here in Shahajahanpur. But, I have to travel to South India. But my coat has become very old! I have no monies to buy a new one! Shri Eshwar Sahai ji immediately responded by saying "Rev. Babuji please do not worry about this. I can arrange to get this coat un-stitched and by reversing the cloth the issue can be solved".

SIMPLICITY - HUMILITY

There was an abhyasi from South India who was regularly visiting Shahajahanpur every year with family and used to stay in Shahajahanpur, for a month.

During one such visit, while he was closeted with Rev. Babuji with a group of abhyasis in Rev. Babuji's home, a beggar - Baba - Sanyasi came to the entrance gate of Rev. Babuji's home and in a loud voice said:

"BETA TUMKO BHAGAWAN ACHHA KAREGA. EK DO PAISE DE".

Rev. Babuji seated amidst abhyasis, kept down HIS hookah, went into HIS room, took out a 25 paisa (4 annas) coin from HIS coat pocket and gave it to the BABA. With his hands folded – told the BABA.

"BABA, MAI BAL BACHE WALA ADMI HOON BHAGAVAN SE DUA MANGO MUJHE BARAKAT (Blessings) - DE"

People who were eye witness to this incident say that the Rev. Babuji's commonerism, humility, while talking with BABA was full of naturalness, simplicity, personification of a devotee.

REV. BABUJI'S SIMPLICITY

Rev. Babuji was an incarnation of Simplicity. None could ever imagine that such simple person had risen to the heights of spirituality. To the question "What is simplicity?". HIS personality was the answer. Rev. Babuji's personal life was not different from HIS public life. He used to always say "I appear before others as I am and service is my duty".

Throughout HIS life He considered Himself as an insignificant being and a humble servant of humanity. He never thought Himself to be a Guru nor addressed His disciple as disciples. He called them as associates. He was Humility incarnate. He did what HE said.

Rev. Babuji never gave credit to HIMSELF for anything but ascribed every success to HIS Guru Shri Rev. Lalaji. To HIM. Rev. Lalaji was a living entity whose physical presence was always felt. He used to say often "I cannot live without Rev. Lalaji even for a moment and Rev. Lalaji cannot express HIMSELF without ME". Such was the relationship. Whenever HE talked of Rev. Lalaji, HIS face used to bloom and shine with a unique lustre. One can understand Rev. Babuji giving credit to Rev. Lalaji for everything. But Rev. Babuji went one step further and used to say that the books HE wrote were in fact written by the abhyasis, who also imparted spirituality to Rev. Babuji !

As an ideal householder, HE was unparalleled in hospitality. He even rendered personal service, which many of us have experienced. This was HIS natural behavior sans pretence".

We say that Rev. Lalaji has merged in to himself in Rev. Babuji.

But even then Rev. Babuji used to talk about Rev. Lalaji as if He was a separate entity, with great respect, as if there was a difference between the two. This was because spiritual etiquette demands that one should practice Advaita to any extent in the 3 worlds but not with one's Guru. This is a lesson for us.

Saints are generally supposed to be serene and not humorous. But Rev. Babuji was an exception to this. He was very humorous and HIS humor was subtle, refined and enlightening. Ex. Once a seeker requested Rev. Babuji to tell him about his condition. Rev. Babuji informed HIM that HIS condition was that of ignorance. The seeker was displeased. Then he asked about the condition of Rev. Babuji. Quick came the reply "Complete ignorance". The seeker was very happy that his condition was better than that of Rev. Babuji! There is a world of difference between 'Ignorance' and 'complete ignorance'! Knowledge is valueless when compared to "Complete Ignorance". Rev. Babuji's ignorance was like that of a child. It is said in Bhagavata that a saint behaves like a child. Rev. Babuji's behavior was always like that of a child. He never gave precepts but showed and transmitted the condition in to the abhyasis by living that condition himself.

Rev. Babuji used to like ordinary human being, accept HIS mistakes. He used to say that "Human wisdom", is likely to commit mistakes". But HE never was on the human level where He could make such mistakes.

Once during 1960 or so, while in Dharwad, He told a gathering of abhyasis that "HE had to come several steps down from HIS level in order to recognize us. Rev. Shankaracharya, considering such conditions in saints has said in HIS SATA SLOK! (Book by Adi Shankara about fundamental truth in regard to Brahman, Jagat and Jiva) that the example of Guru cannot be seen in all the 3 worlds for HE is unparalleled and beyond comparison.

Minimum comforts and maximum spiritual benefits was HIS statement often made.

REV. BABUJI - MODERATION

Rev. Babuji had the innate capacity of hiding the pain, sufferings of humanity within Himself in His heart but was looking outwardly, poised. Not just this. Whoever had the privilege of being in HIS Samipya were drowned in ocean of bliss. The abhyasis surrounding HIM had the experience of listening to HIS sweet voice, smile emitting sweetness in to ocean of Bliss. This was also, often found to have reflected on the face of abhyasis. HIS smile, laughter was captivating and led abhyasis to feel themselves lost: on rare occasions when captivating sad glowing, the entire atmosphere would look discomforting with its reflection on the faces of abhyasis.

DOST AND DISCIPLE

Anything about personality, life style of Rev. Babuji without a mention of Shri Rameshwar Prasad Mishra is incomplete. Shri Mishra was a close associate of Rev. Babuji. Rev. Babuji had great love and respect for Mishra who was running a business in Shahajahanpur. Every evening he used to visit Rev. Babuji's home, spend time with abhyasis, and enjoy his time with Rev. Babuji. This was so much a daily practice that everyone including Rev. Babuji's mother used to call Rev. Babuji and Rameshwar Prasad Mishra as Ram and Lakshmana. One of the common factors with these two were their unique love which reflected in their body and actions. Many abhyasis were of the view that Rameshwar Prasad Mishra's face was always glowing with divine energy and his movements were a wee bit faltering since he was always overwhelmed by Divine Love. There were hushed voices of Abhyasis who were saying that Rev. Babuji was always bestowing HIS grace on Rameshwar Prasad Mishra who was progressing leaps and bounds. The common refrain of Rev. Babuji that He used to frequently ask Rameshwar Prasad Mishra "Rameshwar should I bestow on you the condition of ?" and Rameshwar Prasad Mishra used to always say "BHA! SAB – AS YOU WISH".

Rev. Babuji's interactions with abhyasis was both of oral communication and often by subtle nuances! He used to treat disciples as if they were given to His care as trustee by HIS Master. It was all the more so in respect of abhyasis who were associates/disciples of HIS Master. HE was treating them with so much of respect and care that it was as if He was dealing with HIS own Master !

LOVE - COMPASSION

Rev. Babuji was a embodiment of love and compassion, whether compatible situation or otherwise HIS inter actions with abhyasis, strangers were such that they were all treated equally well.

Discomforting disciples..

True to the adage that saints, seers and sages were all the repositories of human foibles and faults which they happily absorbed in themselves to maintain balance in nature, Rev. Babuji was no exception to this law of nature. There were innumerable, if not frequent, incidents where abhyasis, new seekers, curious persons attempted, created circumstances, situation where Rev. Babuji was embarrassed, made to feel the discordant. During all such instances ("Many such anecdotes can be found in Rev. Babuji's works, "The letters of Master") the simple, courteous way he dealt with those persons who caused it", the manner in which He ensured that these were not spread among others and the way He capped them with a lid was legendary.

MIRACLE?

I have picked a few such anecdotes and given a brief account of them elsewhere in this work. But the one which I am now detailing briefly is worthy of our learning, emulation;

There was this Brahmin who resided close to Rev. Babuji's house. Curious to know why many people were visiting Rev. Babuji's house each day and perhaps envious of Rev. Babuji's leading spiritual seekers to reach their goal, he once suddenly visited Rev. Babuji's home. As luck would permit, he met Rev. Babuji. Amused by his dress, simplicity, naturalness he in a tone resembling that of authority? said to Rev. Babuji "Oh being a kayasth you are teaching spirituality?" Rev. Babuji, used to such discomforting duels, kept quiet. Rev. Rameshwar Prasad Mishra being a witness to the incident instantaneously informed Rev. Babuji, "Bhai Sab I will take this Brahmin with me since I am a Brahmin and unable to bear the insinuation". So saying he immediately took the Brahmin with him to his house and took good care of him. The Brahmin was completely satisfied with the treatment. Then Rameshwar Prasad Mishra asked the Brahmin to close his eyes and sit before him to know - feel about Sahaj Marg and Rev. Babuji's power. Within a few minutes (say - 4 or 5) the Brahmin cried out loud started shouting "I can't breathe, please stop this I may die".

Rev. Rameshwar Prasad Mishra said "Do you now know the power of Rev. Babuji? You claim to be a Brahmin, you are not! A Brahmin is one who knows Brahman. Want to be REAL Brahmin? Come to Rev. Babuji.

As usual when Rameshwar Prasad Mishra visited Rev. Babuji's house in the evening, as expected Rev. Babuji was all ears and eyes to know what Br. Rameshwar Prasad Mishra did. Having heard him Rev. Babuji is reported to have advised Rameshwar Prasad Mishra "we don't display power. Please never do it again. "Sahaj Marg is only for realization - not miracles!".

BABUJI AND LALAJI'S - RELATIONSHIP

Rev. Babuji's devotion to HIS Guru Master was singular. HIS working on abhyasis, both external and intense subtle work, cleansing their hearts, extending Pranahuti, leading them to heights of spiritual progress were all unique. But, whereas occasions arise about the high impact of His work He would disown His role and would simply say "It is only because of my Sadguru Lalaji Maharaj's grace". The method and manner of giving credit to all His work and its results to His Guru was so much revealing that often abhyasis felt that it was Rev. Lalaji who in the form of Rev. Babuji working. By HIS being around with abhyasis, suddenly getting lost in HIS own thoughts, oblivious to the people around yet all made abhyasis wonder where Rev. Babuji was, when He returned. Though visible, seated quietly in HIS chair, He seemed to be not there. However often while thus lost in HIS working for nature when unwary un-initiated disciples suddenly sought His response to a query and the like, He would instantly appear to

look up in such a way that HE would appear to have not listened to the query but had turned His attention towards the person who had raised the query. Such actions were so common in occurrence that many sitting around HIM felt that when called as Rev. Babuji by them, He would appear as though He heard His name being called for the first time !

REV. BABUJI AND NEW SEEKERS

Rev. Babuji was very keen to talk about Sahaj Marg to seekers in a very natural way and listeners were taken to a state of inexpressible Joyous condition. Narration was such that the audience neither felt that Sahaj Marg was easy to practice nor were they made to feel that His benevolent voice, intent to explain the system was so much laced with divinity. Often listeners / seekers felt bliss. In all such talks, He used to wind up HIS address by saying "The practice must be such that the abhyasi feel drowned in meditation throughout the day". Readers might note that it is this power packed statement which explains the essence of Sahaj Marg to get itself embedded subtly in the inner most recess of their hearts.

HIS living style, HIS form, HIS talk, HIS apparent attitude, subtle expression of love, actions based on compassion - were all so much visibly felt that one wonders as to where was He keeping these inexhaustible features in His small frame of body and His heart. HIS Thadap, proactive work in anticipation of arrival of abhyasis always made Him look very young and dynamic. Commencing from the time of arrival of the train at Shahajahanpur till their arrival at HIS home, He used to be in a state of high alert attention, anticipation.

REV. BABUJI AND VISITING ABHYASIS

Once, it so happened that a batch of abhyasis from Lucknow forming themselves in to a small group left for Shahajahanpur! Since the train, for some reasons, was running late, they were compelled to partake their food in the train itself. What they all did was that whatever each abhyasi had brought was pooled and kept in a central place, accessible to all and they began consuming. Thereafter, they packed up whatever was remaining. The train reached Shahajahanpur late.

It was always the practice of Rev. Babuji that whenever news of arrival of abhyasis reached HIM, He would wait for their reaching home. He would in the meanwhile check arrival of train, arrangement of Tonga for local transport, food arrangements and the like. As is HIS wont He was up to this custom and soon when this group entered HIS home, Rev. Babuji rushed to greet them and said "I am hungry". Addressing the abhyasis who had arrived, He said what have you brought ? The members of the group were puzzled by this sudden event. Each one looked at the other and after exchanging glances, one of the senior abhyasi informed Rev. Babuji, "Dear Babuji, this time what we have brought is not fit for your consumption".

Pat came the reply from Rev. Babuji ; "You have each taken food by picking up by your hands. They are not those partly consumed!". So saying Rev. Babuji partook the food brought by the Lucknow abhyasis. It was a feast for the eyes to see the Special Personality eating food with abhyasis; Often abhyasis felt that their Love for HIM was much more than their love for meditation and other facets of Sadhana.

HUMILITY

During Basant celebrations, it was common scene at Rev. Babuji's house that while everyone was busy consuming food, Prasad, Rev. Babuji was found collecting used earthen pots, broken pots and keeping them all in a corner for being removed later. Such was HIS humility and when someone, un-initiated, not used to the ways of the world asked HIM, "Babuji it's our work, kindly leave that to us. He used to laugh and say - My Master has made Me a sweeper only!".

VISIT TO SOUTH INDIAN CENTRES

Rev. Babuji had HIS own travel schedule to take Sahaj Marg all over India and overseas. Each year during the end of the calendar year, He would visit South India and return by Mid-January. Those days, trains net work were few and getting reserved coaches was a routine challenge.

Before his journey to South India; He would ensure that all the members of family, their requirements/including children's education and expenses, admission to educational institution and the like were all planned and adequate sum handed over to family. A unique house holder's life style! He was, in all such travels was accompanied by one or two associates and generally Shri Ishwar Sahai. It was Rev. Babuji's plan that whatever arrangements HE was making for His family, His children, HE was replicating it for Ishwar Sahai family too.

Readers will kindly visualize Rev. Babuji's journey from Shahajahanpur to South India, during the period where weather was hot, travelling in un-reserved third class compartments, with its attendant discomfort. That is not all. While travelling, excepting at a few stations where He would partake food brought from home, He had to consume food from railway canteens, often, cold, tasteless. In addition, on reaching the designated place for work He used to get out of the station, often with none of local abhyasis to support, He had to drive a hard bargain with the tonga a delapidated 2 wheeler run by a single horse often, one with bones, cheeky, a slow moving one to very cheap rate place, lodge, travelers bungalow. At His age, with frugal food, tasteless, He devoted Himself to the cause of the Mission.

SPIRITUAL SESSIONS.

It was a unique privilege that Rev. Babuji allowed all abhyasis, those who were practicing since a very long time (so-called senior abhyasis) and freshers to join in meetings where the most spiritual or mundane questions were dealt with. In all such occasions, it was HIS way of reply, couched in Jovial way without giving room for anyone to feel He was not reckoned as also others to feel their enquires were taken better care than others. Often, during such meetings held at the court yard of HIS home, many abhyasis who sat surrounding Him felt reluctance to ask questions for they were all in a state of spiritual elixir.

To quote one such instance, once a meeting of the nature adverted to above went on and on till 12 o'clock midnight and still getting momentum. The issue, which was challenging, was insufficiency of funds for construction of ashram! The situation was such that they barely had monies to meet 2 day's labour pay out! The Trillion-dollar question was how to arrange monies since large part of the work was still incomplete. It so happened at that time that all had gone out of their mind in reaching a solution. After a sustained, silent but disturbing thoughtful condition, Rev. Babuji who was calm, cool, apparently unruffled by goings on relaxedly smoking HIS hookah suddenly kept HIS hookah aside and said "Nothing will happen". We will stop construction work! Continuing, He said, "It was Rev. Lalaji who gave this idea of construction of ashram. Now it is He who has to give remedy and get ashram building completed". So saying He got up and retired to HIS room to sleep. The agonizing question un-answered left every one deeply disturbed.

It was only at 12 noon next morning that Rev. Babuji looking at the post man who had entered His home for delivery of Mail asked him. "Have you brought any Money order for me? "When the Post man said yes Sir and gave the envelope that Rev. Babuji put on his spectacles, opened the envelope and announced". So our Rev. Lalaji has not stopped the ashram construction. He has sent a draft for Rs. 50000. He arranged for distribution of Prasad and cold water to Postman and said Rev. Lalaji has protected the interest of SHRI RAM CHANDRA MISSION. If he had not sent this monies, there would have been adverse publicity about the Mission in Shahajahanpur ! By dealing with such situations in a transparent, simple, natural manner Rev. Babuji was demonstrating that whatever the problem, if disciples love for Master is very pious and strong, the abhyasis grievance, will be transferred to his Guru in a very natural manner thus compelling the Master to help. But two conditions must prevail for such forays.

1. The work involved should be selfless community welfare oriented and,
2. The bond of love between the abhyasi and Master should be very strong based on "Love".

TELEPATHY - INTUTION.

One interesting, heart touching act, without parallel, was Rev. Babuji's ability-intuitively to know what questions abhyasis were about to ask and answer them before the questions were asked! This is a phenomenon which on an average all most all abhyasis have experienced. Yet more singular were instances of Rev. Babuji's answering letters of abhyasis before these letters of abhyasis reached HIM!

It is a fact, but painful one, that Rev. Babuji was suffering fools! What is meant here is that He was inclined to entertain abhyasis' questions however casual, simple they were! To quote, once it so happened that Rev. Babuji was closeted by a number of abhyasis. There was total silence. None was able to "be himself/herself" i.e. All were basking in the bliss of Samipya of Rev. Babuji. Some were closely watching Rev. Babuji as to what He might have been thinking or working for Nature. It was a voluntarily accepted norm that whenever Rev. Babuji was silent, lost in HIS thought, it was considered expedient not to break the silence, His thoughts and act like a bull in a china shop! However, unaware and being compelled by anxiety, inclination for a eye ball to eye ball meet up with Rev. Babuji some abhyasis suddenly sprang a question which ran something like this; Rev. Babuji, we are all eager and anxious to reach the goal, and as we know by your talk and actions that you are also interested in all abhyasis reaching their goal expeditiously. Then, why not bless us with your grace to reach the goal, all, at once? The question was simple, loaded with extraordinary urge to reach the goal. But the answer was simply lucid and extra-ordinary!

Rev. Babuji, calmly heard the speaker. Looking afar in to a distant land. He said "Yes", you are right. A lot of my efforts and still more specious your time is saved! But there are 2 issues to be reckoned:

1. If the condition of Reality is - bestowed all at once, it may not be palatable since it is like a stone without salt. None finds it as a pleasure and hence may avoid it!
2. Secondly, it may not be possible for anyone to ABSORB and withstand my power. This I also do not know about this since I do not know what My Master has made Me. I am afraid that any such effort on My part may result in the abhyasi ceasing to live! So until one develops HIS own ability to deserve, absorb and sustain power it would be dangerous. Some may think that they have attained the necessary capacity but the truth is otherwise!

Rev. Babuji had greatest humility and patience and suffered such questions of abhyasis. Yet, He did not discourage anyone from asking questions! Instead, He calmly without disregarding the questions would either jokingly or jovially answer questions some of which were prima - facie, foolish. To quote, once while sitting in the court yard of HIS home, surrounded by abhyasis, one prefect asked Rev. Babuji. "How to improve the reading power? Rev. Babuji answered this by saying "Make your heart a mirror, then whatever

reflection of the person before you will be visible to you to READ without your READING. Here it is interesting to note the REAL meaning (not interpretation) of Reply. Rev. Babuji meant that when the Prefect is devotedly engaged in HIS work, his attempt to read the condition simply gets done by the preceptor experiencing the spiritual condition of the abhyasi. Since preceptors are to start the work of giving sitting with the thought that it is THE MASTER who is the giver, there is no need for prefect to utilize his mind power to ascertain the spiritual condition. That is what is meant by Rev. Babuji's statement that "You can read the condition without reading".

To yet another question by a abhyasi. "How will one read his own condition? Rev. Babuji said" Go on looking at "Master" sitting in your heart. "The condition itself will speak to you". May be the replies appear not understandable! But strictly depending on the urge of the seeker to know the answer itself educates (experience), the seeker.

Abhyasis who had the Divine blessings of being with Rev Babuji, tell us that Rev. Babuji was always so cool, calm, natural, simple that it was more like a family get together. On His part Rev. Babuji was treating all abhyasis as HIS children. It was the practice at all centres where He visited, to greet Him with flowers, bouquets - especially made of Rose. Rev. Babuji was not in favour of such exhibition. He used to advise against such practices since He was of the view that it is waste of monies whether of abhyasis or Mission's. Whenever compelled, He would accept the garlands and give it away to sister abhyasis with a advise that He has neither smelled the flowers nor HIS body touched them!

NICKNAMING – ABHYASIS.

Rev. Babuji had a funny habit of calling some abhyasis by nick names assigned to them by HIM which were amusing! For Ex. for a North Indian sister who was a devout abhyasi, for some reasons known to the abhyasi and Himself alone, He would call her "Inspector"! Similarly, there was a South Indian preceptor, very agile, astute and go getter- who was called at (when the prefect was not in HIS eye sight) as "Kahan hai woh badmash?" Strangely in this case, every one of the congregation knew whom Rev. Babuji was calling! The fascinating matter in this regard is that the voice of Rev. Babuji and his facial expression, with a certain kind of love laced in to HIS words re-defined the meaning of the word "Badmash"! Not for nothing, therefore, many abhyasis were very eager to be assigned with such pet names and called like that !

SPIRITUAL EXPERIENCE - REAL - VS – IMAGINATION.

Once an abhyasi had come from Delhi to Shahajahanpur. It was such a happy co-incidence that there was only one abhyasi from Bengaluru with Rev. Babuji at that time! Meaning they

had easy access to Samipya, Saanidhya of Rev. Babuji. This abhyasi from Delhi was a high ranking official in Government of India. During his submissions to Rev. Babuji, he mentioned that while he sits for meditation, he hears a distant "Ringing Sound" in HIS ears. This sound he said was like 'Aum' being hummed. He had thought that this sound was "Anahad" and wanted Rev. Babuji to say so! But Rev. Babuji, so as not to embarrass him said, "It is better to get your hearing tested" by a E.N.T. Doctor...!

Yet another incident is about a sister abhyasi who came from Lucknow. The moment she entered Rev. Babuji's home, she voluntarily, started serving Rev. Babuji without allowing anybody else ! On the evening of 3rd day, she came to Rev. Babuji to offer her respects since she was leaving for Lucknow. She informed Rev. Babuji that recently her husband had expired thus leaving her time and inclination to always be in HIS Constant Remembrance and serving HIM. Not just that. She repeated this more times than needed! Listening to this, Rev. Babuji, straightened up, sat straight and told her - "All your efforts seem to be in taking care of your body and what concerns you. Please, instead, try to meditate regularly for remedy to your problems. The lady, left with a sulky face. The message was quiet and clear". "Real spiritual experience is feeling the presence of Master in the heart: Not projecting an attitude of serving Master which are illusory.

Readers may know that it was like a festival when Rev. Babuji used to meet abhyasis, either at HIS home in Shahajahanpur or at different Centres when He visited. It was a common sight, barring a few 'really' devout abhyasis, that abhyasis were making moves, physical, mental edging their way to be in close vicinity of 'Master'. I do not consider this a 'intrusion' on the time of Rev. Babuji simply because those who were in His close proximity seemed to have lost themselves blissfully unaware of hardship, inconvenience caused to Rev. Babuji and other abhyasis who were less fortunate in that they were by means and measures made to sit far from Master. Incidents of some overzealous abhyasis virtually seated close to Master and not inclined to pave way for others was not only common but also caused heart burns. Those who were victims of such nature were found sulking. Rev. Babuji was never a witness to such discomforting deeds since He was either lost in Nature's work or would gloss over. This, often, caused more agony than remedy.

REV. BABUJI'S - LOVE AND DEVOTION TO HIS MASTER.

The following is a interesting incident which indicate the Love and abject surrender practiced by Rev. Babuji. Rev. Babuji once received a telephone call and the caller asked;

HIM - "who is speaking?" Rev. Babuji in His usual way answered the caller "I am Ramchandra responding".

The caller immediately asked Rev. Babuji "Oh. You are Ramchandra speaking in a tone and tenor of Rev. Lalaji Saheb !".

Suddenly awakened by this, Rev. Babuji immediately responded - No - No. I am Ramchandra - i.e. one who serves Rev. Lalaji Saheb !

The caller, a lady who got totally confused later told us that the voice, tone of Rev. Babuji was such that He was with awe and devotion telling us that Rev. Babuji had totally merged in HIS Guru and both of them were on the same stature. It was Rev. Babuji's view that He was no match to HIS Guru including HIS name being similar to that of HIS Guru ! He was highly critical of any one mentioning HIS name as that of HIS Guru's.

Once Rev. Babuji visited the home of an abhyasi. Extremely happy about Master's visit to her home, the abhyasi in her zealous talk told Rev. Babuji " Babuji, your visit to my home has sanctified my home". You have showered abundance of your Grace on us. Rev. Babuji did not react. But on return to HIS home He told abhyasis who were with HIM as follows :-

Brothers, great personalities saints whenever they visit seeker's home bless the house with Divine grace. They also sanctify the house. I did nothing. When some abhyasis sought clarity in this regard, Rev. Babuji said " I HAVE NOT FELT THAT THERE IS A PLACE WHERE I AM NOT THERE ! MEANING THERE IS NO PLACE WHERE I AM NOT THERE !

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Having everything HE had nothing.

He derived maximum pleasure in making others happy.

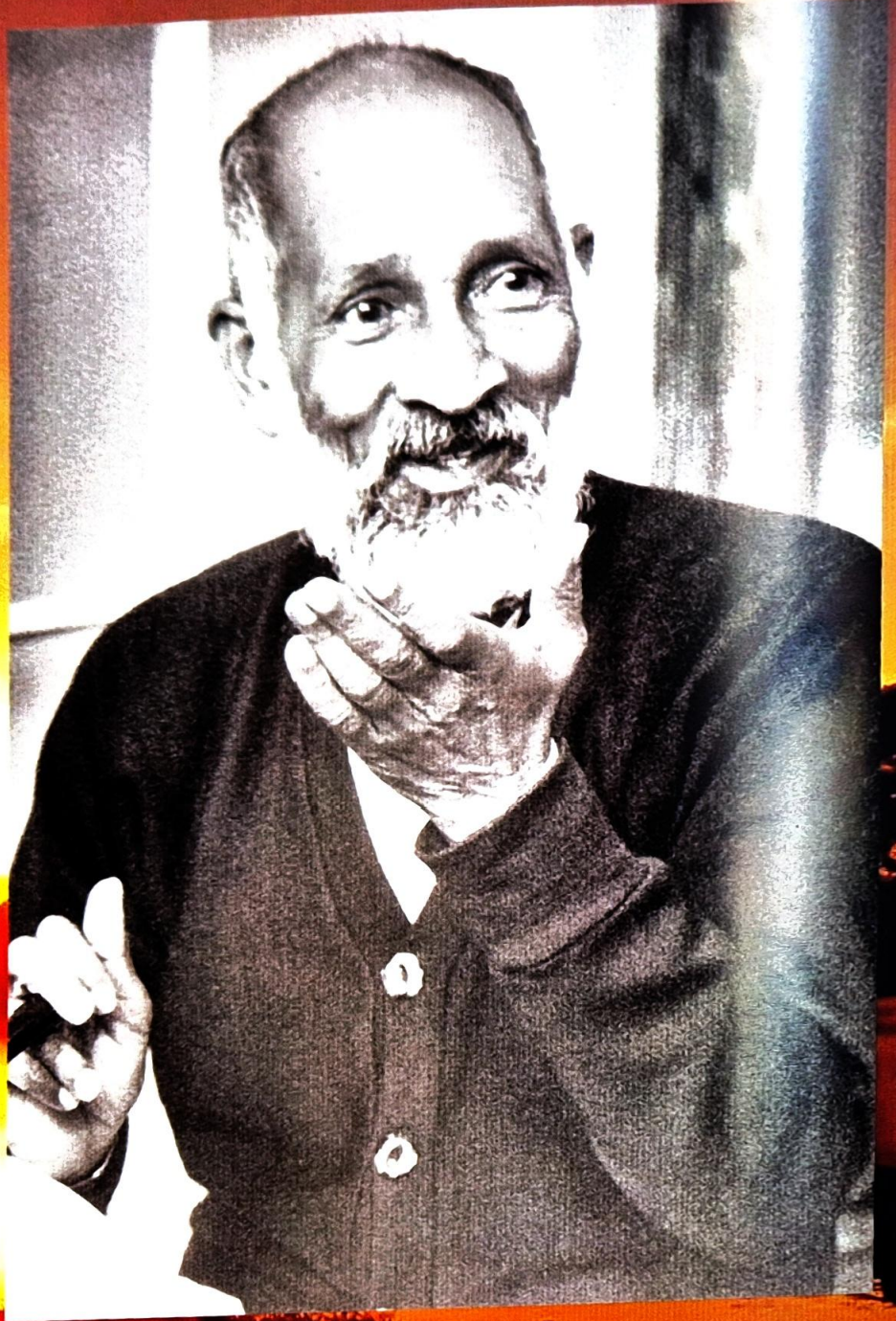
He knew everything but appeared to be ignorant.

He could do anything that HE felt like doing.

HE could not only liberate a cat and a cow,

But also could change the genetic pattern of the HUMAN RACE.

”



*If you succeed in creating an Echo in the Master,
He will start doing Constant Remembrance of you.*

A SPECIAL PERSONALITY

It is not impossible but a little difficult to know that MASTER is the Special Personality. To know 'MASTER' - a Special Personality, two basic, core qualities are required; One an open mindedness & two to be a devout abhyasi. Whereas, open mindedness frees from prejudice, enable the abhyasi to get his consciousness expanded, devotion and love drives one to the doors of abhyasi's heart & a cheerful fire burning in the heart. Spiritual literature has repository of esoteric knowledge gained by tuning our frequency to that of nature to listen to the 'Divine Hints'.

Rev. Chariji, talking about this subject, avers; "There seems to be a mysterious force of law working in the universe which ordains that where a sincere seeker exists, nature so modifies" the conditions of his personal existence as to make him a sort of magnet which inevitably attracts to him persons and events which will play a significant and active role in the furtherance of his search. As his personal search deepens, the law works more and more in his favour strengthening the force of attraction towards himself. Finally, at a stage bringing to his very door a guide and or a resource both of which will take charge of him and assume responsibility for his further progress on the inward path. True experiential knowledge is gained when the lover comes in contact with the beloved through a secret communication with HIM".

The aforesaid is quiet a common experience & knowledge arising out of this. Most of the abhyasis at some stage, at all stages would have experienced this phenomenon with or without their knowledge. I am sure a little introspection would definitely throw back the special feature of this condition.

In order to "Know the Special Personality, the one who is free from all bondages and limitations, one should associate oneself with Master, observe HIM, HIS lifestyle. In fact some suggest Meditation on the full form of Master for the purpose. People who have experienced Master - Hood in Master have said. Master may sometimes on some occasions appear as a ordinary human being but sometimes to discerning one appear as Special Personality extending His reach beyond human level. This can happen only when the seeker is a devout abhyasi and has his goal of human life set. For such an abhyasi, Master will go on appear to be super human being. It is the heart of the abhyasi which goes on giving indications about the greatness and super refinement of Master. This also depends on the sensitivity, love of the abhyasi.

Special Personality is born to carry out huge tasks set out by Nature, dependent on the Eco-spiritual state - or condition necessitating intervention by Special Personality. Whereas Avatars come for specific tasks, Special Personality comes for mass constructive and destructive action to bring in Balance in Nature.

Avatars come for carrying out specific Divine work, whether constructive or otherwise. They come for certain, particular - singular work and on its execution return to the source. Whereas Special Personality come for reigning in balance in Nature, to create mass awakening, to infuse spiritual esoteric norms in to planets.

Special Personality is also called Sadguru since He shows to mankind more, by His means and style of living simple, sure path for God realization. It is very interesting to note that whereas, saints and sages also preach and carry on work relating to God realization for masses, owing to their being not householders leading to non-exposure to the travails and troubles of a house holder, they may not be able to understand and reach out to the challenges faced by house holders. In the case of Special Personality, owing to His successfully living the life, both of a householder and effective spiritual life, He is well equipped to fathom the nuances and trials of a householder's life and thus effectively guide commoners.

In Sahaj Marg-one singular, distinguishing feature of Sadguru is that the Masters in Sahaj Marg carry within themselves a very effective Divine power called Pranasya – pranaha (Not the Prana in the ordinary sense. It is Pranasya Pranah mentioned in Upanishads) of transmission of Divine energy which they use in lighting up the dormant spiritual powers in mankind thus leading them to the path of realization. Yet another subtle but sure impacting feature of Sahaj Marg is that, practicants who practice devotedly are enabled to drop off all their grossness, impurities and all such other factors which tend to increase the sanskar of the abhyasi as also to attract all such activities, Upadis (enabling feature) automatically. In addition, the special feature of Sahaj Marg being "The Guru reaching out to help the seeker throughout his spiritual journey and also taking total responsibility for this devotee's progress in sadhana".

Religious and spiritual history is replete with a number of instances of some personalities who became immortal. Rev. Pathanjali in his Yoga Sutra says (Ishwar) God is the Special Personality, free from misery (KLESH), action (Karma) results (Vivek) and attachment (Ashoy). Rev. Babuji in HIS Auto Biography has cited many cases of seers, saints, sages who are working for Nature. HIS auto biography evidences a number of occasions where He was in inter - communication with such personalities.

Sahaj Marg literature penned by Rev. Babuji has put in a lot of evidence to show that HE was indeed a Special Personality. HIS lifestyle, attitude, compassion, love for abhyasi, inclination to help masses to reach their Goal in life all show that HE was a Special Personality. HIS utter simplicity, inclination to be an ordinary person, un-assuming humble way has all masked HIS Divinity.

A study of technological innovations, philosophical comprehensions indicate that the various happenings in the material world are due to non-material principles, which subtly tilts towards the idea of their being spiritual causes which are not easily understood. But humans continue to see similarities between the material and non-material perceptions. Whereas scientists are for use of law of Nature for material needs, sages and seers exhort humans to use physical forms to the spiritual reality for attaining the real goal of human life. This appears to be the constant fight between believers in immortality and those scared of mortality.

By linking our mental frequencies (thoughts) with that of Special Personalities we can conclude that 'Reality' is immortal personality. The ways and means to know, perceive, 'REALITY' is by focusing on the Special Personality while on meditation.

The utter simplicity of Rev. Babuji, His childlike innocence, naturalness, humanity, compassion, ability to perceive, purity in thought and action et all proves that HE was indeed a Special Personality and was the transmitter of Ultimate consciousness. May we the mass be guided by HIM to REALISE HIM.

It is a law of Nature that "Nature is subjected to cyclical changes (a kind of over hauling) to cater to the needs of times. It is a Divine design.

Rev. Babuji, in His book "Efficacy of Raj Yoga in the light of Sahaj Marg" says that "A Special Personality has already come into existence and has been at work. He also hints that such a Special Personality has commenced work from North India. Only those who have the insatiable urge to know about HIM, has the will to prepare himself against any odds to trace HIM can receive guidance from Him.

Though the law of Nature does not keep any secrets, yet it is the inability of the human mind to grasp it. This may be owing to a number of reasons like 1. Incapacity of mind. 2. untrained mind, 3. Mind becoming frustrated. If only the seeker pursues unremittingly HIS efforts with a strong will, one would start getting subtle but sure hints of knowledge and ability required to know.

Empirical studies reveal that, some Rishis, yogis by virtue of their super minds developed over a period of time, having their Kundalini awakened, are capable of reading the laws of Nature.

An earnest seeker, can, by linking his mind with a Special Personality, with the fire in his belly, with great anguish/urge can find the truth. Nature, being what its core nature is, reaches out to such seekers. The heart and mind of the seeker, being conversant that the chosen Special Personality is capable of guiding the seeker leads to goal. Then nature opens up, on its own, all its treasure of knowledge. Then the spirit takes over !

Having witnessed the role of this Special Personality in a very brief manner, now let us look into His comprehensive role, gamut of activity.

Basically, it is difficult to trace the facets of HIS role since the work accomplished by HIM are not easily discernible and is not fathomable to the materialistic mind. The other main difficulty is the veil He wears thus precluding others to see HIS action. Further, the Special Personality, as evidenced by historical, mythological incidents, "appears to be busy doing nothing". But doing everything!

True to the assurance given by the God that whenever the world needs, a Special Personality is born to set right the imbalance. (Bhagavad-Gita) Best Ex.: is that of Lord Krishna who was the composer of the entire high drama of Mahabharata, but sans evidence.

We are witness, especially during 1980 and 2020, to the destructive and constructive activity carried out by Mother Nature (Ex. Collapse of Iron wall, in U.S.S.R., Bamboo wall in China). All those having sensitive, internal vision clearly see the invisible hands working for changes in Nature. Only a Special Personality having human form can accomplish this task since/ only such a personality is equipped and empowered by Nature to carry out the task.

But, what was required was the benefit of such a Special Personality with such powers for advancement of Mankind. Hence comes Rev. Babuji with the concept of Sahaj Marg and transmission of Pranahuti. (a unique way of transmission of Divine energy) These intrinsic changes brought in by Sahaj Marg in the minds of seekers is an enormous work which only a Special Personality can perform. Therefore, these Special Personalities, are born once in 1000 years, bring out a balance in nature in a Jiffy! Their work is unfailing. The Special Personality is so much invisible in His actions that He looks like "Dead and gone", but carries out work demanded by Nature. He would have left for His heavenly abode but for His ordained desire that "He would strive HIS will to enable all humans to reach their goal. A popular asseveration of Rev. Babuji".

REV. BABUJI MAHARAJ; A UNIQUE PERSONALITY.

Readers may kindly observe from the descriptive narration of the incidents that the one who is sensitive, initiated can clearly discern the following traits in Rev. Babuji:-

1. Always in HIS silence, HIS communication, HIS statements, dealing with domestic issues, issues relating to Mission, spirituality, personal relations, conducting Himself as a ordinary person at Bhandars, marriages, and such other functions; He would be very natural, simple, appear to be a pillar of innocence, personification of simplicity. Abhyasis who were eye witness to such incidents have said.
2. That on all such occasions the body language of Rev. Babuji appeared to be utmost serious, yet humble in approach. HIS face turning up itself into a entity of absolute and emanating- aura of Divine bliss to such a extent that the abhyasis surrounding HIM were mute witness to the happenings. It was only when someone sensitive

and awakened detailed the actions of Rev. Babuji that all others felt that they were dumb witness to acts of God. But were unable to feel when it was happening in their presence!

3. The tragic part is that those who approached Rev. Babuji for resolving their issues also were unaware of the happenings.

Once, Dr. K.C. Varadachari* asked Rev. Babuji a question which was pregnant with intellectual knowledge. All the seekers/abhyasis who were sitting around Rev. Babuji became non-plussed ! Not just that! They were all with heightened anxiety and curiosity waiting for Rev. Babuji's reply!

The question was "Babuji you told us that when you were 6 days old baby, Rev. Lalaji transmitted to you and you could totally absorb this Divine power. We want to know as to how, as a 6 days old child you were aware that you were 6 days old babe!

Everybody's attention was on Rev. Babuji. He straightened Himself up; kept aside the hookah He was smoking and said "I was also watching the 6 days old babe. Further, He said that He was not aware of HIS birth and that the babe was drawing Divine energy from me!"

Abhyasis who were sitting around Rev. Babuji at that time describe this scenario as "we were all lost in Divine sight where His talk contained 'Purity of Thought', Natural - simple !

Readers, those whose consciousness has developed to a certain standard can easily not only visualize but also can feel the Divine drama unraveling itself simultaneously taking the witness to a highest special condition.

A Visible, felt experience about the nature and personality of Rev. Babuji is "He would respect all abhyasis and listen to their woes, encourage open minded men while at the same time keeping HIMSELF incognito and bestowing spiritual progress on every step the seeker proceeds. This was further supported by HIS encouraging the abhyasis affectionately with love."

* Dr. K.C. Varadachari was a distinguished academician, and held/occupied several positions including Professor of Comparative Religion and Philosophy in Shri Venkateshwara Orient Institute, Tirupathi; Reader in philosophy in Shri Venkateshwara University, Professor of philosophy in Sri Venkateshwara college and was the first Vivekananda professor of comparative religion. He was also the local secretary of the All India Oriental Conference in 1940. He authored over 120 papers, books. He has written commentaries on Upanishads. Considering his vast knowledge of the Darshanas, the Vedanta Desika Sampradaya Sabha awarded HIM the titles of "Darshana Pradeepa" and "Darshana Divakara".

The uniqueness of HIS bestowing grace on abhyasis with Divine substances is a hallmark of HIS subtle strategy. By ways subtle and means easily graspable HE was infusing among seekers the quintessential quality of being "Devout." A devout reader will certainly grasp this issue from the lifestyle, communication of Rev. Babuji. This aspect HE was demonstrating in all HIS talks, some apparently casual and more with HIS actions. HIS often used phrase or response to any one praising HIM for bestowing spiritual progress was "It is all on account of My Master". His frequent quote was "Since I saw Rev. Lalaji, I have not seen any one like My Gurudev".

Thus HE was sending out clear message that at each step, stage seekers should be forgetting themselves, in remembrance of Master. HIS statement that "I have not seen any one like My Gurudev" really means that the seeker should be so much devoted to HIS Guru that he should all the time be, forgetting himself in the remembrance of HIS Guru. This would avoid the malady of ego accruing to the seeker while he progresses:

Often it is experienced by abhyasis that Master a Special Personality being completely pure, appears as we think HIM to be. Further, being extremely compassionate, indulgent gives an impression that Master's silence, being a witness/observer is taken as a kind of approval to the liberty taken by the abhyasis. Abhyasis who are not sensitive, not tuned to their vibrations at the heart, mistake it as Master's sanction to their improper understanding and behavior arising out of this. It is rather by a difficult and a critical application of heart that one realises HIS REAL STATE and our oneness with Him, keeping in mind our frivolous, foolish perceptions.

Masters, display all human qualities since they have taken human form. But at the same time, they will be guiding humans to realise their goal and carry out the work of the nature. One can observe their loving anecdotes, behavior, humorous anecdotes, watching them shifting their state of consciousness from being very seriously lost in thought, displaying their presence as their own, oblivious of the environ and people around them. Again their sudden showing up activity orientation, wear different garbs based on situation et-al are difficult to grasp.

Those, unable to understand these features and their super human actions are likely to get themselves swayed by their own fanciful thinking and limiting HIM with their perception of success and frailties. One should be, under all circumstances, vigilant to observe, appreciate every facet of the Special Personality thus learning by His words, thought and gesture.

Abhyasis attachment to Master goes through various facets of refinement if allowed to be freely moulded by HIM. This attachment must be gradually cleansed off of its preserve, pleasure seeking habits, notions since the excessive pleasure derived by imitation of Master may develop grossness and perverse tendencies. Often one observes that a few who are physically close to Master, owing to their inclination to work voluntarily for Mission, develop ego narrow mindedness, jealousy which is suicidal. The more serious damage is that such

actions display wrong image of the Mission and its abhyasis. Such abhyasis, often are found to have abandoned or taken casually of their sadhana leading to serious setback in their progress.

Having glanced over the obstacles to the development of the state of oneness with Master, abhyasi should focus on Master's uniqueness of a state of oneness and its manifestations. When one considers Master as their own, the abhyasi develops a state of being in which he considers everything of His as his own.

It is vital to know at this stage, that abhyasis in this stage should take care to ensure that the feeling of oneness pertains to the essence of Master and not a feeling that he is personally close to Master. When this happens Nature ensures that Masters transmit the Ultimate consciousness to the abhyasi for his progress. Such lucky ones, are enjoined to be aware that even the slightest impurity in their lifestyle, self-orientation may deprive him of his progress. Thanks to the concept of Constant Remembrance - a unique feature of Sahaj Marg, the practice of which makes abhyasis realise that Master and Master alone is the real and only source of direction and guide. This awareness jettisons all self-centered complexities of the abhyasi.

Sahaj Marg literature reveals that experience of different spiritual conditions leads a devout abhyasi to the realization of the different degrees of the purification of the experience. Sahaj Marg system's special practices are such that normal day to day experience take up very strong refining and subtleness thus leading the abhyasi towards goal. Further, such results enable the abhyasi to obtain command over his own latent powers of thought.

CAUSELESS ACTION

Rev. Babuji, although most of the time appeared to be inactive, lost in HIS working for Nature, would perform functions which defy human understanding and reveal a mystical phenomenon in a simple, natural way.

During the course of the inter-action of the author with abhyasis who were contemporary of those Divine days revealed REV. BABUJI's causeless actions. Here are a few;

Once, in Shahjahanpur while being closeted by abhyasis, He suddenly turned towards a senior abhyasi and said "How much you have dissolved your own ego? From that day you decide your seniority in the Mission. Continuing, He said that in Sahaj Marg progress is one's ability to dissolve oneself and not to gain. Abhyasis present at the time of such revelations have disclosed that whenever REV. BABUJI made such revelations His face was radiant and the witnesses to such incidents say that they had drowned themselves in HIS LOVE. Often, wonder struck by such incidents, those who were present were all unable to understand the goings on.

On another occasion, looking straight into abhyasi He said suddenly "Forget about your sanskars". If you keep remembering them, you are bound to undergo it's suffering. When someone has come eagerly to liberate you from bondages, you should forget about them. Here again, witnesses to such incidents reveal that on all such occasions, they were totally lost and were unable to fathom what was happening. Needless to say that such incidents brought out nature's law of infinity.

REGULATING NATURE'S RESPONSE.

Once in Shahajahanpur, it so happened that THE Sun was very fierce. It was the month of June and unbearably hot. At REV. BABUJI's home, at the outer court yard, furniture, chairs, even cots were laid for abhyasis. Master Ishwar Sahai who was present said. "Babuji, it is so hot but there is no sign of rain as yet. This is right time for our fields to get water. Rev. Babuji as usual, lost in HIS own world, suddenly straightened Himself – said" is it? Saying this. He started looking up. Suddenly lightening started flashing in that very direction. Master Sahib said "Babuji" please look at that side. There were black clouds gathering and flashes of lightning appeared. REV. BABUJI- looking at that side slowly and as if ignorantly said 'Look at Rev. Lalaji's kindness. Reality of His saying was very apparent on His face. It is illogical that being dumb witness to such Divine intervention by an entity who is alive, He brushed it aside. A thought crossed the minds- can we call it as Divine Grace?

NATURES' GIFT

Credible information is available in the literature relating to Rev. Lalaji's dictates that when Rev. Babuji descended on earth, all Divine powers incorporated in HIM, were in dormant state. It is said that this was the reason for Samarth Sadguru Rev. Lalaji feeling the need for merging Himself in Rev. Babuji. This was to ensure transferring of Divine powers methodically in to Rev. Babuji commensurating with the growth of HIS psycho-physique. It is further revealed that Lord Krishnaji, Swami Vivekanandji along with saints of high caliber also started transferring their own powers and their work to Rev. Babuji. It was only Rev. Lalaji who keeping Himself aloof from His own Divine condition went on connecting those powers in HIS own self and then by and by went on transferring only that much to Rev. Babuji which His physique could bear. This is why Rev. Babuji always said- whatever I got it was all the gift of Shri Lalaji.

Once, while Rev. Babuji was resting, one abhyasi suddenly asked HIM, "Babuji is it necessary for saints to undergo sufferings and problems? Babuji smilingly looked at the abhyasi and said "Brother, what a disturbing thing you have raised at such a restful relaxing atmosphere". Then, He said. "The Master walks on thorns; what for? So that HE may pick up and throw away the thorns on your path so that it may not harm abhyasi.

Yet on another day while a group of abhyasis were discussing about Shri Krishna and Arjuna, Rev. Babuji said; "I have noticed that several abhyasis in our mission matching up to the spiritual condition of Arjuna. But the difficulty is none of them have the devotion and inclination to surrender to Lord Krishna like Arjuna. This is the lacunae which abhyasis have to overcome by their own efforts.

This is just one of such many relentless silent work Rev. Babuji was doing on abhyasis to awaken. His simple smile could depict that it was not in vain but was intended to instill Divinely blissful moments in the hearts of abhyasis. Surely, He must have been suppressing under His own body and mind the enormous pain and despair. For it was the purpose of His descending on this planet for the sake of humanity !

Rev. Babuji was found, sometimes, deeply involving Himself in seeing the greenery, flowers which ordinary persons would have overlooked ! This was so often that many felt that it was too much. Once one abhyasi finding that Rev. Babuji was obsessively involved in this, asked Rev. Babuji.

"Babuji when does merger occur? Rev. Babuji immediately responded "When it is needed or when the abhyasi attains Laya and the Master is compelled to bestow Baqa (A state in which the seeker permanently remains with God) to his spiritual life. Most often, educated persons think merging and Laya Avasthe to be same. But Laya Avasthe is a condition and depends on abhyasis devotion whereas merger is entirely dependent on Master's Grace.

To know about the Special Personality, the seeker has to proceed by observing the instrument carrying the personality. It is natural that the instrument is subject to Laws of Nature. However, the identity of Special Personality can be perceived by the work carried out by the Special Personality. Such work, through His manifestation are long lasting than His physical body which is subject to Laws of Nature. Seekers can however connect themselves with the thought and worries of the Special Personality by their association with such works. Therefore, it is beneficial for seekers to remember, practice the concepts introduced by the Special Personality and the behavioral pattern and life style of Special Personality. It is said that such Special Personality are willing to enter the temple in heart, the abode of the Ultimate to mould the abhyasi. During such time, it is very necessary for abhyasis not to fall in to the trappings of pseudo gurus. Once this is done, the seeker feels in his heart that the Special Personality is a true manifestation of Ultimate.

The personality of Rev. Babuji, a Special Personality consisted of physical, vital, mental, spiritual and Divine elements. It is said that each particle of His personality was divined, transformed in to its Ultimate which only a true seeker's heart only can understand. It is axiomatic that the personality of Rev. Babuji is always visible in the great edifice of spirituality i.e., Sahaj Marg built by Him on the hard rocks of purity, love and service. It is said that this edifice is charged with spiritual energy for thousands of years-inexhaustible reservoir of Divine grace.

Abhyasis who were physically and spiritually close to Him say that Rev. Babuji had a pair of mysterious, compassionate, beautiful eyes. His glance had that nature of effect that His face remained shining with the beauty of nothingness. At such moments, even the most learned, spiritually advanced people could not utter a word!

Once, Dr. Varadachari, who was a philosopher and a friend of former President of India, Sir S. Radhakrishnan, took Rev. Babuji to meet him. Shri Radha Krishnan at once got up talked to Dr. K. C. Varadachari but was unable to recognize Rev. Babuji who also kept quiet! Rev. Babuji was standing listening to their discussion. A little later when Dr. K.C. Varadachari introduced Rev. Babuji to Shri Radhakrishnan, hands were shaken and he asked REV. BABUJI what would He take? Later, on reaching home, Rev. Babuji said to Dr. K.C. Varadachari; "Doctor" when he asked me what will you have? What could I say: Our Rev. Lalaji has awarded me the capacity of bestowing mastery and powers of the BASE and at the same time taking any one to BASE and has not left any space to accept anything from anyone? So when he asked me what I will have, I kept quiet.

Listening to this, abhyasis around Him were speechless. Rev. Babuji continuing said "Today I heard the talks of 2 great philosophers. How could I interfere?" The persons who prepared them were philosophers. But the person who prepared me was a saint!

INTER-SE RELATIONSHIP WITH ABHYASIS

Rev. Babujis' innate capacity and desire to confer spiritual wealth on chosen abhyasis was immense and un-parallel. Once, seeing His brother disciple Shri Karunashankarji entering in to His home, He told His another disciple Pandit Rameshwar Prasad. "Rameshwar, this time Karunashankar has to be awarded the condition of KUTUB.* Shri Rameshwar Prasad responded saying; "BHAI SAHEB - have you thought it over? Rev. Babuji at once responded; "When the thing is to be given then why think it over?". Continuing, He said if by the thinking My mood of giving is changed, then will it not be setting aside Shri Lalaji's reward? I cannot do that. "Rev. Babuji thus displayed His respect, commitment to HIS Guru. Thus, He will keep this universe affluent with Divine light shining like rising Sun of Divinity. He always kept up Rev. Lalaji's Divine glory which is HE. Not just this. He also had such respectful loving attitude towards His brother disciple's associates. Whenever He saw His fellow disciples enter the gate of His home, He would at once get up to bring in their luggage Himself. He would not allow others to do this.

When abhyasis came to His home; He would ask the maid- Malin- to bring in their luggage. Often HIS fellow disciples would say "Our brother's nature of giving respect to us is exemplary for our abhyasis. It is rather difficult to analyse HIS grand personality by these incidents!

* A perfect human being.

In communicating with abhyasis also Rev. Babuji, had HIS own simple, natural way of expression. He would always ensure that no one would ever feel any embarrassment, prick of HIS saying. He never used negative words to make statements. Whenever any abhyasi asked HIM about HIS condition, He would answer in such a manner, often quoting HIS own experiences of similar nature thus making it acceptable to the questioner that such challenges were experienced, like him, by Rev. Babuji also. To quote one of such incidents, He once said that there was an occasion when being not inclined to meditate, He felt that Rev. Lalaji was keen to make HIM sit in meditation! So, He avoided looking at His face". A little later He lifted His eyes to find Rev. Lalaji's reaction! Seeing that Rev. Lalaji reacted saying "You have started avoiding meditation a lot! Rev. Babuji responded saying "My Lord knows it well".

Looking at the abhyasis who were all looking at HIM with rapt attention and to avoid wrong message, He continued saying "But brothers, I had done this only after completing My Sadhana".

Readers may note that such incidents and others dealt with elsewhere all lead to conclude that it is rather difficult to arrive at the comprehension of the personality of the Special Personality! None can find out the indications - lessons, reasons for HIS saying /actions.

Added to these, there was another enigma in that many of us have surprisingly found Him always associated with pain & pleasure. But HIS countenance, body language, words used in communication would never reflect !

One day an abhyasi asked Rev. Babuji "Babuji, what is your opinion about sorrow or happiness? Abhyasis encircling HIM, at this point, say they found on HIS face - a unique grandeur of Divine nobility! Rev. Babuji replied to this in a very natural voice. "Our Rev. Lalaji's reply on this topic is incomparable. So saying, pointing to the shawl which enwrapped HIM - He said" our Rev. Lalaji Saheb has said "Sorrow and happiness are like the two ends of this shawl. One end is joined with the universe; origin of creation is the symbol of eternal happiness and peace. The other end is linked with the world which appears to be the shadow of sorrow. Sometimes we enwrap with one end, sometimes with other end. In the same way we feel-sorrow-and- happiness. The truth emerging out of this is that Humans cannot remain aloof from both sorrow and happiness.

Those of us who have read books penned by HIM and His letters to abhyasis and other works would have found that there was always a glimpse of spirituality in all HIS communication. Be it conversation, letters written or address to abhyasis.

One day, when He was in one of HIS good moods, He said "Brother, I tell everyone to go deep in meditation but I myself do not know the meaning of it". Then He said "Brother, natural state of meditation is the deep condition of meditation. To attain this natural condition of Dhyana, one has to overcome the unnatural condition. Continuing, laced with sweetness in HIS voice He said. "Do you know what is natural condition of Dhyana is?" Replying, He said "The natural

condition of Dhyān is soul's attainment of Laya in God". Un-natural conditions are those which keep us from natural condition of Dhyān i.e. those things which keep us far from God. That means, Karan Sharir (causal body), sookshma sharir - subtle body is the result of unnatural condition only.

A mystique, surprising and magical nature of HIS answering the questions of abhyasis was that He used to answer these questions before the questions were raised by the abhyasis! Many abhyasis in general and one particular abhyasi was very keen to know as to how Rev. Babuji would know the nature of questions about to be raised by abhyasis! To the good fortune of the curious abhyasi – this was revealed when one night at around 11.30 pm. Rev. Babuji called the abhyasi. When the abhyasi was seated before HIM, the abhyasi suddenly saw a holy scene which was clear revelation of his curiosity! He saw an ocean of spirituality in which he saw bubbles were rising in that ocean. Those bubbles contained the faces of abhyasis - who all appeared to be begging something from ocean. Immediately within 2 minutes the whole scene got absorbed in HIM "wonder". Suddenly, HIS sweet voice came enquiring; "Now you must have understood it" ! The abhyasi was simply overwhelmed by a feel of the answer which was beyond the reach of humanity! It was reminiscent of Arjuna seeing Virat Roop of Lord Krishna! But, this abhyasi could be a witness to this and what is more, he understood the Divine secret and its creator! This would also mean that the abhyasi who was a witness to this had such spiritual condition enabling him to witness, perceive, and understand!

A GLIMPSE OF BASANT BHANDAR

Before the construction of the ashram at Shahajahanpur, Bhandaras were celebrated at Rev. Babuji's home. Kitchen, food preparations were all done by abhyasis. Breakfast was normally comprised of fried groundnuts and salt biscuits. Breakfast was being served in small leaf bowls. Tea was served in small mud bowls. Since all expenses were largely borne by Rev. Babuji, abhyasis were washing mud bowls used for tea, and use them till dinner and then throw away. It is with a sense of indescribable pain, it is brought out that Rev. Babuji Himself was collecting all left over food and feed cows. Abhyasis were ensuring that preparations were done keeping in mind that no wastages took place. There were abhyasis who were singers of songs engaged in preparation of food. This made the atmosphere Divinely charged and pleasant all around. Rev. Babuji used to witness this scenario in a happy mood.

After lunch, all abhyasis were sitting encircling Rev. Babuji who used to in a jolly-mood-recounting the practices of Rev. Lalaji Saheb sending Dholak. (Indian musical instrument-drum) for use by abhyasis with a wish "sing to your full". It's an occasion of great happiness. Often, He used to have tears in HIS eyes while He said that!

He used to say to abhyasis "Our Lalaji's voice being loud, contained such a melodious pitch that up to the place His voice reached, the atmosphere, appeared to be still and people

were getting lost". He was so much enamoured by Rev. Lalaji's life and His voice that on hearing the voice of an abhyasi' sister, He got pleasantly surprised and said "Oh Master Saheb, did you listen? Her voice in high pitch resembles that of My Master. Being extremely happy about this, He immensely rewarded the sister with spiritual progress. Then laughingly He told Shri Rameshwar Prasad- "Master Saheb! We mendicants (Fakirs) have nothing else to give rewards".

Rev. Babuji used to keep people/abhyasis around HIM very happy. Sometimes, He used to narrate some anecdotes containing essence of teachings laced with humour. One day, He appeared to be very happy and started telling story-about Saitan. Abhyasis encircling HIM were all eyes - looking at HIS Divine face. He continued His narrative. "One day a great man was crossing a culvert while walking and suddenly his foot collided with someone. He bent down and asked "Who are you?" The other one replied. "I am Saitan". The great man said "You are Saitan and you are lying at ease?" The Saitan replied "I have made thousands like me and that's why I am taking rest. All abhyasis started laughing at this. REV. BABUJI also joined the laughing stock. Then, after keeping quiet for a while, HE said "Now see when our Rev. Lalaji Saheb will give me time to take such rest"? After giving a pause, HE said "I want work from Rev. Lalaji so that HIS eyes may continue to be steady on us".

Sometimes, owing to lack of understanding, abhyasis were embarrassing REV. BABUJI. But, the creator of forgiveness, empathy would take it lightly as if nothing happened? Once, one abhyasi, a lawyer from Lakhimpur (Largest district in U.P., India, having its border with Nepal) shared all his problems and with a heavy heart submitted to REV. BABUJI. "That is why I can't sit for meditation regularly". REV. BABUJI, the symbol of heartedness and love immediately responded "Putti Babu" you do like this. Transfer all your problems to me and then you sit for meditation regularly. Wonder how the advocate could understand the significance of Babujis' statement! In his usual manner he said "Yes Babuji". This is absolutely right Rev. BABUJI said and added". "You will be going to Lakhimpur today and tomorrow exactly at 9 am you sit for meditation and have only one thought; i.e. all your problems are given to me". The advocate said "well" and went away.

REV. BABUJI was very alert always and ensured that Shri Ishwar Sahai was not present whenever He made statements like the one He made to the advocate. While abhyasis were wondering as to how REV. BABUJI could implement the assurance He had given to the advocate, the nextday. REV. BABUJI after finishing HIS bath etc., went to the Pooja Room, in the outer portion of the house, at 9 am. Master Saheb Shri Ishwar Sahai was sitting there on a wooden bed writing something on the table. It was an unwritten rule that none enters the Pooja Room except when called by Rev. Babuji. After 10 minutes REV. BABUJI came out of the Pooja Room shivering a little and His ever glowing face being completely devoid of Divine lustre. Abhyasis who were sitting there all stood up in panic. Seeing this, Master Sahib at once went close to REV. BABUJI and enquired with Him as to what had happened? After a little

while, resuming HIS normal condition, REV. BABUJI told Master Saheb "I had given time to Vakil sahib for Pooja. Perhaps all this was only because of that! Master Sahib, angrily said- "Why do you undertake such action? Then, REV. BABUJI replied quietly, "Whatever things were creating hindrance to his Sadhana have been taken by me! Now, he will be able to sit for meditation regularly. Master Sahib, at once, responded saying "Babuji-you have done it. But, the Vakil Saheb is bound to forget his promise". It is said that only 3 months after this incident that REV. BABUJI could get back to His normal health!

It is an accepted Divine order /truth that often Divine personalities including incarnation have to take up work to establish peace in this world. Often it was a fact that Rev. Babuji used to suddenly get in Divine mood and would tell all "Do keep quiet". Once getting in to such a mood, He said "Do keep quiet" and added; China is at war. The nature's orders are such and such. Or sometimes He would say about Bangladesh that "If such is the order, it will be certainly obeyed". But what happened later or what He did no one knew nor could ask HIM!

REV. BABUJI used to say "Master Saheb! Our Mehfil (assembly) starts after 11 o'clock – night. And looking at the abhyasis encircling HIM He would say "These are members of my prestigious mehfiles. Little did the audience at Mehfil knew, understood the Divine condition which they were about to experience and thus enjoy presence of the Divinity. The ocean of Love freely allowed Himself to be drawn in to the heart of abhyasis.

Once, Rev. Babuji while seated in the courtyard of His home smoking hookah, smilingly said, "See what Rev. Lalaji Saheb is saying. Nawab Sahib (i.e. Rev. Babuji) when will you have time to talk about work?" After a few seconds, getting in to a serious mood HE would say "Now tell me Nehruji's life is to be saved ! That is an order from above. But no time frame given! Having aroused and exhausting all restraints of curiosity, goaded by abhyasis, Master Saheb at last asked Rev. Babuji "Huzoor - how did you work it out? Rev. Babuji in his natural tone said- "What was there to do. I created - (brought) earth quake in that city so that the time will be postponed and the plot to kill Nehruji will be revealed". Next morning it was a sort of shocking - surprise for all abhyasis who were witness to this, to find in newspapers that an earthquake occurred in Calcutta and the group of people who had plotted to attack Nehruji were all captured!

It was a common experience of abhyasis that they simply were unable to understand the role, action, in-action, change in countenance, attitude of Rev. Babuji since they were beyond their comprehension, grasp. But HIS voice was so sweet, enchanting, compassionate, kind, divinely motivating that abhyasis who were in His presence were all in a state of inexplicable condition. It was only after they regained their awareness that they could understand what HE said. In a way lack of tape recorders, camera, videography all enabled abhyasis to be on high alert, tuning their state of awareness to such heights to feel Divine consciousness!

Wonder of wonders was that often Rev. Babuji used to narrate secrets in such a manner as if it was not a secret! Ex: One day He said "whole nation is in grief stricken due to Gandhiji's assassination but his end had began that very day when he was assaulted in South Africa. At that time, by nature's order, a saint had transferred his life to Gandhiji because he had to do that work which could not be done by anyone else. What can be said about the greatness of that saint, who, remained anonymous, but transferred his life to Gandhiji! The effulgence of 'Mahatma' he gained was only after that time. His heart too had changed entirely. Who could have understood these?

The following narrative is of an incident relating to certain disputes relating to the agricultural lands of Rev. Babuji which denote HIS Divine personality.

There were cases filed against Rev. Babuji's lands by miscreants. The case was at its peak and there were some valid points in favor of Rev. Babuji's side. HIS lawyer was advising Rev. Babuji to submit certain statements. (which were lies). But, Rev. Babuji was against this. Realizing that it is next to impossible to make Rev. Babuji utter lies, the advocate hatched a strategy. Accordingly he told Rev. Babuji you please make these statements and immediately, thereafter, you remember Rev Lalaji's name and all the sin will be washed off! Needless to say, Rev. Babuji disagreed.

KRISHNA JANMASHTAMI

Among the deities liked, revered by Rev. Babuji, the first place goes to Lord Krishna. The reasons gleaned are;

1. That Kaliyuga is ruled by Lord Krishna, the Yuga Purusha.
2. Study of Sahaj Marg literature, talks of Rev. Babuji indicate that it was Lord Krishna who ushered in the concept of Sahaj Marg.
3. Rev. Babuji's autobiography and such other literature clearly indicate that Lord Krishna was the central entity who besides being the originator, entirely gave a direction to Sahaj Marg, it's outreach, amalgamation of certain spiritual organizations, timely appropriate changes and mid-course corrections, intervention to make Sahaj Marg, acceptable to all denomination of humanity.

One can find from the tasks, actions and literature of Rev. Babuji that He was giving vital importance to Lord Krishna Jayanthi. Visitors to Shahajahanpur, on the eve of Krishna Jayanthi, reveal that Rev. Babuji used to observe whole day fast on that day. He did not advice abhyasis to follow this. Some abhyasis, on their own volition were fasting on that day. Same day evening Shri Rameshwar Prasad used to arrange for preparation of 'Halva', a sweet dish as Prasad. After a session of meditation, this Prasad was being distributed followed by tea session in the court yard of HIS home. The day after Krishna Janamashtami, Shri Rameshwar

Prasadji used to observe fast and conduct satsangh. Once it so happened that when Lord Krishna Janmashtami was being celebrated, Rev. Babuji suddenly left the venue (!) saying "If you want to observe you observe or leave it! Someone among the abhyasis, with rare courage, asked Rev. Babuji. "Why are you not joining the Janmastami but asking us to do?". Rev. Babuji with a simple expression, so natural, said "When Lord Krishna's power has been merged in the Divine, and then whose birthday are you celebrating?". The audience were aware at that time that some important unfathomable thing was happening! But could understand the innate Reality only to the extent of their state of consciousness.

One day Rev. Babuji was smoking His hookah in the verandah of his home. Abhyasis were sitting around Him waiting for Him to speak. Suddenly He said, "I will not permit any wrong notions to develop in My Mission". Once an abhyasi asked HIM, "why do you suffer by taking over our sanskars? At once, He said, "Don't talk foolish". Each and every suffering is not due to sanskars. i.e., if a disease happens due to sanskar, its reaction will appear before us in several forms. All the reactions are not because of sanskars. Secondly THE PERSON WHO IS BEYOND SANSKARS, HOW CAN ANY ONE GIVE HIM ANY SANSKAR?

When Laya Avasthe attains its purest form; a particular place comes when the sanskars leaving abhyasis turn their faces towards him in whom that abhyasi gets merged. The same sanskars get burnt at mere sight of Sadguru. "He never suffers from them". The neutrality of Sahaj Marg and the greatness of Laya Avastha bring us to such a holy path, where due to Shri Babuji's grace we, enjoying the spiritual stages, go beyond the experiences of happiness. People are ignorant about the possibility of approach to this Divine state has become possible.

INVERTENDO.

The captioned word – nay a concept was discovered, nurtured and used in spiritual communication by Rev. Babuji.

Whereas the word "Invert" meaning place / put upside down or reverse, place in opposite direction is well known, the addition to this word "ENDO" making it 'INVERTENDO' is purely a creation of Rev. Babuji. This word has been in usage largely in Sahaj Marg literature. Out of curiosity, attempts were made to know the origin, circumstances/anecdote if any related to this word drew a blank.

If I am not mistaken, it was Mr Ralph Waldo Emerson who once said "Although people tend to show up that they know X.Y.Z. of everything, in reality they are un-aware of A.B.C. of the matter. Similar was my fate when I looked for the origin, meaning of this word. Whatever was gleaned from knowledgeable people related to surfacial and not actuals. It was similar to seeker's explaining their experience of the state of Samadhi or brief on Reality. Matters such as these, at best be attempted to be explained by way of illustration, not by any other means. Herein below are certain instances to drive home it's meaning.

A new seeker, once had to attend a Bhandar. He requested for 3 days leave of absence from his employer by submitting a requisition in writing. He also presented to his employer with a copy of the book "Reality at Dawn". His boss took the book, gave a glance and threw it away.!

A few days later, may be owing to His taking a glance at the photograph of Rev. Babuji and touching the book "Reality at Dawn", he (the employer/ boss) suddenly developed irrepressible urge to join the Mission. As luck would have it, Rev. Babuji's visit to this place occurred. He, the employer was taken to meet Rev. Babuji. Immediately on seeing Rev. Babuji, this employer expressed his desire to join the Mission and requested that he be given 3 introductory sittings by Rev. Babuji only. Rev. Babuji, who was present at this place neither agreed nor dissented. He moved to a cot lying near by and stretched Himself on it –His face to the wall and His back to the seeker. When the new seeker insisted on introductory sittings, Shri Ishwar Sahai, who was present there advised the seeker that it would be improper to disturb Rev. Babuji while He was resting. Accordingly, the new seeker was advised to take sittings from Shri Ishwar Sahai. The seeker, agreed and had his sittings. The abhyasi, thereafter, shared his experience of the sitting by declaring "He did not experience anything"! Abhyasis present there were in hushed voices discussing about this and were of the view that "How can he expect any experience, having displayed such a pattern of behaviour! It is well known that greatest sense of devotion, sensitivity and humility are required to enter the portals of spirituality.

Dear readers, there are two aspects in the aforesaid incident. The first one is Rev. Babuji's silent action. The second is it is for sure, the new seeker would have understood the cause and effect.

Look at the working of the concept / principle of Invertendo here. One who threw the book, sought to join the Mission. He insisted that he be given introductory sittings by Rev. Babuji, but consented to taking sittings from Shri Ishwar Sahaiji. Later, he expressed his view that he did not experience anything during the sitting. But all these actions of him were loud and clear otherwise".

Taking a macroscopic view, the following is yet another way to understand the word.

IN the Katha Upanishad, Verse. II Chapter VI describes the eternal Ashwatha Tree with its roots upwards and branches downwards which is the pure immortal Brahman in which all these worlds are situated and beyond which there is nothing else. This inverted tree symbolizes that the entire universe originate from a single source. The roots of the tree are in skies. Wisdom and creative energy are dispensed to earth through branches.

By now, dear readers, you would have clearly understood that "Invertendo" simply means-Upside down or reverse !.

INVERTENDO - EXPERIENCE

It is quite a common experience that abhyasi's attempts to meet Master one on one are generally not a thorough success. However, on one occasion an incident of 'INVERTENDO' occurred at Surat, Gujarath. Briefly the facts of the incident are as follows:-

Long ago one Bhandara was celebrated at SURAT, Gujarat. Rev. Babuji had very kindly consented to visit, stay at Surat for a few days. Where as accommodation for volunteers and abhyasis had been arranged at appropriate places, Rev. Babuji had been provided accommodation at a rich, wealthy diamond merchant's home. The house was very posh and had marble covering all around including the flooring.

Yet, Rev. Babuji was ill at ease there. The reason was the householder's, the diamond merchant had misgiving about the impact/effect of Rev. Babuji's hookah & its ashes on the marble flooring! Therefore, He stage managed in such a way that the box containing the hookah was not opened at all.

Dear readers, we have all, with due exception, have been victims of ill luck in the matter of meeting Masters one-on-one ! It was a conclusion that only a few (!) fortunate were exempt to this scenario. In Surat Rev. Babuji's family, HIS son, daughter-in-Law HIS grand children, were all accommodated elsewhere were unable to access Rev. Babuji to take care of HIM!

Rev. Babuji, Himself, was unable to meet HIS family members.!

However, when, ultimately, HIS son, daughter-in-Law, managed to meet Rev. Babuji, HIS grandson is reported to have expressed HIS unhappiness by saying – I quote “Rev. Babuji MAINE APKE SURAT - SURAT ME NAHI DEK SAKA”!

FAITH IN MASTER

A veteran abhyasi / preceptor from South India, known for his extra ordinary skill in working for the mission, a devote abhyasi, very dynamic, once approached Rev. Babuji, and made a submission which runs along the following lines:-

“Rev. Babuji, I wish to go on a world tour. Kindly accept this one rupee note, bless the note and give it to me! With this blessed note I wish to go on world tour! Rev. Babuji looking at him affectionately asked him “Dear..... do you think that this one rupee note is more powerful than my blessings?”. Needless to say this is an instance where Rev. Babuji in a subtle way made the seeker aware of HIS GRACE.

ROCKET SCIENTIST

The first space rocket was launched to moon by Aerospace scientists. The rocket came out of the capsule but was unable to join again. The Astronomer's life was in great danger.

A senior abhyasi who was seated with Rev. Babuji, surrounded by other abhyasi narrates this incident as under:-

"We were all sitting in the veranda. By that time the scientist had sent the first space rocket to moon. The rocket came out of the capsule, but was un-able to re-join. Rev. Babuji sitting ! there said" let all of you be silent. Because our astronomer's life is in danger ! After a few minutes, Rev. Babuji said in spite of best efforts of our scientists, the capsule was not able to re-join the rocket.

Then, Rev. Lalaji Saheb gave instructions to Rev. Babuji to complete the work. Rev. Babuji promptly completed the work. The capsule was made to re-join the rocket. All astronomers were safe". Rev. Babuji started happily smoking HIS HOOKAH. Rev. Babuji advised all to listen to the radio-news; everybody heard the good news of capsules joining the rocket. All scientists were congratulated and praised by people all over the world. Rev. Babuji was also happy. This is an incident revealing Rev. Babuji's humility and working for nature sans publicity.

WATCHMAN OF UNIVERSE

This is a unique case of the MASTER of this universe manifesting- himself to show to only those who are tuned to the frequency of the cosmic power.

One abhyasi couple hailing from Karnataka were staying in Chennai. The husband was working in State Bank. It so happened that the husband had to go out of station, (from Chennai) on office work living his wife alone at home. She was not comfortable at this disposition but was helpless. Being a devout abhyasi she prayed to dear Rev. Babuji seeking HIS support/ grace to manage this situation.

After a couple of days, the neighbour of this abhyasi informed her of a man of medium height, with beard and walking stick going around the abhyasi's house. Frightened by this incident, which according to the neighbour was happening every day, our abhyasi sister scared to her teeth, made, up her mind to verify this nocturnal visit by being awake one night?

As stated by the neighbour, she heard sounds of the (tip-top) the walking stick! When the sound appeared to come very close to the main door of the house she, consolidating all her courage, called out loudly "who is that: Pat came the reply "My hu Babuji" overwhelmed by the tone tenor and the compassionate familiar voice of Rev. Babuji she opened the door and found none !

The intent to take care of the devout abhyasi's need and the humility in the act are pointer to Masters' protection both in the mundane & spiritual realm.

LAKSHMAN - REKHA

Once while Rev. Babuji was sitting in the court yard of HIS home with HIS Hookah lighted suddenly, "He started talking". Once I pondered over how Lakshmanji drew circular lines around the cottage of Sitadevi for Her protection when they were in exile in the forests. He drew lines around the cottage by HIS will power. He also included the element of fire along with HIS will power. When Ravana came near the lines and wanted to approach the doors of the cottage there was a sudden burst of fire from the lines, as such Ravana could not cross the lines. Rev. Babuji said that He was aware of one of our veteran sister abhyasi who experimented this & succeeded when dacoits attacked her house !

Further, Rev. Babuji said that the same sister abhyasi was once empowered to extend protection to a former prime minister whose fate was in danger. It is said that this sister abhyasi by utilising the protective shield Lakshmana Rekha guarded the former prime minister.

He recalled that once when HE was on tour to South India with HIS associate Shri Ishwar Sahai, this sister abhyasi, again by drawing a circular Lakshmana Rekha around Rev. Babuji's house protected the family from thieves & robbers.

HOOKAH - SPECIAL PERSONALITY

A saint is a target for the world's sorrow. Rev. Babuji was actively involved in cleaning off HIS accretion of Samskaras attracted from mankind by smoking HOOKAH. HIS smoking HOOKAH reflects/ evidences burning of all sanskars attracted by HIM.

As a Special Personality, Rev. Babuji was always involved in cleaning the universe of the sanskars.

MY PAIN

May these writings which have come out from the deepest core of my heart produce, impact such effect which is highly spiritually beneficial to all of you. May My Master BLESS YOU with HIS GRACE to enable you to seek THAT which is found to be very close to you. May be the fact is that YOU ARE THAT which you are seeking. Only burning desires and irrepressible effort can get you.

Every gesture and movement of HIS hand, there was a peculiar style of attracting seekers towards HIS inner self. He would sit silently for hours together except for the bubbling sound of HIS HOOKAH, profound silence enveloped the assembly of seekers. But, the moment He

felt that the audience were feeling bored, HE would begin talking and make the atmosphere a pleasure to audience.

FEELINGS WHILE ONE IS AMIDST REV. BABUJI

It is the general experience of abhyasis who always surrounded Rev. Babuji in HIS mehfil that one experiences a indescribable condition. One feels hollow 'INSIDE' and floating in the air! Body weight becomes light. While walking, one feels that his steps becomes faltered and fear of falling felt.

Yet another experience of abhyasis was that they felt that they are altogether in a different Divine world! One experiences that He/She has entered into an Unknown world of transcendental experience without being aware of it. Some say that one gets this experience by just remembering HIM. HIS departure from our company makes one feel as if one's heart has been plucked out.

PAIN

"When pain passes the limits of intensity, it becomes its' own cure".

YOU - ARE

Everything that you seek for shall then be found to be quite close to you, rather with you; nay, in fact you are yourself that which you seek.

DIVINE - COMMUNICATION

Make everything in you an EAR, each atom of your being. You will then hear, every moment, what the sources are whispering to you. Just to you and for you without any need for words or anyone. You are, we all are, the BELOVED OF THE BELOVED. And in every moment, every event of your life, the BELOVED is whispering to you exactly what you need to hear and know. Who can explain this miracle ! IT SIMPLY IS. Listen and you will discover it every passing moment. Listen and your whole life will become a conversation in thought and act between you and HIM, directly wordlessly, NOW and ALWAYS".

MIND - GIFT OF THE CREATOR

It is the rare and exclusive prerogative of the human race alone to be inheritors of the precious Divine patrimony to posses the most powerful instrument-viz the MIND. The first mind of GOD HIMSELF bestowing on humans the capacity to discriminate between the real and un-real and choose the best course of action to realise HIS OWN SELF leading to cessation of cycle of Births & Deaths.

NEOLOGIST.

My vocabulary is very poor. Hence, I am unable to name one very interesting trait of

Rev. Babuji in the matter of discovery/ creation of new words or use of a word in such a manner that it attracts public attention, is catchy and interesting to read, write and makes curious effect on account of the amalgam of words! To illustrate; Door-less-Door, Living Dead, more and more of less & less, peace of peace, freedom from freedom. Independence in dependency.

This is a singular discovery by Rev. Babuji and by use of such words, the requisite impact is made on the hearts and mind of the target group. In fact Rev. Babuji was well known for such discovery.

CHIT LAKE

Chit lake is situated on the forehead above Ajna chakra. This is the starting point of Brahmanda.

GURU'S POWERS

All the powers of the Guru are awakened in the representative as and when necessary. Even if HE is at a lower level than the abhyasis, HE can know more than others when a situation demands and can even give higher approaches. This is a special feature of SAHAJ MARG.

STRESS - FREE

There is an element of Gold in Tulsi and Bottle Gourd. There is silver in Adumbara- a type of flower. Sit below Peepul tree - stress goes off.

PRECEPTOR

Preceptors can dip individual minds of abhyasis in the cosmic mind. They can work better when they merge their minds with that of abhyasis.

CONCENTRATION

The MIND touches the soul when it achieves concentration. Then excellent ideas flash in it.

CENTRAL - REGION

The tip of the big toe of the right leg is connected with the central region.

LIBERATION

LIBERATION - is loss of both body and soul consciousness.

TRANSMISSION

POWER - is drawn from ATMA CHAKRA (solar plexus). Transmission should be given to the subtle body from the point of the soul. CARE: it should not be excessive.

LOVE

LOVE- alone connects us with GOD.

BRAHMA GATI

While in spiritual practice for long time, we succumb to calamities! What to do? " We should rise above the conditions of affliction and brighter side. God has graced good and bad to humans to keep them in a balanced state. Awareness of this keeps the aggrieved-free from sufferings. Pain is not optional. But it's sufferings are! i.e Brahma Gati i.e. attaining a spiritual form as good as that of God.

MIRACLES

Miracles are cheaper form of spirituality. Best miracle is transformation of a human being. In our Mission abhyasis can perform miracles. But the system does not make him aware of this. Miracles of Rev. Chaitanya Mahaprabhu, Lord Christ, had negative results. But their teachings had positive results.

GOD

GOD is one. So our path should be one.

Once an abhyasi asked Rev. Babuji "Enough and more has been written about "GYAN" knowledge in our books". Rev. Babuji immediately responded by saying "GYAN-less - "GYAN" (knowledge-less-knowledge) can be found only on the dust bed of "EGOISM" under the covering of patronising shelter of Sagduru's sacred lotus hands". Many who could not understand were in ecstasy listening to HIS soft Divine Voice.

On other occasion, answering a letter of an abhaysi Rev. Babuji said "WHO AM I ?"

Answered the question HIMSELF, "I AM NOT A SPEEKER". But a SILENCER !

And then there was a case of a senior abhyasi hailing from a town in North India visiting & staying at Shahajahanpur. Days rolled by, His wife, all alone at home. One night she found/heard uncomfortable sound & was in great fear. Burglars had visited & trying to enter the home! Out of panic & frenzy of fear-she prayed to Master & ran out to the back yard

from where a nocturnal sound was coming! To her bewilderment-Invertentdo-happened. The burglars on seeing her scampered. It took some time to know as to why the burglars ran away. She was wearing a white saree which the poor un-invited guests mistook for Ghost !

OMNI PRESENCE

Once one abhyasi went to Rev. Chariji Maharaj's home at Alwarpet in Chennai. Those were the formative days of Colour Television entering the Consumer Market. As he entered Master's home, he found Shri Chachaji, father of Shri Chariji, engrossed in viewing Colour T.V. with others. This abhyasi went in and occupied a lonely chair available there. After some time when he looked at the chair in which Rev. Chachaji was sitting - it gave him pleasant shock ! He found that in the chair in which Rev. Chachaji was sitting – it was NOT Rev. Chachaji but Rev. Babuji with HIS specs on.!

A few minutes later, knowing the purpose of the abhyasi's visit, Rev. Chachaji took the abhyasi to HIS room. When the abhyasi shared his experience with Shri Chachaji, he heard the abhyasi patiently. Then the abhyasi recalled his experience and a well known fact that wherever a prefect is at work, with due regard to his devotion and work, Rev. Babuji would invariably visit.

The aforesaid and the undermentioned incidents are recount of experience shared by a veteran abhyasi, now a free lance journalist. Respecting his wish, his name is not disclosed...

HE AND HE

About Rev. Babuji's Omniscience one abhyasi shared the following incident. When beloved, living Master Rev. Daji got His first appointment order and mentioned about it and the salary figure, to Rev. Babuji His response was "IS THAT ENOUGH ?" Perhaps, Rev. Daji acted swiftly on Rev. Babuji's response and started HIS own enterprise which was a run-away success.

It is believed that Rev. Babuji HAD FORESEEN Rev. Daji's future as "LIVING MASTER" and hence the response.

I say with the command of my conviction that "A Living Master like Rev. Babuji always showers (sans any indication) HIS LOVING CARE to abhyasis all the time. Further;

1. He was an excellent host .
- 2) He said "You must speak HIS (GOD) language. His language is thought plus feeling in it" Don't speak from mind. Use your heart.

- 3) He once said that there is a point in the (Human) system that when developed, enables one to understand all languages. Overseas abhyasis have, (Watching HIM) felt HE understood French. But he did not know a word of French !
- 4) He said "After some time, even the Master is an illusion". i.e. the physical Guru is an illusion because one day HE is due to leave. But the essence of the Master, the Divine Power is forever.
- 5) It is to be understood, that in some way, Rev. Babuji owned nothing, he had nothing and therefore He owned the whole world! He was giving us some of the world that HE owned.

REV. BABUJI'S EYES

Rev. Babuji's eyes were amazing. HIS eyes showed absolutely nothing. Yet one could look into HIS eyes and they would just go on forever. There was no resistance, nothing, no sense of judgment or anything there. They were like bottomless pools. They just kept going on and yet, at the same time, by looking into that pool, you saw everything. The whole world, all of existence was in HIS eyes. So although there was nothing in HIS eyes, there was everything. It was an incredibly baffling thing to look into HIS eyes and see that. None has ever seen eyes like HIS.

OVERSEAS TOUR

During one of HIS (foreign) overseas tour. Rev. Babuji visited Switzerland. It so happened that while Rev. Babuji was staying at the residence of an abhyasi, owing to lack of space including accommodation, the hosts had arranged for Breakfast, lunch to a number of abhyasis, some who had come without advance information in the lawn-garden (around the host's home) which was very Big. The hosts were also apprehensive of threat from Rain God! It so happened that rain started during Lunch time but stopped a few minutes later.

Then the host couple recalled what Rev. Babuji had told them once; I quote:

"I was once in a town in India where there had been a severe drought. As there was a cloud drifting Rev. Babuji made it rain in that area. Immediately Rev. Lalaji asked Him (Rev. Babuji) to stop since drifting clouds he had used was on its way to a country which had not received rain for over 6 years. After this Rev. Babuji, decided never to interfere with the weather again. Therefore, Rev. Babuji used to often say" He would not interfere with the Nature's work.

Getting Rev. Babuji ready for HIS bath was quite a job. What with rubbing/massaging with oil all over HIS body. He needed it since He had dry skin. During massaging of HIS body

HE would go on talking about everything from creation to dissolution. Usually the masseurs were local abhyasis and sometimes when HE went abroad or abhyasis visiting Shahajahanpur including Rev. Chariji, Shri Don Saborin took upon themselves of this opportunity. A sort of male dominated Mahoul. Interesting to note is that it was Rev. Chariji who was almost the sole masseur, hair dresser, beard trimmer. This included cleaning Rev. Babuji's dentures.

Not only this, often Rev. Chariji had to physically carry Rev. Babuji into wash room - give HIM western type bath, w.c. western commode-use-hot-cold water mix taps to arrive at bathable temperature water. This included transfer of technology of use of western commode, Bath-room appliances. Rev. Chariji, with HIS robust shoulders and with devout attention-dry wash Rev. Babuji's body with towel and also assist Rev. Babuji to dress up. What a travesty! The born human vaccum cleaner getting Himself cleaned by the potential successor to be!

MOST BELOVED TO REV. BABUJI

By now readers may be aware that Rev. Babuji used to sit at the entrance to His room, in His home, adjacent to the court yard and was always encircled by abhyasis where interesting, spiritually elevating discussions were taking place.

During one such congregation, Rev. Babuji suddenly announced, addressing a very senior abhyasi that "He would like to disclose a top secret!

Dear readers, abhyasis seated around Rev. Babuji always were of the view that 'BEING WITH HIM' was a greatest boon. In addition, having a opportunity to interact, talk to Him was considered as ELIXIR. On top of this, being a witness / party to "revelation of a secret" announced by Him, a manifested Reality was beyond Bliss. While everybody seated surrounding Him were all eager, all eyes and consciousness focused, Rev. Babuji questioned the assemblage. "Does any one know who is My most Beloved? The whole audience were exposed to a pleasant shock! There was a sudden explosion of Divine silence. Everyone were engaged in making their guesses in tune with their state of awareness.

After a spell of endured silence, Rev. Babuji Himself provided the answer. "It is the one who never remembers me."

By this time, readers would have recognised the mystical wonders of Rev. Babuji's communication, in that, He would reveal great cabalistical truths, secrets of nature holiest of holy revelations in such a simple natural way in words which are pregnant with subtle meaning. Any attempt to embellish, analyse, view it in different perspective would render itself impossible. Often it is found that such revelations made were not understandable to seekers who were since long involved (mind set) in complex approach to simple issues / matters.

Actually the answer should end here. But for the uninitiated, whose awareness is yet to grow, the following is the essence !

"While all were speechless looking at Rev. Babuji, totally drowned in His Saarnipya, Sanidhya, Rev. Babuji in a soft, clear, cool, natural voice said "It is the one who never remembers me". Because he has totally drowned so much in My remembrance resulting in my total attention constantly fixed on him. Hence he is dear to me.

FAITHLESS - ABHYASIS ?.

It is almost a common fact for abhyasis to feel dejected when their inclination for being with and close to Rev. Babuji was not materialising. One such incident which opened up vistas of Reality runs as under :-

Two overseas abhyasis from Denmark visited Shahjahanpur, with prior information to Rev. Babuji. On arrival they found that since the construction of Ashram was completed, and in view that certain addition, alternations were being carried out at Rev. Babuji's residence they were advised to stay at ashram, where, additional constructions had been carried out by way of rooms, some with Rev. Babuji taking great care and consideration keeping in mind the requirements of Overseas abhyasis. On arrival at Shahjahanpur, when they moved to Rev. Babuji's home, as usual, they were courteously advised to move to Ashram premises for stay. Having travelled a long distance to India, travelled to Delhi, to Shahjahanpur by car, these abhyasis were very tired and eager to see/meet Rev. Babuji' and be with Him. Having hosted Rev. Babuji's stay in the recent past, in their home, abroad, arranged for public meetings thereat, playing hosts to a number of seekers, they were confident that they had developed a good rapport with Rev. Babuji and hence expected to have a stay in His house. i.e. being in His physical and Divine presence. But, being advised to move to ashram was a huge blow which they could hardly bear with. Counseled By one Mr. Krishnan, a senior citizen Abhyasi volunteering as accountant at the Ashram et all, they were exhorted to move to Ashram. Having moved to Ashram and despite 2/3 days except for Satsangh these abhyasis had no access to Rev. Babuji. This was causing great heart break with it's attendant reactions. Having borne with these tantrums, all by themselves, they decided to go from Ashram to Rev. Babuji's home and present themselves before Rev. Babuji so that they will have a situation which would make it impossible to Rev. Babuji to make them return to Ashram.

Having made up their mind, they set out to Rev. Babuji's home for Satsangh (which was a regular feature everyday) and some how managed to stay back thus leading to staying at Rev. Babuji's home - a fait-accomplish and thereby manage to have a one on one meet. But, as fate would drive its plan, Rev. Babuji called these abhyasis after Satsangh and advised them to leave immediately to Ashram since there was going to be a severe storm and rain.!

Bewildered at this development, these abhyasis looked at each other, took a glance at the clear Blue sky without the slightest whips of a cloud in sight for miles around !. This was to them the proverbial last straw. Being products of western culture, ecosystems, they both jumped to a conclusion; they thought to themselves. "Who does HE think we are ? They surmised that Rev. Babuji was blatantly disposing them off ! Hurt to their bones, feeling totally rejected, all their aspirations ending up, they left with deeply and damaged hearts seriously worrying as to why and how Rev. Babuji, a loving and compassionate entity has become different ?

With such damaged, bruised ego, mental discomfort each one were in their mind reacting in tune with their temperament, emotional outburst. Having no options, they moved towards ashram. While on their way, passing through a shop street in Shahjahanpur, both thought that they would divert their minds from their agony and hence decided to do some shopping of items which are rare and localized materials. After consummating their buying, more for relieving the impact of their bruised heart, they reached Ashram, locked themselves in the room and started crying. Mr. Krishnan, the accountant of the Mission, resident of ashram finding them (abhyasi sisters) locking themselves without coming out for tea, went and knocked at their room doors. He was shocked to find the eyes of both the Abhyasis in red and tears rolling down their chin. To him it looked as though their tears had flown out and running past the lower crevice of their room door !.

After understanding their plight `Mr. Krishnan, realizing their predicament, could not restrain himself from laughing deeply thus hurting the overseas abhyasi sisters. After a few minutes, he told them as to how they could judge Master and His love ? Saying this he brought two cups of hot tea and gave it to them at the same time trying to counsel them. Since our abhyasi sisters were not finding it comfortable, Mr. Krishnan gave up his counseling effort with great reluctance and left the place wondering as to why he failed in dealing with the issue. .

Ten minutes later, after his departure, there was a turbulent, tremendous thunder storm followed by heavy down pour with strong sounds of pounding of rain. Mr. Krishnan, came running banging the doors of the room of our overseas abhyasi sisters. When they opened the door, he stormed in saying "YOU SEE WHAT HAS HAPPENED NOW." It was Rev. Babuji's forethought that to keep you safe free from rains with heavy hail storms hitting ground. So saying he left them non-plussed, gleefully leaving them ashamed and faithless.

PLACEBO

I think that many of us may not know about Placebo. It is a medical term. I believe owing to revolutionary changes taking place in the area of communication and data collection and owing to the arrival of artificial intelligence equipments, digitalisation there has been Sunami of

data-interaction decimation on account of which Mankind, today, is flooded to such an extent that one does not know what to do / how to use it.

But when we look back-say 1930's & 1940's information flow it was not as much and as easy today.

Placebo is a term used in medical science to describe a medicine or procedure prescribed for the psychological benefit of the patient rather than for any physiological effect. It is a substance that is not medicine, but given to someone "Who is told it is medicine".

The concept of Placebo was discovered by a British Physician-John Haygarth in 1799. It is astoundingly impressive to note that Rev. Babuji, used this concept way back in 1940's. Considering the communication facility then existing, technology then available for transfer of information it is really a WONDER AS TO HOW Rev. Babuji could access & use this concept.

Whenever HE was contacted by abhyasis about such discovery & Knowledge of new vistas/concepts HE would casually respond, as a matter of fact, that HE just gets Himself connected to the source & THAT'S IT!

TELEPATHIST

It was in June 1981 while I was working in a Nationalised Bank at Shahabad, near Gulbarga, Karnataka, that I was transferred to Delhi. Early 1981, I had gone to Shahajahanpur, U.P., India, to participate in Basant Bhandar celebrations. I had taken high tech photographic equipment with me to Shahajahanpur & took slides of interesting parts of the celebrations. Rev. Chariji was then the General Secretary of the Mission. I was very keen to show these slides taken by me to Rev. Chariji. In fact, I was in deed waiting for an opportunity to show those slides.

As luck would have it, Rev. Babuji, along with Rev. Chariji were at Delhi on their way to travel abroad-Europe. They were staying in the residence of Shri Mathur, who was in charge of Delhi Centre. Satsangs were being held on the lawns of the residence of Shri Mathur. Having moved to Delhi, on transfer by my employer a nationalised Bank, I was eagerly waiting to meet Rev. Babuji and to show the slides I had taken. Again lady luck played its pleasant game in that I met Rev. Chariji thereat to whom I shared about my prized possession – slides taken in Basant at Shahajahanpur. Shri Chariji readily agreed to the slides display after the evening Satsang.!

Immediately I started setting up my equipment so that in the evening display would not entail delay. Adjacent to the verandah of Shri Mathur's home there was a room where Rev. Babuji was sitting in a chair. After a little while, to have a better vision of Rev. Babuji I moved slowly to a window through which I could see Master clearly & started focusing on HIM totally.

Mean while a newly married couple went in to Rev. Babuji's room, got HIS blessings & came out. This was the opportunity ! Rev. Babuji all alone ! Being focused, my eyes, suddenly met HIS VISION ! A Gaze ! My intuitive mind told me that Rev. Babuji is seeking help to get up from the chair and move out in to the verandah. Immediately I got into action, swiftly moved to HIS room, held his right hand in such a way that I could lift HIM up and thus enable HIM to move to verandah. A youngster, abhyasi looking at my solo effort, rushed in and holding Rev. Babuji's left hand made the movement easy.

A small group of abhyasis who were in & around varandah, rushed in to engage with Rev. Babuji. It appeared to me that Rev. Babuji was intending to share some information among the abhyasis there. While Rev. Babuji was busy talking to abhyasis, I was standing there holding Rev. Babuji's right hand supporting HIM to stand ! Soon when the abhyasis moved away after talking to HIM- DID I REALISE that I was holding HIS hand. I recall with a state of Bliss that from the moment I entered HIS room, lifted HIM from HIS chair, till I took Him back to the room where HE was seated early, I was not AWARE – where I was, and what I was doing.

During this entire play of nature's game providing an opportunity to me to BE WITH HIM, TOUCH HIM, enable HIM to move to verandah, thereafter bringing HIM back to HIS room – to HIS chair all was direct descending of Grace. Whenever, I introspect about this incident, logic, common sense, intellect defies my understanding as to what made me to peep through the window to see "Eye-to-Eye" Rev. Babuji ; Assumed that Rev. Babuji wanted my support to move and my readiness to act. I believe it to be Telepathic communication. Wonder action without cause !

The aforesaid incident is a recollection of a purely Divine opportunity leading to Blissful encounter by a veteran abhyasi. Shri. C.G.S. Kamath.

REV. BABUJI A RESEARCHER.

The Research about which Rev. Babuji is talking about can be classified into two categories, one is Pro-active & the other re-active. It is unfortunate that the later -has made immense strides than the former. Roughly one can come to reasonable conclusion that this position has been in existence for over 400 years. As Rev. Babuji puts it, unfortunately this yard stick is applicable to spirituality also. It is more appropriate to say that RELIGION is more REACTIVE and Spirituality is more PRO ACTIVE.

Empirical studies reveal that accepting hearsay as truth is re-active and its opposite is spirituality. When one practices personal Sadhana, the result of which one becomes more PRO-ACTIVE.

Taking the initiative, practicing a spiritual system ,reaping progress therefrom by own efforts is Pro-active. A great deal of receptivity, sensitivity and following the precepts of the Guru are requisites in this regard.

In a nutshell one can conclude that the more one is in "I am" state , the less one gets and LESS one is "I am," the more one receives. To put it in the words of Rev. Babuji More and More of Less & less is the key.

REV. BABUJI & BLISS.

Although HIS MEHFILS WERE HELD daily, post dinner, starting from 10 pm and would go up till 12 mid night without showing any signs of exhaustion Rev. Babuji would with zeal conduct THE MAYAVIC play.

It was HIS demand that, what HE calls "The flow" must be there. The flow being the flow of HIS power in the text, the pulse, HIS voice, communication – so to say like the pulse of a piece of music. Without that flow, the words, voice, talk all are dead. Therefore not the words of Master.

This explains why reading HIS books, in HIS saamipya, in HIS communication / voice penetrate the hearts of the listener sending him to insightful state of BLISS.

REV.BABUJI – PEACE MAKER.

One DAY, Rev. Babuji had read in the newspaper that the Nobel prize had been given to Mr.Henry Kissinger. He looked a bit annoyed and said ' WHY DID NOT THEY GIVE IT TOME? Look at all the peace I have given to the people.'

The only thing HE (wanted) and we can give HIM is LOVE !. Simple and un-assuming, Un-conditional LOVE. Actually that is what HE had been giving us. Nothing but LOVE/

REV. BABUJI & HUMILITY.

Knowledgeable abhyasis have a profound belief that every utterance of Rev. Babuji was buttressed by HIS own actions. In Reality at Dawn, HE describes a Mahatma as the most insignificant figure, rather a neglected one. Yet another example of Invertendo.!

Once it so happened that a respected preceptor from Chennai had doubts about looking up at Rev. Babuji as Guru. The reason, Rev. Babuji was not a Brahmin! Rev. Babuji suggested a way out ! He offered HIMSELF to be a guard dog tied to the gate of this preceptor's house to protect him! HUMILITY !

This preceptor was so much religious that HE would perform Sandhyavandana in Shahajahanpur, in the presence of Rev. Babuji. Rev. Babuji, as is His wont, wanted to enlighten HIM! He asked the preceptor about the objective, significance of Sandhyavandana! He followed

this up with a practical demo! He made the preceptor to sit in an open space, partly covered by asbestos sheets as roof. While the preceptor was doing his chore, a part of the roof caved in and Sun's rays fell directly on the spot where the ritual was being performed. Rev. Babuji later explained that our ancestors were literally drawing upon the Sun's power during the ritual!

The following is yet another incident wherein Rev. Babuji in His own way showed His concern for abhyasis. This incident which is now being revealed is about a prefect based in Vijayawada, who was staying in our Hyderabad Ashram with his family members. Rev. Babuji who had come to Hyderabad on Mission's work was staying in a nearby choultry. When the people in charge of Hyderabad Ashram wanted to provide accommodation to Rev. Babuji at ashram, the preceptor with family was unmindful. When Rev. Babuji sent someone to inquire indirectly as to how long the preceptor would stay, pat came the reply – "As long as Rev. Babuji is in Hyderabad! Intrigued, Rev. Babuji kept quiet. What was more discomforting was the fact that the preceptor had forgotten to fasten the latch of the door at the rear entrance of His home in Vijayawada.! Rev. Babuji had to play the role of watchman also!

REV. BABUJI & CONCERN FOR ABHYASIS.

And then there was a case of a senior abhyasi hailing from a distant place visiting & staying at Shahajahanpur. Days rolled by. His wife, all alone at home. One night she found/heard uncomfortable sounds & was in great fear. Burglars had arrived & trying to enter the home! Out of panic & frenzy of fear-she prayed to Master & ran out to the back yard from where a disturbing sound was coming! To her bewilderment-Invertentdo-happened. The burglars it seems on seeing her simply scampered. It took some time for the distraught lady to know as to why the burglars ran away. She was wearing a white saree which the poor un-invited guests mistook for Ghost!

BABUJI vs. SHRI RAMAKRISHNA PARAMAHAMSA.

And then there was this case of a abhyasi from North India who chose to meet Rev. Babuji with prior communication. He visited Shahajahanpur, met Rev. Babuji and narrating his saga of sadhana sought from Rev. Babuji as to why he was not progressing in his sadhana ! He was so much emotionally disturbed that he went on to ask Rev. Babuji as to why, if Narendra could become Swami Vivekananda by a mere gaze between him and Shri Ramakrishna Paramahamsa, despite rigorous sadhana he could not progress let alone becoming a Realised soul !

Rev. Babuji, heard the abhyasi very calmly and coolly told him. My dear young man, ,May be you are Narendra, But I may not be Ramakrishna Paramahamsa !.

It was a commonly known fact that Rev. Babuji had a mystique, mysterious, unfathomable ability of knowing what lies in the minds of abhyasis. It is said that spiritual Masters, Special Personality who have this kind of rare ability can under special conditions with particular efforts, by use of certain apparatus can derive extra ordinary perceptions. Such abilities, it is said, are available for the ordinary humans as well. But they lie without being harnessed.

It is believed that such rarest of the rare skill, knowledge are nature's gift to those who have purified their hearts., Saints, Seers use this mysterious capacity to perceive Divine plans which become readily available to them. This revelation by nature are by way of mystical communion between two open hearted entities. No verbal communication takes place. between them. Communication takes place by way of vibrations and silence.

COMPLEXITY TO SIMPLICITY.

There was this incident of a high level secretary of Government of India, working in defense related matters at Delhi visiting Shahajahanpur to meet Rev. Babuji. During his meeting with Rev. Babuji this high ranking official, with the aid of sheets of paper and other paraphernalia explained at length to Rev. Babuji about the complexity of manufacturing, maintaining nuclear devices. After giving a patient hearing to his narrative, Rev. Babuji called for a slate (a black board used by primary school students, during those days, in schools for learning to write with a chalk piece, and drew 2 or 3 lines and in a jiffy explained the entire gamut of raw materials, process of manufacture, etc of nuclear devices which had been explained by the official from Delhi. The official was simply baffled !

Upon asking Rev. Babuji as to how He could now explain these matters so precisely, simply and with such ease, Rev. Babuji is reportedly said with a smile, "It is very simple. I just connect myself with the source and talk ". (My sirf source say jod letha hu and bath kartha hu).

A SENIOR VETERAN ABHYASI'S VIEW ON REV. BABUJI.

It is the experience nay felt discovery of abhyasis that His sayings can be understood only at the time when "That particular state of condition decends on the deserving abhyasi.

Once Shri K.C.Varadachariji submitted to Rev. Babuji saying "Babuji, you have written such small books and in such simple words that learned men will not even touch them ! Rev. Babuji immediately responded saying "One cannot write volumes on Reality. I have come with a SANKALP only because of that I have been able to write at least something otherwise what can be written on Reality?"

Rev. Lalaji used to say that Rev. Babuji was so much in Love with Him that whenever Rev. Lalaji thought of a need, ex. for water, without being told Rev. Babuji used to bring water and give it to Him. On my part whenever I felt that whatever conditions be bestowed on Babuji it was found that such condition had been granted just then. Rev. Lalaji used to say whenever I wanted to do, some work I always found that Rev. Babuji was already at it. Where else such symbol of love can be found ? Ramchander is another name for LOVE.

One day seated in the verandah of His home in Shahajahanpur, encircled by abhyasis, smoking His hookah, He suddenly kept aside His Hookah and told a very senior abhyasi seated near Him "My work is to make you reach the central region but to retain your stay there is your job". Continuing He said, The central region exists everywhere (every place). Ex. Heart is a centre but even that has a central point. Similarly Mind region also possesses a central point. These particular point provides us with alertness that unless you become a point -i.e. zero, you cannot attain Laya with the Divine. In a letter to a abhyasi Rev. Babuji had inter alia said "You may drink thousands of oceans of Divinity, but your inner should always be demanding more and more".

SENTIMENT vs. REALITY.

One abhyasi who was a regular visitor to Shahajahanpur and was meeting Rev. Babuji frequently had a weakness (?) of shedding tears while departing from Shahajahanpur to his home town. When such pangs of separation started impacting him, overwhelmed by emotional feelings he asked Rev. Babuji - "Babuji, is this really happiness of meeting which provides pain to heart and tears in eyes ? Rev. Babuji, who was lost in Himself said "This is not the happiness of meeting but it is just remembrance of separation. Later, He said "Look-how long we have been separated from our creator? We have no reply. But expression of pain in the heart, tears in the eyes!

IN HIS BLISSFUL SAANIDHYA (Close proximity)

Being in His saanidhya was always a elevating, enlightening experience. It was, therefore, the inclination of abhyasis to be always surrounding Him though often it was taking a toll on Him. During one such occassion, Rev. Babuji suddenly asked abhyasis seated around Him - "Who can tell the meaning of "where there is a will there is a way?". It was a Bhagavadgitha/ Upanishadic truth that being in His Divine Saanidhya abhyasis went in to a state of Divine Bliss and that too in such a state of ecstasy that in anticipation of His breaking silence, their faculties would have become numb ! It was also due to the fact that abhyasis were rather eagerly awaiting to listen to His sweet melodious voice than indulge in listening to other's talks. Often looking at eerie, stoic silence He Himself spoke to break the silence. "Where there is a craving there is a way ". Make a little change in it - then it's spiritual meaning will become clear

i.e. the craving is the way. i.e. the life spring (soul) of Sahaj Marg. This was a simple natural description of a adage coming from a Special Personality through simple words minced in essence of pure Love. Not just this. He turned towards a senior abhyasi and said "Dear ,have I said something Good ? As if He wanted the abhyasi to validate ? What can one describe this part of His personality? Humble, modest,demureness, mildness, unboastfulness? NO WORDS, VOCABULARY FAILS !

DIVINE SILENCE AND SOUND OF SILENCE.

What is now being written about as the caption reads is a futile attempt to describe the conditions of sound of silence and perception of sound emanating from silence ! It was often experienced , felt, perceived, insightfully discerning that while the world is in a state of silence,thoughtlessness and when He broke the silence in a normal natural way it was felt that the Divine current in the dormant state suddenly opening up setting in motion natural grace, a inexpressible aroma of Divinity, as if nature has woken up.

During one such occasion when He was in His state of cosmic consciousness or perhaps lost in carrying out works of Nature two new seekers came,sat with the group. After some time, having heard some discussions going on among abhyasis they chose to ask a question. Addressing Rev. Babuji they asked "Master, Your organisation is not a spiritual one because there was no mention of God in the talks we listened. Where there is no mention of soul and God, that organisation cannot be called a spiritual one. Here all are talking about YOU only". All the abhyasis sitting there were shocked by this development. All were eager to know as to what would be Rev. Babuji's reply. Rev. Babuji in His extremely patient,but serious tone said "Bhai" ours is the only spiritual organisation because our goal is God Realisaion only. My Master by His will power has introduced the Divine current in our hearts making it perfectly pure and fit for God Realisation by a strong support. Further,by Divine Transmission power He enables hearts to attain God by His grace. The last line of our prayer says "You are the only God and power to bring us up to that Stage". In our Mission the aim is not merely performing Pooja only but Realisaion of God is our Goal. If the aim of these persons who are involved in the talks is MYSELF ONLY and I do not know "Who I a.m, Then who will take them to their Goal? The goal of "God Realisation" is the life of My Sahaj Marg and I have descended on the earth to fulfil it. It is my responsibility. I do not want these people to get struck with idol worship only even though it might be the form of Sadguru even. Merely by talking about ME they (abhyasis) start getting the flow of Transmission automatically and this is the grace of My Master. Only then I could understand that the goal of spirituality should never be confined to the human level only. Remaining at Master's feet and living under His affectionate glance, one should move forward. Only then God can be realised by completing the spiritual journey.

ATTITUDE OF ABHYASIS.

Instilling confidence, courage and enthusiasm among abhyasis was a natural habit of Rev. Babuji. He wanted every abhyasi to be in happy, gay mood.

Once a sister abhyasi presented to Rev. Babuji a sum of Rs. 51/. Rev. Babuji courteously returned it to her saying "When you go home, distribute it to my children. Try to fulfil their needs". The sister felt aggrieved. She thought that perhaps the sum was too meagre ! This was because a few minutes before a rich and wealthy Man had donated Rs. 500/. and Rev. Babuji had accepted it.

Looking at her anguished face, Rev. Babuji said "Look here; This man possesses a lot of money. He has given Rs. 500/. out of that and in such manner as if he is not effected in the least. by his donation. But, in your case Rs. 51/. is so important that it will create a void in your family needs. May God bless you. On hearing this tears rolled down from the abhyasi sister's eyes. Tears of happiness!

Once during summer season, Rev. Babuji was sitting in the outer verandah at His home at around 12 noon challenging the extreme heat without fan and constantly using His towel to drive away flies. He was seated in a dispassionate way. Abhyasis encircling Him were pleasantly surprised to find that despite the hot Sun the heat of summer replaced it with the Love eternally flowing out of Him. After mutual exchange of salutations the conversation somehow veered towards family matters. An abhyasi who was a Doctor by profession, God knows how and why asked Rev. Babuji "It is general belief that man can be spell bound by "Manthras". (Mantras are the vedic hymns used in worship of God among Hindus, Buddhists.) Is it possible in your system too that a man can be fascinated by Meditation ? Rev. Babuji immediately responded. saying "Manthras captivate only. But My system makes the person alert towards his goal". The doctor asked again. "What is meant by obtaining Mastery through Mantras?" While the abhyasis surrounding Him were in a high state of alert - expecting the response from Rev. Babuji, He said "stationary state of limited power acquired by Manthras is called "Manthra siddhi". It is brought out that after listening to this all the abhyasis felt to be totally drowned. It is perceived that whenever abhyasis move to this condition, their sanskaras get out of them ! The doctor Sahib, the questionnaire became silent after that. Meanwhile, another abhyasi asked Rev. Babuji "When does Dhyana reaches its climax ? Rev. Babuji replied "When God starts remembering us ". Needless to say abhyasis were all again in a condition of drowning in His remembrance.

On yet another day, while seated amidst abhyasis, one very senior abhyasi said to Rev. Babuji - Babuji you are a unique person. You are such a great saint. But look at the old towel, old sandals and your lean, thin figure ! But, Mahatmas - generally we find are quite healthy ? Rev. Babuji smilingly responded "Rev. Lalaji has given what a wonderful wealth of spirituality

to this wearer of old sandals. And I am distributing the great wealth to all and sundry through Sahaj Marg.

The following incident relate to the pre independent days. During rounding of those freedom fighters who were conducting dharnas. Unfortunately a unwary abhyasi was mistakenly taken hostage. HIS pathetic pleadings that he is in no way connected with freedom struggle went unheeded. The person was crestfallen and was locked up in the local jail. He was frightened to the bones and having none to help him prayed to Master.

Lo and beold, the Jail Superintendent made a abrupt nocturnal visit to the jail at 2 a.m. went straight to the abhyasi hostage, enquired with him about his antecedents and being satisfied, let him off. To this day none knows who was that Jail Superintendent!

MIRACLE AT MUNICH

Those were the days when "Reality at Dawn" had been just printed and published in India. It was being well received not only in India but also abroad. Abhyasis from Germany expressed their great need to get it translated from English to German and printed in Germany for their use . Those days the Mission's funding of such projects were not a easy proposition. Enquiries by German abhyasis at their printers revealed that the cost of printing was too high to fund. While negotiations with several printers was on the anvil, one day one of the printers called our German abhyasi who was connected in getting the printing done and expressed his inclination to accept the terms set out by German abhyasi. After necessary formalities were over our German abhayasi asked the printer as to why and how he offered a rate favourable which he had denied all along. It is reported that the printer told them that one of our abhyasi, a old man with beard had come to them and sought the rate to be negotiated at terms which was favourable to both. When the German abhyasi showed the printer the photograph of Rev. Babuji, the printer is reported to have accepted that it was this old man who had visited him and pleaded for a rate which was advantageous to both. The photograph was that of Rev. Babuji.!

VOICE REAL..

1. The only message of 2 words I want to extend to all humanity is 'FORGET YOURSELF'.
2. Just as God is beyond definition, So is Pranahuti.
3. Whatever work you do, think that it is God's order ; hence it is your duty. By this, the state of Constant Remembrance is maintained and as a result the formation of Samskaras will completely stop.

4. It is good to avoid struggling with circumstances and judging them adversely. The outer circumstances, in that case, will lose their intensity and cease to trouble you. To be unmindful of them is the surest remedy for all such evils.
5. Every abhyasi of Sahaj Marg can transform others. This is the speciality of Sahaj Marg.
6. If you succeed in causing an echo in the Master, He will start doing Constant Remembrance of you.
7. God is not to be found within the field of a particular religion or sect. He's not confined within certain forms or rituals, nor is He to be traced out from within the scriptures. "HIM" we have to seek for in the inner most core of our heart.
8. After Proceeding a long way in spirituality, consciousness grows subtler and subtler, till it turns in to potentiality itself. As soon as we get rid of it, we reach Reality, pure and simple.
9. My heart is hidden in my writings. Hence, people are affected and influenced by them and all this due to the Grace of God.

REV. BABUJI AND HIS CORPOREAL VEIL

Rev. Babuji's relationship with His body was strange. In winter, when most of the time, it was cold to even North Europeans, Rev. Babuji was in His chair wearing His thin dhoti, old sweater wrapped in a blanket with bare feet. He seemed to be unmindful of cold. When one abhyasi was assigned the work of reminding Him to wear warm clothing, He was annoyed and discouraged the person.

Little did we realise that it was more because of intrusion on His time while He was involved in working for Nature!.

NATURE'S WORK

During the war with Pakistan (during 1971), relating to Bangla Desh, abhyasis who were in Shahajapur at Rev. Babuji's home were not getting much information about the war. But, being with Rev. Babuji they were of the confidence that they were safe and calm.

Once, while Rev. Babuji was seated amidst abhyasis, suddenly HIS countenance changed. As opposed to calm cool conduct, He became restless pacing up and down like a tiger in a cage.

He got a old radio installed in His room. Glued to radio, He sat very close to it.

Then one morning, when He was sitting in the Sun, reading the Newspaper, He suddenly put His Hookah down in anger. Turning towards us, He said with rage in His voice, "The Pakisthani soldiers are killing women and children. They are outraging the modesty of women. He was really angry and went on. "Now God has turned His back on Pakistan!

After these remarks, He got up from His chair and told abhyasis to come for meditation - went in to His room followed by them.. He threw a blanket around His shoulders in a most impressive way and said "Please start Meditation". The tone of His voice making us almost prefer to do anything but that..

One or two days later, when an abhyasi was sitting alone on the terrace, while Master was placing up and down as restless as ever suddenly He stopped in front of His Hookah, took a deep puff and seemed to be far away apparently lost.

For a moment, He stood as if made of stone. Then He shook Himself, up, got out of that condition and said "I had just been to Pakistan. I saw so many weapons lying on the ground, but there were no soldiers. Continuing, He said "I don't know the meaning of these".

Yet on another day, when some of the abhyasis were all standing with Him in a small group near the borwell handpump, in the court yard, He said " Everything is governed from India. Then added after a pause. Everything is governed from here. Later on He explained to show the major events of the world would be supervised by someone in India- if God Commanded. It is because there is none in west to take care of such responsibility.

DREAMS

There was one abhyasi who knew about Dream cognition. He was of the view that dream knowledge was real. To support this he narrated the following:-

Once an abhyasi from South India went to Shahajanpur to see Rev. Babuji. He met Rev. Babuji and submitted to him, "Babuji, I am frequently getting a thought that I should kill my Father, I am afraid that someday I may kill him! Please help me.

Rev. Babuji asked him "Why ? Don't you like him ? The abhyasi said, No Rev. Babuji. I respect him. I love him.

Rev. Babuji asked the abhyasi, "Did your father ill treat you?" The abhyasi answered in the negative and added "My father helped me in every way. He gave me good education. Today I am what I am because of my father. I am afraid what will happen in future, if I kill my father.

Rev. Babuji told him, "Do not worry, have something to eat and go to sleep".

That night the abhyasi slept and in the early morning he had a dream in which he took a dagger and killed his father !". He woke up gripped in fear and started weeping.

At that precise moment, Rev. Babuji entered the room. He patted the abhyasi and said, "Do not worry, everything is O.K. It is gone now.

The abhyasi who narrated this incident asked, "Is it gone now !".

It was informed that capable Guru of caliber can extract such dream in a person and remove sanskars.

COGNITIVE THEORY OF DREAMS

From a cognitive perspective, dreams express peoples ' "CONCEPTIONS" which are also the basis for action in the waking world. Dreams are a dramatic and perceptible embodiment of SCHEMAS, SCRIPTS and general knowledge. They are like plays that the mind stages for itself when it does not have anything specific to do.

LOVE FOR ABHYASIS

One day, during the month of June, a really hot summer day when Satsangh was about to begin Rev. Babuji appeared to be taking time slowly unmindful of the passing of the scheduled time ! Abhyasis attending satsangh were all in great discomfort with mercury rising and the scheduled satsangh not beginning ! After some time immediately Rev. Babuji commenced satsangh. It was later learnt that abhyasis understood the reasons for Rev. Babuji going slow for starting satsangh.

REDEEMER

During one of HIS tour to Malaysia Rev. Babuji appeared in a dream to a local abhyasi and alerted him about his father's impending death ! Rev. Babuji asked the abhyasi what will you do? The abhyasi responded saying "I will call Shri K.V.Reddy, the local preceptor, Rev. Babuji said "But there may not be enough time !

So it turned out. His father who had no health challenges, at all suddenly experienced chest pain and was rushed to hospital. The abhyasi sat in the hospital and did what needed to be done, as advised by Rev. Babuji.

The abhyasi's father recovered. Mysterious are the ways of MYSTICS. The cosmic personality took over redeemed the soul.

SAVIOUR

A overseas abhyasi, a devout one, was once advised by Rev. Babuji to stay put up at the venue where Master was staying. But the sister abhyasi pleaded her prior commitments and chose to drive away to a nearby town. On her way her car's tyre bursted. She had no wherewithal for remedy. Nor she had the necessary skill !

Just then a young man came in a big luxurious car, helped her out and went back. The surprising factor was that he drove the way he came against the oncoming traffic. Then the lady remembered Rev. Babuji's advice. She was nearer to the venue – the place where from she had left. She found Rev. Babuji happy to see her back. He was beaming with joy. She spoke to Rev. Babuji and narrated the adventure including the saviour's departure without even acknowledging her gratitude ! Rev. Babuji's face had a subtle smile on HIS lips.

DARSHAN BY MASTERS, SEERS, SAINTS, AVATARS AFTER THEIR MAHASAMADHI

Just as Rev. Lalaji showed up Himself after His Mahasamadhi to Rev. Babuji who was desperate to see Him, there are many instances of this nature in the spiritual History...

It is believed that in ancient times, Gurus, Sages were visiting their disciples in their subtle bodies and or transmit the hymns of Deeksha through the mode of Telepathy.

In the case of Shri Aurobindo, it is believed that Shri Vivekanandji who had given up his body in July 1902, visited Shri Aurobindo, 6 years later. i.e. in 1908 in Alipore jail and taught him many aspects of Sadhana. Shri Aurobindo experienced Shri Vivekanandji's entity and received His teachings in his solitary meditation.

Shri Vivekanandji had said that He would certainly work even after His Mahasamadhi. He had declared that He would continue to inspire mankind everywhere until the whole world shall know that it is one with God. It is said that in all such cases the Guru need not be in His physical body for giving Deeksha. Through dreams also this is done. Sometimes Gurus visit their disciples in their subtle bodies.

Rev. Jesus Christ is reported to have appeared, 72 hours after resurrection. Later, He is reported to have appeared first to His 12 disciples and thereafter to 500 disciples for a period of 40 days.

Even Shri Ramakrishna Paramahansa is reported to have visited Shri Vivekanandji after His Mahasamadhi, in His subtle body and guided Him. It is believed that those who are pure and ethical get attracted to Swamis and Saints in subtle realm. Extremely Sathvik minds can only hear/listen to people of subtle Realm. Egoists can not. In all such cases, language is not a bar. The state of Consciousness of the receiver enables one to understand.

It is said that Chitta, a innermost, core of one's mind plays a vital role in this regard. If Chitta gets conscious control one acquires that, with which He will have access to one's consciousness.

If one's Chitta is mildly conscious, one's ability to deliver a thought, idea is possible ! Once one becomes able to deliver a thought, before one thinks of transmitting a idea, information to another it would have happened. Things happen before one thinks. What is best for one simply happens.

An intelligence beyond what one can contain in his skull starts working for such people. Ex. Shri Vivekanandaji could read 300 pages of a book in less than half an hour !

In respect of reappearance of the dead it may be visible (only to the person whose consciousness is expanded) or invisible. As to visible Darshan, we have the example of Rev. Lalaji Saheb showing up Himself to Rev. Babuji Maharaj.

There is a historical case of one Pandit Shriram Sharma, a social reformist, philosopher, founder of "All world Gayathri Parivar," Headquartered in Haridwar who was called "Yuga Purusha." Born on 20th september 1911, He lived up to 2nd June 1990. Blessed by His Guru Sarveshwaranandji, He is reported to have developed a "THOUGHT REVOLUTION." Such saintly entities are believed to have used Telepathy for offering Deeksha to their disciples. Continuous development of this communication channel, it is said had made their consciousness to expand and by their thus acquired ability they could deliver a thought, idea to the targeted person. The pace with which a thought or idea is transmitted, delivered is astounding ! People who are capable of such feat can, before one thinks, the transmission of data would have taken place. Such data are generally related to what is good for the receiver and mankind.

Reappearance of saints after their mahasamadhi and telepathic transmission of information is a very old practice in ancient times.

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*I am not a Speaker
I am a Silencer*

CRYPTIC QUINTESSENCE

Rev. Babuji had another face of His personality which is worthy of emulation. His behavior in day-to-day life situation was one of simplicity and change in his routine work. For ex:-Every morning and evening He would walk around the place where cows and bullocks are tied up, pat them, provide water to them. Fill utensils kept with food as if it was only His work.

Sometimes, Rev. Babuji was very obstinate in doing HIS house hold work which enchanted HIS Divine look - avatars. Once when a group of abhyasis visited Shahajahanpur and found that Rev. Babuji was watering a kind of flower plants (HARSINGAR- Parijatha flowers) which bloom only during September each year. When it was submitted to HIM that it would be not useful to take so much care of that flower plant daily especially in the month of June which is not the blooming time for Harsingar, Rev. Babuji in HIS inimitable way turned around and said that because a group of abhyasis are coming from South India who are great lovers of this flower He is taking care of the plants. Continuing, Rev. Babuji said "I am concerned with the blooming of flowers when abhyasis from South India come ! And became stoic.

Later, after about a week or so, when the abhyasis from South India, visited Shahajahanpur,, 'EUREKA' the HARSINGAR plants were all blooming with flowers all around. Rev. Babuji, picking up 5 or 6 such flowers in hand said to abhyasis. "Look Rev. Lalaji sahib's grace". That today when South Indian abhyasis are here and "the flowers have bloomed". These abhyasis were pleasantly shocked to see and witness His command over nature.

REV.BABUJI AND HIS LOVE FOR VISITING SOUTH INDIAN ABHYASIS.

Abhyasis who have spent valuable time in the Saanidhya of Rev. Babuji say that,

Rev. Babuji was admitting into HIS domain all of them who wanted to join the Mission without regard to their short comings, demerits and with courage, enthusiasm imparting to them spiritual knowledge. Whenever an abhyasi revealed his negative feature, short coming, He would respond to them saying "Look you have told Me your weakness", short comings. I have the power to absorb them. When you reveal truth and honestly admit your weakness, I open the power of absorption and that is absorbed. Then no unworthiness remains in you.

It is very interesting to know that, a few years after the above incident, it was observed by certain senior devotees who had reached a certain higher state of consciousness that orders,

dictates which were coming often, from Brighter world continuously started diminishing. At the sametime distinctively, those endowed with higher sense of perception started feeling that the power of the ultimate, started visibly functioning in its full form in Rev. Babuji. It was felt that great saints of the other world and certain functionaries of Nature had on their own voluntarily surrendered their mystical powers to Rev. Babuji. This explains why interactions from other world were diminishing ! Rev. Babuji, the Divine Personality was directly under the patronage of Rev. Lalaji Maharaj who had by His penance brought Rev. Babuji to this world was keen to show His holy disciple's Divine nature to humanity.

It was a Divinely ordained fact that Rev. Babuji was very keen that He should bless the humanity with all the Divine secrets. And then it was HIS Divine Mission that in the shortest time He wanted the largest number of humanity to reach goals.

GOD – MAN.

God and man are interdependent. Rev. Lalaji also said this. In Bhagavad Githa, it is said that men should please God by performing pooja and the Gods in turn should protect men by conferring material prosperity. Rev. Babuji has said in His book "Efficacy of Raja Yoga " that personalities swimming near the center give power to the Gods by their own thought force.

DIVINE – EYE.

Divine eye means "Inward vision". When our heart ceases to get impression from outside objects, then only it can be said that the inward vision is opened. Then only the picture of that THING is imprinted clearly.

INTUTIVE – KNOWLEDGE.

The extent of approach possible for man is not attainable even for Gods. Whenever a new thing happens, it comes into being anywhere in the universe. It will come first to My knowledge. This is due to Rev. Lalaji's grace.

MASTER IN MEDITATION.

One Abhyasi asked Rev. Babuji. Why your form does not appear during meditation.? Rev. Babuji, looking at 'Master sahib' asked him who told them to meditate on my form? I cannot be contained in a form. Hence it happens so.

Master Ishwar sahai, a close associate of Rev. Babuji, asked. Rev. Babuji, Why are you not able to keep control on yourself? You had refused to go to the house of a certain person.

But when he himself came to invite you, you went with him. Rev. Babuji looking straight in to the eyes of Master sahib. said, "Is there any room for control in a loving invitation?"

The whole universe is pulsated by an established Prana. That is why Brahman is called "PRANASYA PRANA" in Upanishads. If the prana in the microcosm is brought under control, the prana of the macrocosm can also be controlled. Some centers in the human body are equivalent to the Bramhmanda and Para Bramhmanda Region. Therefore, yogis in the highest state but endless movement, one with Nature, and all His actions in a way are the actions of Nature. Thus a yogi having controlled prana uses it with thought power and utilizes it for the spiritual advancement of others. Shri Rama Krishna, Swami Vivekananda were all doing this followed by Rev. Lalaji and Rev. Babuji.

REALM OF GOD.

It is only when all our mental gratifications are ceased and we go above all these infatuations that we reach the abode of God.

CAUSE AND EFFECT.

In the chain of cause and effect, an event has a cause .But the cause itself does not have a cause because cause is not an event or result.

AVATARS.

Avatars descend from the sphere of MAHAMAYA. They come with more powers than the Special Personality. They do not go back to the center after completion of their work. Special Personality descends directly from the center. Only Special Personality can lead one up to the origin. Avatars cannot do it.

TRANSMISSION.

It is not the energy of Prana that is exercised in transmission. Instead, the energy of SAT or the ultimate principle of infinity is used through Prana.

Transmission can be from beyond time. It can of course be done. But who will bear it? If it is done, the crossing of all points and regions up to the highest can be given in one moment. If a man is going to die within 5 minutes; one transmission from beyond time can give him the crossing of all points/ regions to the highest.

Even though we transmit to the heart, it pervades the whole body. Reason being there is a interlink within the body. Similar to that of a telephone network.

Transmission can be given by sight! It's powerful. But all can't do this.

LIBERATED SOULS.

Even though they have no means or instruments for communication, it becomes possible when we connect our thought with them.

TRUE SILENCE.

Mere abstaining from speech is not true silence (MOUNA). It fetches no benefit. Our thoughts & senses should be silenced. That is verily True Silence.

KSOBH.

When the primordial stir-ksobh descended it was identified as Original mind. Further, down it became human mind. It is this mind alone that is the means of Realization.

GURU DAKSHINA

When My Master made Me His Representative, He demanded Guru-Dakshina from Me i.e, to spread spirituality throughout. I solemnly affirmed that throughout my life I would devote Myself to this sort of service.

SUPREME PERSONALITY

The Supreme Personality has already descended. It is of course very difficult to recognize HIM amid many claimants to the title. The difficulty becomes greater when we try to judge and recognize Him in HIS outward form, according to our own conception of Him as an Avatar. But, that does not concern Him at all nor does it affect HIS presence in any way. HE is as He may be busy all the time with his own programme of Nature's work, unknown and unnoticed. HIS authentic voice may be resounding in every heart though it may not be audible to anyone, on account of the clamour of innumerable voices within.

CONSCIOUSNESS

After proceeding a long way in spirituality, consciousness grows subtler and subtler till it turns into potentiality itself. As soon as one gets rid of it, we reach REALITY pure and simple. We proceed far above the elements and the nature of transmission depends on the caliber of the guide. The pure transmission is free from all MAYAVIC character which ultimately develops in to elements. The Truth is the highest form of transmission in its subtlest state which a Guru of caliber transmits at the Death Bed when He wants to make a seeker perfect in the shortest possible time.

INTUITIVE WISDOM.

Will naturally develop in a man when one enters in to the field of spirituality.

GURU IN ASTRAL FORM.

You say you find Me sitting before you at meditation time. "Yes I do come in astral form at your call and sometimes of my own accord too."

GURU - MAHA SAMADHI.

Please do not fear that I shall leave you all someday. It happens when time comes. But my case is different. I shall be more useful when I leave My physical form. As long as I am in this world, I shall be serving you all and my services will continue even after that. Moreover, upon leaving the body, I shall not take away even a grain of power or spirituality with me. All that will be transferred to you all those deeply attached getting the greater share there from. Besides another one, the best amongst you all shall be there in My place. It will be proper and compulsory for everybody to honor the person who succeeds Me.

EINSTEIN.

He knew the method to convert mass into energy and not beyond it. I say that energy can be converted into mass and this is a very easy job.

WILL POWER.

I find a peculiar thing in me. Sometimes, when I say I will do a thing if God offers me an opportunity for it, I always fail to do it. But, when I fix a time, date, I never fail. I thought over it and philosophically arrived at the conclusion that when I doubt, I seek the will of God. The doubt itself brings the contrary result. I therefore, advice My associates not to let doubt come to their mind in any form. Because, the inner force makes it stronger. So whatever we are required to do, we must make our will firm and collaborate it with HIS will as far as we can.

MY DISTRESS.

I often become restless to impart spirituality to my fellow beings. The work I have done during this short tenure of power, the world will remember, after me, when those things come to light that I have so far reserved. If anybody comes to Me for spiritual service, I think Myself indebted to him. I don't stand as a Guru to impart training, but as a servant of humanity. Consequently, to be more frank, I shall spare no pains in giving you every possible approach to a higher vision.

I am indeed greatly pleased to receive such excellent letters revealing spiritual progress. All thanks to HIM. Nobody cares for Me or does anybody enquire about Me. I can't expect anybody to do so when apparently I do not possess any wealth. Except for poverty I now have no other possession which can possibly attract people.

LOVE.

Everybody loves Me. Nobody knows what love is and how to love. I appear before everyone just as I am. Service is my nature.

HOW TO SEE GOD.

Experience is like seeing without eyes. We have to see God as HE is. Then only Reality will be revealed. We attempt to see God in our view and impose "I"ness in Him too.

DIVINISATION.

Everything in us must be divinized.

CREATION.

Heart region is the point from where the beginning of creation started.

GOD.

God cannot be defined. But in negative terms He can be defined as "NETI-NETI-NOT THIS-NOT THIS".

In Sahaj Marg we worship that (God) whom Lord Rama and Lord Krishna worshipped.

People doubt the existence of God but not HIS non-existence ! It is not that doubt arises about a thing that exists. If it does not exist, there can't be any doubt; we have to see God from God's view. Then only Reality will be revealed. We try to see God in our view and impose 'I'ness on HIM also.

How does he look like ?

Another thing is that seekers want to see God in Flesh, bones and God has none. Since He has no such things how can He manifest?

PHILOSOPHY - YOGA – REALISATION.

Philosophy is thinking. Yoga is doing. Realisation is undoing.

SILENCE - TALK .

Talk for others. Silence is for self.

SPECIAL PERSONALITY.

Energy flows like current of a river when all bondages are severed. The abhyasi finds it difficult to sustain. Such personalities are born once in thousands of years.

MY AGONY.

Many come to see me. But none SEES ME.

MY HUMOUR.

Even my jokes are neither purposeless nor foolish. They convey some teaching and imply some meaning.

MY MESSAGE.

The only two words of message I extend to all humanity is "FORGET YOURSELF".

LAST BOW.

Bowing to God should be done in such a way that once you bow down, you should never lift your head again.

SENSITIVITY.

I am highly sensitive; I come to know the nature of a person who passes in front of me'.

KARMA.

Theory of Karma does not apply to animals.

UNIVERSE IN MAN.

Whatever is there in universe it is all optimized in man. The entire cosmic atmosphere is filled in us in every pour. Once I pondered over Sun. His shape is not round but oval. All His brilliance is from only one atom in Him. We worship that atom only. The place of Sun is found in our body.

TASK AND LEAVING.

The fact is that My being is alive due to people only. Otherwise I would have gone away by now after having completed the work. But, until you people brightly illuminate the Mission, I don't think of leaving.

RE - BIRTH.

When the abhyasi forgets himself as well as God then it can be considered that, he never returns to this world again in any form. He shall remain drowned in such an ocean that there is nothing except THAT for him.

REALISED SOUL.

The characteristic of one who has attained perfection is that his eyes are slightly turned inwards. This denotes that he has become introvert – turning himself from the external world.

LIFE SPRING.

It is in the heart. It goes on unwinding itself as the duration of the life is spent. Both its ends should be kept apart a little like brackets without joining together. Then life duration increases.

WARNING.

The power of Master works in the system of abhyasis. It is almost daily occurrence with abhyasis having faith in the Master that they touch the deeper layer of spirituality. If at that time they unconsciously, say anything it will come to pass.

MIND AND HEART.

If correct thinking is there the heart gives signal that the thinking is right-i.e., correctness of thinking is verified by the heart. This is the characteristic of heart for which I have no words.

JEEVAN MOKSHA.

If one attains a practical cognizance of the state of Jeevan Moksha during life, his line of humanity sinks to insignificance and after he leaves his body his body disappears.

POWERS TO DEITY.

Are given by seekers (i.e. powers of Nature)

MEDITATION.

Is the churning of milk to obtain cream.

WORK DURING SLEEP.

Goes on. Before going to sleep just make a suggestion that by such and such time the work shall be over. It will happen. The will must be made to work even when we are sleeping. But none tries to do this. It is so simple that no one follows. It is all my Master's Grace.

DARSHAN BY MASTER.

When Rev. Lalaji attained MAHA SAMADHI, I was seriously ill for months. I had a longing to see HIM. I prayed for it. Then one day when I could no longer stand the grief of separation, HE

appeared before me with a Golden Countenance and a glorious & loving Smile. HE asked me- "Are you Satisfied?" Am I as you have seen ME? I have come this time, but don't call me again".

HELL-HEAVEN.

My findings after Research. Hell is for Sinners. Heaven for fools and Brighter world for Liberated Souls. -

REALITY.

One day at the instance of a very curious overseas abhyasis, Rev. Babuji started telling them about Reality". Reality is felt not expressed. There is a word "Darshan" - means illustration. Having regard to the ability of the abhyasis to perceive the inexpressible Rev. Babuji tried out explaining about Reality by way of illustration. This is how He went on...

"Look, suppose you take a photograph of mine, I, become a illustration. When a man is angry-he is illustrating anger. When one of the overseas abhyasis said that she wants to be a illustration of Reality, Rev. Babuji happily accepted her proposal. Then went on to say". God is very subtle. We have by alluding names, attributes have made Him veiled. So He can't be seen -only felt. He shines out from brick and mortar. It is a question of sensitivity. Westerners are very sensitive he added. Further, He went on to say that there is something like an open ring in the heart region. When we are born, the ring is completely open, but as years pass, the ring starts closing, little by little and it is possible to see the life span left to a person from the size of the opening in the ring.

Once Rev. Lalaji told Rev. Babuji "You are the essence of REALITY".

Reality is the baseless base.

'What is Yoga? Yoga is the perception of Reality.'

What is Soul? Soul is the spark of Reality.

REALITY has no beginning and is eternal. But, its characteristics go on changing. Ex. we curdle milk & prepare curd. We churn it & make butter. We heat it & make ghee. The same milk is there in the curd, butter & ghee but its characteristics or form changes. Reality too goes on assuming such different form of qualities.

SOCIAL DROP OUTS.

Rev. Babuji was of the view that social dropouts are not entertained in the Mission. He advocated a policy of flying on both wings, - One of Spiritual & One of Material Life.

INABILITY TO MEDITATE.

You have written that your mind is not able to concentrate on Meditation. Do not bother. Look to your inner condition to check for any signs of progress. If your mind is not inclined to

doing meditation is it our duty to leave it to God? I assure you that if you keep doing meditation with love and keep attracting God's grace towards you, then your raft will certainly cross one day.

Once Rev. Babuji told Shri Ishwar Sahai*, "you people are very benevolent. You people can give Me - whatever you want to give Me". Master Saheb responded saying "Huzur we have nothing to give you. Rev. Babuji - responded to him. "You have got everything to give. If you did not have anything, there was no need for me to come here. I have come here to take my own thing back from you. I.e. by taking your goods I have to take you back "HOME" bringing you in the form of a Real being".

MID NIGHT MEDITATION.

Please find below a system of Meditation that is to be done after midnight. This is not for those who do not meditate punctually their prescribed Sadhana. This is for those who have progressed well in Sadhana. Sit with this thought that all spiritual conditions of the Guru are entering in to me."

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- * Shri Ishwar Sahai affectionately called Master Saheb was a very close associate of Rev. Babuji Maharaj. He was an institution by himself. A devoted worker, ablest preceptor who remained contented and happy under all circumstances.

He was born in 1898 in the North Western Region of India (Present day Pakistan). Later after his teenage years he moved to Lakhimpuri Kheri in Uttar Pradesh, India. He served as a lecturer in the Dharma Sabha Inter College Lakhimpuri where he supported many families to ensure their children were educated. He was affectionately conferred a title as "MASTER SAHEB' BY REV. Babuji Maharaj.

Master Saheb began his spiritual journey at the feet of Rev. Lalaji and after Rev. Lalaji's Maha Samadhi, he continued under the loving guidance of HIS successor Rev. Babuji with whom he developed an intimate and life long association.

After his retirement, He became a full time assistant to Rev. Babuji not only in serving the Mission but also taking care of Rev. Babuji's personal needs and comforts on a day to day basis. He was multi talented doing accounts of the Mission, household chores like stitching Rev. Babuji's cloth, coats, cooking etc. He was also assisting Rev. Babuji in his higher spiritual work and travelling with HIM. He was also a proof reader of Rev. Babuji's Books.

HIS love, devotion towards HIS Master were exemplary. Rev. Babuji had immense trust in him. He was one of the five witnessing signatories when the Mission was registered in 1945. He passed away in January 1967 in the presence of Rev. Babuji who was deeply affected by this. HIS relationship with Rev. Babuji was like Shri Lakshman to Lord Rama.

DIRECT COMMUNICATION WITH MASTER.

By being attentive in Meditation one will reach that condition where from direct guidance from Me start being available.

FATE.

Even Samskaras can be changed by hard work.Thought Power.

The formation of even a little thought works havoc. Because thought can acquire such tremendous force. If the mind turns towards something bad, immediately form a good thought to restore balance.

REALISATION.

Learned men express their opinion on "REALISATION" by their Learning - Not by experiential knowledge! This has brought in distortions. Result is that people are misled.

I believe that no one has the right to touch the subject of Realization unless he has attained – in true sense – awakening of "TRUE WISDOM".

REALISATION is losing oneself without one's knowledge. Thought of God must be so deep rooted in us that we should not be aware of it.

STATE OF MIND.

When an attempt is made with innocent / ignorant state of mind-a state of mind- when all sense are silenced results will flow accordingly to Nature's LAW. Looks like miracle - but it is a natural phenomenon.

MY CONDITION.

People do not know about My condition. They may not know it afterwards also. Nothing has remained in me. To speak truth, now there is no spirituality in Me. This thing is also heavy. What should be proud of? He who has nothing may feel proud.

REALISED SOUL.

One of the salient characteristic of a realised person is that there is not even an iota of selfishness in HIM because in him the "SELF" itself is totally negated.

THOUGHTS.

Heart generates a kind of THOUGHTS to maintain itself. Even so, thoughts do generate charge to some extent. Thus accumulation of thoughts in us leads to accumulation of charge too. Meditation effects vacuum in the heart and then thoughts get dislodged from their seat.

When they get thus dis-lodged, they will cease to get charged and hence lose their power. But unfortunately we think repeatedly about them and strengthen them.

We cannot be completely devoid of thoughts. The worldly and useless thoughts will be replaced by Divine thoughts. That is all. Total thoughtlessness amounts to total balance. Thus, the existence will be extinct resulting in dissolution. That is the reason why thoughtlessness is not possible.

By dissipating the bad thoughts arising in you, you are sowing the seeds of contempt. If done during meditation, it gets still firmly rooted. Hence it is good not to pay any heed towards them.

Try to love thoughts and see. They automatically disappear. Attempting to suppress thoughts rising during meditation is not good. One should consider them as un-invited guests and ignore them. In fact rising of thoughts is not bad. The poisonous matter which is inside is pushed out in the form of thoughts. The more you try to suppress them, the stronger they become.

The effect of one's thoughts percolate even to one's bones. The spiritual condition of a dead person can be discerned by the energy (Vibrations) emitted by his bones.

When vibrations coming from the centre touch the brain, thoughts are created according to the likes and dislikes of Man. The attractions and repulsions bind them to certain things.

LIVING MASTER.

Association with a living Master is very helpful in spiritual practice than the Master who has left his body. In case the Guru has left His body, His grace will not flow in to you unless you develop adequate receptive capacity.

DIVINE LIGHT.

It is safer to meditate "on the idea" that the "Divine Light" exists in the heart than on Divine light in the heart. Because the mind starts imagining different forms of light further leading to hallucinations.

BHANDAR - BASANT PANCHAMI

Satsangis should consider the 3 days of Basant Panchami Utsav as the days of Penance (Tapas). They should try to be in Divine thought every moment.

BOOKS - KNOWLEDGE.

I never read spiritual books or scriptures. What I am writing or talking is out of My own experience. I did not bother about what ancient Acharyas or Pundits have said.

WHY GOD CREATED.

Had God not created the universe, HIS energy would have frozen, forming a knot. And existence would have come to an end. Therefore, God created the universe in order to preserve HIS existence.

CONSTANT REMEBMERANCE.

If you succeed in causing echo in the Master, He will start doing Constant Remembrance for you. Please read "Towards Infinity" where I have detailed this.

Constant Remembrance is of two kinds. One at surface level and other at root level. We are aware of the first. We are unaware of the second. In the process of doing Constant Remembrance, we take quality and rest our thought on it. From quality we reach the substance and then to ultimate.

Those who always remember me will be greatly benefitted even if they happen to be far away or deprived of the convenience of SATSANGS. At the same time, those who despite being quite near, are far away if their heart cannot avail any benefit.

MASTER.

A real Master is the true servant.

EXPERIENCE.

Experience is the servant.

NIRVIKALPA SAMADHI.

Nirvikalpa Samidhi is the refuse of Reality.

MY WORK.

I create such circumstances as to make people start thinking.

GUIDANCE TO MASTER.

In spiritual matters they receive guidance from above at each step.

LORD OF UNIVERSE.

As it is I do not feel any power in Me. But when I wake up on my own I find that I am the Lord of Universe.

BENEFIT OF TRANSMISSION.

The benefits of Transmission are (1) All the mental tension will be got rid of (2). All internal obstructions will be removed.

NEXT HIGHEST PERSONALITY.

In the very holy palmistry book in Madras. (Present Chennai) which was written centuries ago, it is mentioned that the next highest personality will be Ram Chandra. What I teach, nobody has taught before.

TRANSFORMATION.

Transformation can only be effected through Divine power. The supra-mental cannot do it. A man can be changed and completely transformed through an infusion of Divine consciousness which is the only thing for it.

For liberation there is no other way except Yoga, i.e. Yoga means to unite our individual consciousness with the Divine consciousness.

Every Abhyasi of Sahaj Marg can transform others. This is the speciality of Sahaj Marg.

GODLY POWER

In our system there is one ancient precedent, in that when we do any work, we are into that work fully. It means that we are determined to attain God and whosoever is determined to do good work, the Divine power works in him.

YOGIC TRANSMISSION.

The main ingredient and power of Sahaj Marg / Heartfulness is that it makes this hard work of transformation of humans so simple and solves the problem of numerous births & rebirths after the present life.

KRISHNA JANMASHTAMI.

Anyone can experience Grace during Krishna Janmashtami. Fasting on that day paves way for receiving Grace. If this is remembered at the time of death, this Grace will have reserved their place otherwise, whoever takes my place, or those people who become like me, will have this responsibility after me.

DEVOTION AND LOVE.

Create in yourself the feeling that God on whom you are meditating is attracting you or pulling you towards Himself. Those who are meditating on Divine light in their heart also keep

this in mind. Divine light which is in My heart is pulling Me towards HIM. Then you can see how devotion & love are produced.

Please also pray during night "That real love and devotion for God are developing in You and in all brothers and sisters. ' I only need prayer. Think this as Sadhana and see results.

DIARY WRITING.

Advantage of Diary writing is it increases the power of observation and intelligence. It also enhances the condition of mergence.

MEDITATION ON THE SOUL.

Lying down, meditate on soul. It enhances the power and whenever one feels physical weakness it can be done.

FEELING HURT-BAD?.

If a person, under my training stops training or goes to somebody else- I feel hurt-bad.

SENSITIVITY.

All those who have progressed, have done so through the 'power of observation'. In spiritual knowledge, the power of observation enables seekers to gain more knowledge of nature. I enjoy training such seekers when they keep vigil on their condition & observes by focusing on every condition of them wholeheartedly & keeps practicing.

GOAL.

My request is to please try to reach REALITY and spare yourself from thoughts of lower things. Our aim should be "EITHER THRONE OR CROWN". Our confidence & will power must be so strong that what we want to reach- itself comes to us.

The thing which you are searching for is already present in you.

I always kept the Goal before me. None does that.

Life remains always in the remembrance of God, the goal of life, no other impression will be formed.

Whatever, I am standing, sitting or any pose; I am always at the same point, the BASE. That means the base or the destination must never go out of our mind. The destination can be arrived at only by Him who is mad after it.

SATVIK FOOD.

Great emphasis is given to satvik food in our Mission. Anyone who wants to teach "Brahma -Vidya" should be inclined to satvik food on his own.

SERVICE TO MISSION.

You have offered your services to Mission. But, I tell you "I am myself a servant". Please take service from me! If you really wish to serve, serve yourself first. This is service to Me.

KNOWING ONE'S CONDITION.

The method is to fix your attention on the condition that is present before you – whether it is light, medium, heavy instead of thinking about the effect it is creating on the heart.

HOW TO PRAY FOR YOUR WANTS.

Pray to God every day without a break. Talk with HIM about whatever you want. Considering HIM as the Master, tell HIM everything. This should be done in such a way that tears roll down from your eyes. Do it & let me know. If you don't get result – up to the mark – I will pray on your behalf.

If you want to say something to God, the heart is the instrument for it and God will hear. This is for the use of God. When HE replies, His answer will come on the crown of the Head.

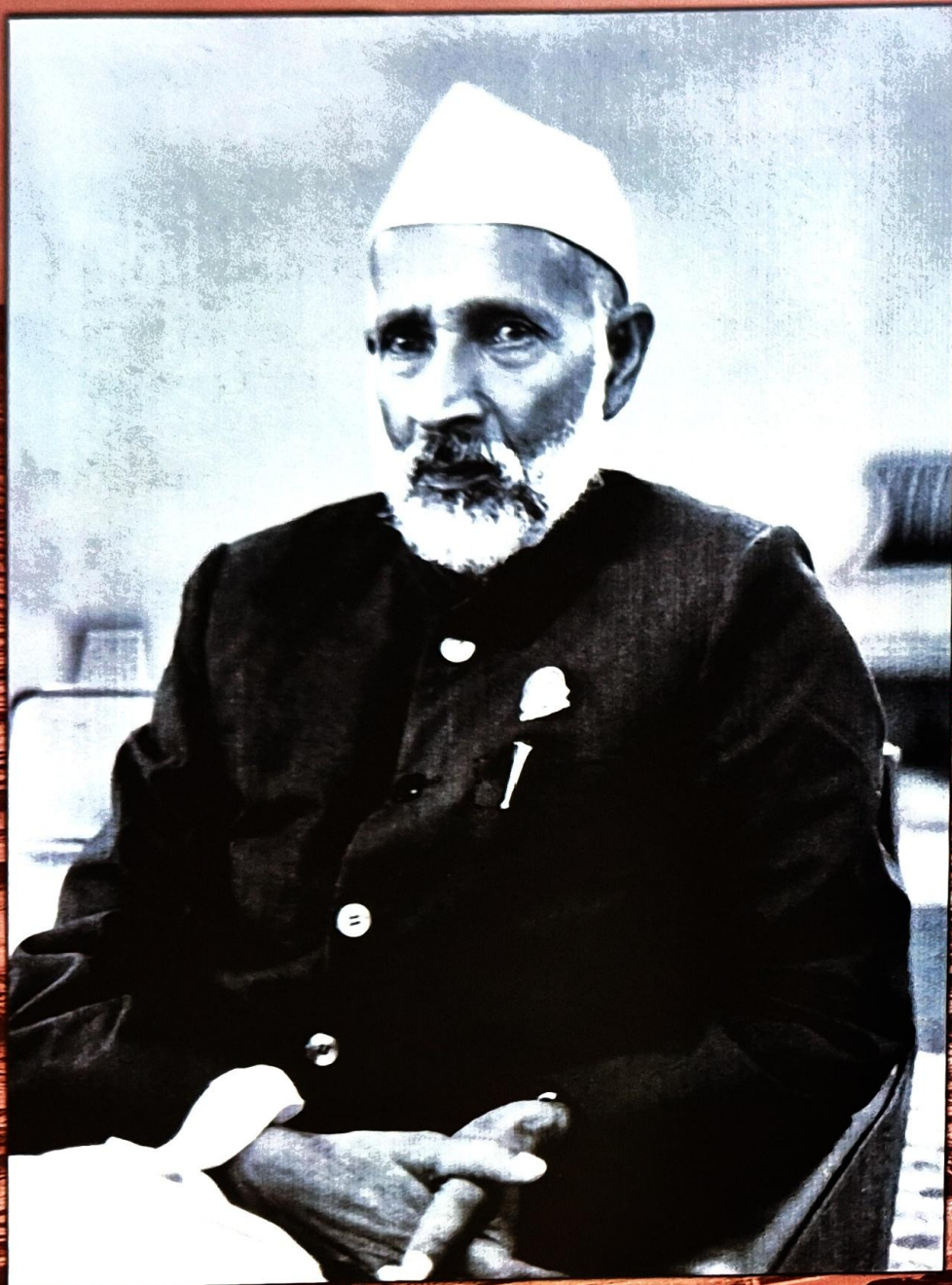
DISEASE.

If anybody has a disease, when cleaning, think that the disease is also going out. It will have a very good effect. You can use it for health also. Remember Sahaj Marg is only for Realisation. But alongside many things are connected.

SAMADHI.

Everyone is hankering after Samadhi. But, it is not at all necessary for spiritual evolution. If Samadhi comes by itself it is not bad. But there must be Divine consciousness.

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*We worship that (God) whom
Lord Rama and Krishna worshipped*

PEARLS OF WISDOM

REV. BABUJI'S SENSE OF HUMOUR..

Rev. Babuji also had bouts of amusing activity with abhyasis laced with humour.

He often used to say "I don't crack jokes. But whenever I do, such jokes have words of wisdom".

Here are a few:

Once, when Rev. Babuji was seated at the courtyard of His home, encircled by abhyasis, suddenly from nowhere, donkeys entered the compound. Rev. Babuji looking straight at Shri Eshwar Sahai, said "Master Sahib, 4 intellectuals have arrived and you have not offered any hospitality". Master Sahib always busy in doing some or the other work, raising his head said Babuji they are donkeys and smilingly responded saying they are the wisest of all. But why are they named as donkeys? Rev. Babuji at once responded saying "So that they can evade the evil eye". Thereafter, getting serious He said "They are happy to carry other person's load and filth", but the world considers them as their folly. He further said "The experience of saints too depicts the same but no one says anything about it".

Once while seated in the veranda of HIS home in Shahajahanpur, encircled by abhyasis, one young abhaysi asked Rev. Babuji. "Babuji I understand that yesterday (showing a man little far away) this man's son was having very high fever. He remembered you and the boy's fever gone!. Today my son had high temperature and I repeatedly remembered you but the fever has not come down"...

Rev. Babuji, softly responded "Bhai, he remembered Me" while you were remembering the doctor ! Many seated there were unable to understand Rev. Babuji's reply. Later when they understood, they were all very sad that they could not understand such simple apparent words! They all wondered whether it was their lack of consciousness or effect of aura of Rev. Babuji's !

YET ANOTHER SIMILAR INCIDENT.

In yet another instance, while closeted with abhyasis at HIS home, one abhyasi asked Rev. Babuji "You are very happy when someone makes a statement but when someone else says something far better, you do not seem to relish it ! The audience seated there were all taken by surprise at this and were eager to know what Rev. Babuji would say!

Then came the holy voice of the Divine. He said "There are 2 types of conversations, one by the person drowned in ME forgetting 'HIMSELF' while he speaks, while the other man's ego itself spoke".

It was later learnt that all the abhyasis who were witness to this incident expressed a view that when Rev. Babuji was answering this question, they were all transported into a state of absolute bliss because of the Divine voice of Rev. Babuji and His aura. It was only when Rev. Babuji started smoking HIS hookah & its resultant sound that they all looked at Rev. Babuji's face which was very charming and because of sheer inability to face Rev. Babuji's eyes, they all looked at His feet.

REMEMBERING MASTER.

This is a very important point. When we remember HIM alone, without reference to HIS qualities, without reference to HIS attributes, it is really Remembrance of God. Because God has no qualities, has no form, no attributes. So when we remember the Master without form, without Qualities, without attributes "I Remember HIM". No name for HIM, no Beard, and no Hookah, not his Personality. They beguile us in one direction or the other. When "I Remember HIM alone" without qualities, names/attributes, then remembrance of the Guru is that of God.

In this way Sahaj Marg enables us to have constant remembrance of the Ultimate. As long as you remember your Master by HIS actions, hookah, speech, attributes, however Divine they may be, you are falling short of the mark! Rev. Babuji, in his address in Munich had said "Divinity is a play". So, whatever He did was a play-Krishna Leela. Like lord Krishna, Rev. Babuji used His Maya. He used HIS smile to divert our attention. He was practicing it very nicely in a very refined, very loving, kind way so that we never noticed that He was really selecting from the whole of humanity. It is true that HE did not test. He said "I never test". I don't have to test. Why the Divine has to test? It knows what is right in front of it.

Nevertheless, instances have shown that sometimes (very rarely) when HE was angry, HE was most kind to us. Rev. Babuji had a most difficult job. He has said that if He did not remember HIS Master even for a second, He could not exist! So He had to remember HIS Master without any attributes. At the same time HE had to remember all of us-our attributes, our qualities, our nature, so that He could work on us and correct. , We are only to remember the Master.

As abhyasis, we have only half the work to do. As far as Remembrance is concerned we have only one person(Entity) to remember. He had to remember every abhyasi, all his traits, Samskara. Of course, He was always saying "Hum Bhool Gaye". But it was not right. That was also one of HIS ways, because HE could tell you after 20 years. Suppose, He met one abhyasi after 20 years, He could precisely say what the condition of this man was 20 years ago and what it is now-precisely.

He was not lying when He said "I don't Remember" because He did not use memory for that purpose. He used the Richas - your photograph in the cosmic, taken 20 years ago, to compare. That is why whenever He looked at the abhyasis, He looked like this (intently) 2-3 times. Anyone who has not met Him and been sitting in front of Him knows that this is a fact. . He would look at you and that was not enough. He had your whole life. How? Not from memory. Not by looking into the past, but looking into the 2 photographs of you like a child looks at an album, at itself and of its father. Then, if we made the grade, if He succeeded, we also succeeded-because HIS success is our success and our failure is only our failure. He only looked at our heart. So we have to remember that this fault of memory is dangerous. It's o.k. for mundane world. But as far as constant remembrance is concerned, remembrance of the Master can only be by removing everything from HIM which is purely human and then meditate on that which has no form, no name, no attributes. Sahaj Marg teaches us how to worship God in absolute, in HIS essence, in Divine form, which is formless, nameless, attribute less by giving us a Master with form, with name, attributes, whom we can love and then remove everything to worship HIM in HIS essence.

FAITH.

When asked as to how one can develop faith, Rev. Babuji said. "If some trust is placed on the trainer and some benefit is felt due to him", thus begins development of trust/ faith.

MISTAKES.

All commit mistakes & it is the nature of humans. Once My Master told me, "I shall forgive all the mistakes of others-but not a single one of you".

GURU.

It will be proper and compulsory for everybody to honor the person (It can't be said "who, he will be) who succeeds me. Your dependency has ended (I may remain or not) your stage will be got settled directly in future because I have now got rid of you and linked you directly to the Almighty... God willing there will be no hindrance in your works.

MASTER- GURU.

Once when Shri Sarnadji, former General Secretary of the Mission visited Shahajahanpur and was planning to leave Shahajahanpur, REV. BABUJI said "Sarnadji, I will not be in a mood to do anything for some time after your departure". Don't get dis-satisfied that I did not give you individual sitting even once. Observe your condition when you get in to the train. You will come to know.

WHAT HAPPENS WHEN SPIRITUAL MASTERS LEAVE THEIR BODY...?

What happens when spiritual masters leave their physical body:

When an ascetic continues to abide by the recognition of the nature of mind at the time of death, and awakens in to the ground luminosity He may remain in this state for a number of days. Some ascetics-Mahatma dies sitting upright in Meditation postures. Besides, their perfect poise, they die sitting upright in meditation postures. Besides, their perfect poise, there will be other signs which show they are resting in the state of the ground luminosity. There will be still a certain compression and glow on their faces, the nose does not sink inward, the skin remains soft and flexible, the muscles loosen, eyes do not sink inward, said to keep a soft and compassion glow, and there will be still warmth in the heart.

PEACE.

Rev. Lalaji's - Inter communication with others. Rev. Babuji: Perfect peace is that in which one bears the teasing and taunting of others... One should bear with these things in such a way as the pouring of water on an inverted pot which does not take any water into itself. This should be done not by compulsion but by practice.

RAM NAM CHANTING.

Once, Rev. Babuji shared a brief account of an incident which I quote....

"Once a sanyasi (Hermit), came to me and enquired about my name, age. I answered him and asked him to introduce himself and state the purpose of visit. He went on gazing at my face and said "you have wasted your life! All these years, you never recited the name of Lord Rama even once". I was angry yet I told him. Yes I have wasted. You teach me if you have the ability to do so. He quickly went away.

ANGER.

If anyone is angry about you, you should not give attention to it. When you do not entertain it; the heat generated by anger will sink in them only causing harm to them as punishment. 'It is decorum not to get perturbed by others' anger.

Anger brings down a man however high he may have reached.

Never entertain the thoughts of anger. Pray to get rid of this.

VISIONARY.

I can extend help to scientists regarding how to, utilize science for constructive work.

SIMPLE AND NATURAL.

In France a rich man who owned a zoo took Rev. Babuji to see. There was a monkey which was imitating Rev. Babuji and everybody. Rev. Babuji showed its imitation. Everybody assembled laughed including Rev. Babuji.

ATMOSPHERE IN GURU'S PRESENCE.

Many come to see me and ask questions. But, when they come here they forget most of their questions. They say the atmosphere is so serene surrounding me they forget. It's all Rev. Lalaji's grace!

PRECEPT AND PRACTICE.

A gentleman came to me and asked angrily "You have written in your book one thing but you are telling something different". I said - That was for reading. This is for doing. !

MY LEAVING FOR BRIGHTER WORLD.

The fact is that my being is alive due to people only. Otherwise I would have gone away by now after having completed the work. But until you people brightly illumine the Mission, I do not think of leaving.

DROWNING IN OCEAN OF BLISS.

When the abhyasi forgets himself as well as God, then it can be considered that he can never come in to this world again in any form. In such condition he shall remain drowned in such an ocean that there is nothing except THAT for HIM.

LOST MYSELF.

Having lost myself totally, I like others to trace me out. I believe a wise man shall never come up for it. Perhaps that may be the reason why I fail to excite emotion in the Heart of others.

LOVE.

Love is poisonous if it is not connected with Divinity.

LIVING DEAD.

As for vairagya, it can be attained only when one is wholly diverted towards the Divine. When it is so, one gets disinterested with world and his own self. Thus, he loses not only body consciousness, but subsequently soul consciousness too. What remains is "LIVING DEAD".

GOD'S CREATION.

God's creation cannot be destroyed but modified or regulated. Similarly ego and, mind cannot be destroyed but regulated.

PARALLELISM IN NATURE.

The word parallel is used as a noun, an adjective and verb. So parallelism means being continually equidistant and similar. This parallel means the creator & HIS creation are similar & not different, i.e. both Divinity, & Humanity i.e. God & Man are parallel to each other remaining side by side & Divinity & Humanity are not different but similar.

PERSONALITY.

Rev. Babuji's innocence was incredibly real, without an IOTA of pretence and HIS knowledge unfathomable. Generally, these two are not seen to go together. One who is innocent do not possess vast knowledge and one who has deep knowledge is not innocent. But, Rev. Babuji was a rare exception to this phenomenon.

MEANING OF LIFE ?

One abhyasi asked Rev. Babuji - What is the meaning of life? Master said quoting a verse "Life means liveliness. Damnation is for those who are dead at heart". He further said "Liveliness is giving our heart away to someone who can connect us with the eternal and immortal life".

FAITH.

Rev. Babuji says faith can produce an internal force strong enough to shatter all the forces of evil that might be surrounding the Sadhak. It will keep helping him to draw fresh Divine impulse whenever required.

BEST TIME TO MEET GOD.

When a abhyasi sleeps, he wanders generally the field of his spiritual journey. But when limitation, bondages are broken his expansion becomes vast and I say that this is the time to meet God.

GURU - DISCIPLE - LINKAGE.

While loving the physical form of Guru, abhyasi reaches to such a stage, that he develops the relationship with the inner condition of the beloved. Afterwards his attention is fixed on inner condition of the Guru. In other words, he not only enters the inner being of the Guru but also gets LAYA in it and now the relationship with the body of Guru is de-linked and remains linked with Him.

MASTER AND DISCIPLES.

The wisdom of man is that he should make the unfavourable things favourable. In other words, we should try to succeed in converting the whole world of the material force into Spirituality and it so happens in Sahaj Marg that if we get a competent Master all the fibres of the being become spiritual and really begins to radiate. I am preparing such souls so that they may have the full benefit of my service.

INTEGRITY.

I desire that there should be no weakness of character among the abhyasis of our Mission. But people are defective in the feeling of oneness with all. They don't do anything themselves. They think I alone should do all that is necessary for achieving their uplift, through the use of my inner powers.

MASTER - GOD.

There are so many things to be taken up by the Master for which God has no concern. What are they? They are the points near about the beginning of the central region and the rings of splendor and so on. It seems to me that the Divinity takes charge of a man when it finds that the Master may know the ways of working but cannot be as subtle as God is. If the Master is very powerful and of high caliber HE can give the charge of a person to God in the very beginning. But only that Master can do it who has control over Nature as far as possible for a human being. When God sends his current to man, it always comes in through Brahma Randhra. It is the point where we keep shikha.

MERGER OF MASTER.

The vision coming of Rev. Lalaji is true and the meaning of transformation of HIS form into mine is that Rev. Lalaji has not kept any difference between Himself and Me. Most of the abhyasis have such experience.

RAJA YOGA.

The practice of Raj Yoga makes one feel Divine Power in every atom and remains in a wondrous trance. Acquiring such a state of Godly vision does not mean that we have attained perfection. There are many more steps; our chief aim is to merge ourselves into Bhooma.

MEDITATION ON HEART.

Heart is connected not only with the cells but with every Yogic Chakra from the Muladhara up to center itself. And it is not only in this body but the heart is connected with our own subtle entity or spirit entity which exists in other worlds-in other dimensions. It is through the heart

only that we can connect ourselves with higher beings. So there is a tremendous amount of wisdom behind meditating on the heart.

MEDITATION FOR HEALTH.

I am recommending 2 types of meditation for health which you should do.

1. You should meditate for at least 15 minutes, each day, that whatever diseases present in your body is going outside in the form of smoke -vapor from your back. Fix a time and follow.
2. Meditate that you are becoming healthy and all the diseases are gone. This should be done after the first one above.

CANCER REMEDY.

Rev. Babuji - soup of crab is remedy for cancer. For epilepsy - glow - worm should be given in jaggery to be swallowed. Many have received benefits.

HEART AILMENT.

For heart ailment, massaging on both sides of the thick nerve at the back side of the left foot, above the heel, at about the level of the ankle. This gives immediate relief.

BRAIN – HEALTH.

For brain trouble, massage front nerves of both legs just below and attached to knees.

SPIRITUAL PROGRESS.

Negation, Merger is not the end. It can be near to end. Of course the condition of the centre can be achieved. But, it is difficult to describe it in words. Developing intellect does not develop Divinity.

SLEEPING DIRECTIONS.

Rev. Babuji used to go to sleep at around 10:15pm. He used to sleep with his feet towards south. He used to say - I can easily know which direction is south since I feel a kind of attraction in my feet when I stretch my legs towards south. The intention is that one should breathe his last without any difficulty.

WHOM TO WORSHIP ?

Man can't meditate after reaching the goal. Then his heart is filled with Divinity. Once an Advaiti (monist) asked me "You must be worshiping a lot. I answered" I sit for Pooja sometimes out of force of habit. Whom should I worship after Realization?

EGO.

Egoism is not bad. But it should pertain to soul NOT BODY.

CLEANING.

In SAHAJ MARG our cleaning process cures many diseases.

KNOWLEDGE.

When we peep beyond Reality, we find that knowledge is a barrier. Because intuitive knowledge cannot be measured with the yard stick of common sense or knowledge of books.

DEEP MEDITATION.

Unless we go into deep meditation, practice, we don't get higher experience.

KNOWLEDGE – IGNORANCE.

If ignorance was not there, knowledge also would not exist. We attain knowledge through ignorance only. I say humourously that ignorance is verily knowledge in real sense. At the bottom of ignorance we come to understand /grasp the nature of things and the very awareness that I have no knowledge prompts us to proceed further.

DAWN OF REALITY.

Darkness says if I am not there then light becomes darkness. Sorrow says if I am not there happiness doesn't exist. BUT I say that the darkness which defeats the light is the DAWN OF REALITY.

REMEMBRANCE.

When remembrance is there, the remembered must be there close by.

AFFLICTIONS - PROGRESS.

Afflictions are boons from God. There are many secrets in them and much inner experience can be had by undergoing sufferings? It is good to put to worries. The home is the training centre for submission, endurance. It is a greatest form of penance & sacrifice.

SPIRITUAL - TRAININGS.

Spiritual training is of two types. One of giving transmission, abhyasi being present before Guru. All the conditions will be gradually experienced. The other type is sowing the seeds of different conditions by the power of will even if the abhyasi is not physically present.

Both types are equally good and effective. Rev. Lalaji conducted a lot of experiments and has proved this beyond doubt. He perfected this Yogic transmission.

THOUGHTLESSNESS

People want to become thoughtless. It is not correct. Thoughtlessness means control of mind waves which creates thought. It doesn't mean suppression of thoughts.

SLEEP - SAMADHI - BLISS.

Sleeping relates to matter; Samadhi to spirit. When associated with matter it is peace and when it is away from matter it is bliss (Peace is matter – Bliss is spiritual).

DIFFICULTIES.

The word 'difficult' is to be removed from dictionary because we want to realize Him who is within us.

SAMSKARS.

SAMSKARS come as thoughts. If you pay attention they grow like plants.

NOCTURNAL INTER - COMMUNICATION.

At the left side of Rev. Babuji's room, there is a cot and whenever Rev. Lalaji used to come He would use this cot to sit. This was also the case when Rev. Lord Krishna and other saints visited Rev. Babuji's home. Such visits were usually between 2 a.m. and 4 a.m. Sometimes such visits were at day time also. Rev. Babuji never used to sleep in the night ! He used to lie down for body relaxation. During nights, Rev. Babuji was doing Nature's work to bring world order.

Even now, the popular belief is that Rev. Babuji visits His home every day between 2 and 3 am, sits in His arm chair, puffing away His Hookah and then goes away.

MASTER'S GRACE - to "PUTTAN"

Rev. Babuji had a servant by name "Puttan" a Muslim. While abhyasis were asking as to why a Muslim is appointed as a peon, the peon's friends were asking Puttan as to why he was working in a Hindu's House. Puttan's daughter's marriage was fixed. But he had no resources! He didn't tell this to anybody. But was worried. One night Rev. Babuji came in his dream and told Puttan, not to worry about money and that he would get it soon. It so happened that the next day a number of his relatives, friends started visiting him with food grains, Clothes and the like. The marriage took place as Puttan had thought of!

PREDICTION.

About Nature's work carried out by Him, Rev. Babuji had said that it was mostly destructive work and that shortly 70% of world's population would get wiped out. He also predicted that, Telecommunication, Atomic Energy, Electricity will all vanish and only large tracts of dry land will exist. Humans will also be hard to find.

HEARTFUL - DONATION.

There was a poor old man who used to sit before Rev. Babuji's house engaged in stitching umbrella, foot wear etc. Once he met Rev. Babuji and offered to repair His old easy chair. Rev. Babuji accepted the offer and asked him about the charges. The repairer said Rs. 2/-Rev. Babuji said that if it can be done for Re.1 & 25 paisa, He would get it done. Reluctantly, eventually the repairer agreed & finished his job. When Rev. Babuji offered Re. 1 & 25 paisa as his wage for repairs, he with folded hands, told Rev. Babuji that "You spend so much of money everyday feeding a number of people who visit you". So I want to give this money to you as my donation towards this. When Rev. Babuji asked the old man as to what he would eat today since his entire day's earnings are donated, the man said "I am used to starving. My family is also used to this. So that is no problem". Since you are serving humanity, please take this money. Rev. Babuji immediately called a volunteer abhyasi and handed over the money donated by the old man and asked for purchasing jaggery. Rev. Babuji kept the jaggery in front of Rev. Lalaji's photograph and asked the poor man & abhyasis who were present to sit before Rev. Lalaji's photograph closing their eyes and offered Prasad. What a great Master.! It was not the riches offered as donations which mattered to HIM but tiny little gifts, donations which came from the acts of the heartfulness !

INTER - COMMUNICATION.

Once in inter-communication- Rev. Vivekanandji said to Rev. Babuji. " you do not want money". It is not in your temperament and so you are not getting it! Rev. Babuji says -but by Rev. Lalaji's grace no work which I undertook had been hampered for want of money. Once someone offered to teach me the fine art of "ALCHEMY. But, I thanked him & politely declined.

MASTER - MISER?

Some think that "I am a miser"! They think that I have some supernatural powers which I am not inclined to teach others. But the truth is I am eager to give it. But there are no deserving takers".

GURU - ACCEPTANCE.

Man must attain the original pure state which he had when he first descended on the earth. This is possible only when the individual mind is merged in the cosmic mind. The effort

for this is called ABHYAS. You may call it by any other, name. But practice you must. One who guides, helps us in our abhyas is called "GURU" whose help is inevitable! Therefore, one has to test HIM about HIS capacity and then accept HIM.

SAHAJ MARG REVOLUTION.

With intent that people may come around to right path, I want to start a revolution .i.e. Sahaj marg.

PHILOSOPHY - YOGA - REALISATION.

Philosophy is thinking. Yoga is doing & realization is undoing.

FAITH.

Faith in Master is absolutely essential for realization. One should, at least, develop feeling of submission (humility) towards Master. With this, faith will develop automatically.

SOLILOQUY.

Many people who come to me think that they are wiser than me! They talk to me in same tone. I listen & keep quiet. Rev. Lalaji has given me everything by experience. He has given me the experience of the difference between Jeeva – and Atma, the omnipresence of God.

I was meditating only for 2, 3 minutes. When I submitted this to Rev Lalaji He kept silent. I thought what I was doing was right. But Rev. Lalaji was observing. As long as you are dogmatic (questions) doubts will be rising. When you become Godmatic, all questions will melt away

SPIRITUAL POWER.

As it is I don't feel any power in me. But, when I wake up of my own, I find that I am the lord of the universe.

CONDITION.

When corpse like condition develops, it should then be called and considered as the beginning of spirituality.

AVATARS.

Nobody can deny the authority and powers of lord Krishna. Every Samastha of the past had itself connected with the last avatar and the same is the case with Sahaj marg. But, of course this requires sufficient power to strengthen the band of union.

MY ROLE - MASTER.

People ask why I don't take all the people of the world up to goal-God at once. It is possible to do it by My WILL. But I have not come for this and usurp God's role. I have come to change the time and to make the hearts of mankind pure & Divine.

SEEKER.

Seek the Being which is seeking you.

SEEKERS.

You create "pain" in your heart. The cure must also come when the pain is there. All means of Sadhana aim at the same. May the time come soon, as definitely it must, and for me to have such burning hearts eagerly impatient to have what I am so restless to impart.

Rev. BABUJI - WORSHIPS.

We worship that (God) in Sahaj Marg whom Lord Rama and Lord Krishna worshipped.

GOD IS ONE.

God is one and only one. So we must take only the one to realize the one alone. The idea of trinity will definitely lead you to births & deaths.

FAITH AND LOVE.

Faith & love for Master are inter dependant. Neither can bloom without the other.

END OF LIFE.

Everyone must be prepared to meet his end. It means one must attain the highest spiritual state as early as possible. Lest he regrets when His end comes.

MASTER'S LOVE.

I always wish that everyone should lose himself and become mine. This is my aim. One rises to prominence when he thinks himself to be alone, humble and low. Humility brings forth what arrogance cannot.

LIFE.

Rev. Lalaji used to say in His last days that one cannot have REAL LIFE unless one attains Layavastha.

INWARD VISION.

Divine eye means Inward vision. When our heart ceases to get impression from outside objects, then only it can be said that the Inward vision is opened.

PRASAD.

When Rev. Babuji introduced this offering of Prasad for the first time, we were not aware of the intention behind. Later we came to know that Rev. Babuji used to say "Whenever Prasad is offered it was offered to (1) Lord Buddha (2) Lord Krishna (3) Chaitanya Maha Prabhu (4) Swami Vivekananda & Shri Rev Lalaji. Because all these Entities are connected with our Mission and they helped so much to Rev. Babuji in establishing the Mission and in HIS work on nature. Therefore, as a token of gratitude Prasad was offered. It is not a ritual. This should not be offered by anybody else.

Divine Will. - Rev. BABUJI.

Divine will through the medium of Guru Works in every way to this extent that HE cannot be away from it even for a moment. He is completely under the charge of HIS Master.

POWER - ARCS.

Every particle of our body is connected with a Chord. These Chords are in the form of arcs. There is power in each one of them. I call them power arcs.

MATERIAL - SPIRITUAL.

For our success – both material & spiritual work must go on with other side by side.

LAYA.

More the Sadhak gets "Laya" more He loses His identity.

GREED.

There should not be greediness in spirituality. Because spirituality is for bringing fine and subtle things.

PROTECTION.

The way to protect the life of any person is that one should draw a circle around Him by one's "WILL POWER" thinking that this would certainly save Him and it should be kept in mind for some time. No need to think always about it.

LIFE.

As long as there is no Negation, one cannot enjoy real life.

SIMPLE NATURE.

Rev. Lalaji said – People take benefit from you. But do not even thank you. Your nature is so simple.

MY ADDRESS.

Who is He? - You have asked me as to how one can know My real address. People reply in the scriptural languages - "When you realise yourself ". But this is not My reply. My answer is "When you become Myself alone, then you will, obviously know My address. If I have to explain still further, when you begin to see ME in yourself automatically but not purposefully or when the very condition is so created then you shall know My REAL address.

DARSHAN.

God: does not give Darshan. People flatter HIM and want to get their works done by flattery. They do not create that kind of attachment due to which He would come by HIMSELF.

REMEMBRANCE OF MASTER.

Remembrance of Master does not come in any way. We should remember HIM by changing "HIS FORM" and if He cannot be remembered in any form, we should then suppose that we are engrossed in "HIS" remembrance.

HUMILITY.

On HIS (Rev. Babuji's) departure from Gulbarga, a new seeker Shri T.S. Anantha Rangachar came to Railway Station to bid him fare well. He sat with Rev. Babuji in Railway waiting room. Rev. Babuji asked him, "Mr. T.S. Anantha Rangachar, you have been meeting me for all these days during each visit of mine. What are you doing? Do you want to spend time, waste time only by talking or you want to do something better than this. If you tell me what you are doing and if it is good, I am prepared to follow it. Please tell me.

SOCIAL SERVICE.

In my opinion helping those who are in difficulty is not social service. There cannot be a greater social service than if you can bring in a little peace for the ones in distress. For that, the first step is to think of means of uplifting the soul. It is unfortunate that the social service doers are ignoring the social itself.

DIVINE - LIGHT.

In Meditation, people utter words- there is Divine light in the heart. No; it is not to be recited. But by visualising, giving a supposition, we must be able to see Divine light in the heart.

FORE TELLING.

One abhyasi wrote to Rev. Babuji that his wife who was pregnant has asked Rev. Babuji to say whether the baby would be a male or female. Further, it is said that if what Rev. Babuji says becomes truth, she would consider HIM as a spiritual man. Rev. Babuji responded saying if spirituality depends on this then a astrologer is sufficient.

ELDERS.

The principle is that those who are getting trained from the teacher and those who are already trained are my spiritual children even though they may be older/elder to me. Notwithstanding these, I have always kept regard for the aged and elders. I don't mind if anybody speaks ill of Me. It will have no effect on me.

SPIRITUAL.

Chit Lake is situated on the forehead above Ajna Chakra. This is the starting point of Brahmanda.

All the Powers of the Guru are awakened in the representative as and when necessary. Even if HE is at a lower level than the abhyasis, HE can know more than others when a situation demands and can even give higher approaches. This is a special feature of Sahaj Marg.

GOLD, SILVER AND STRESS RELIEF.

There is an element of Gold in Tulsi and Bottle gourd. There is silver in Adumbara - a type of flower. Sit under a peepul tree - stress goes off.

PRECEPTOR'S WORK.

Preceptors can dip individual minds of abhyasis in the cosmic mind. They can work better when they merge their minds with that of abhyasis.

REALISATION.

Realisation is losing oneself without one's knowledge. Thought of God must be so deep rooted in us that we should not be aware of it.

MIND.

The MIND touches the soul when it achieves concentration. Then excellent ideas flash in it. The tip of the big toe of the right leg is connected with the central Region.

LIBERATION.

Liberation- is loss of both body and soul consciousness.

ABSOLUTE REALITY.

Absolute reality rests between YES and NO.

POWER.

Power - is drawn from ATMA CHAKRA (solar plexes). Transmission should be given to the subtle being from the point of the soul. Care: It should not be excessive.

LOVE.

Love alone connects us with GOD.

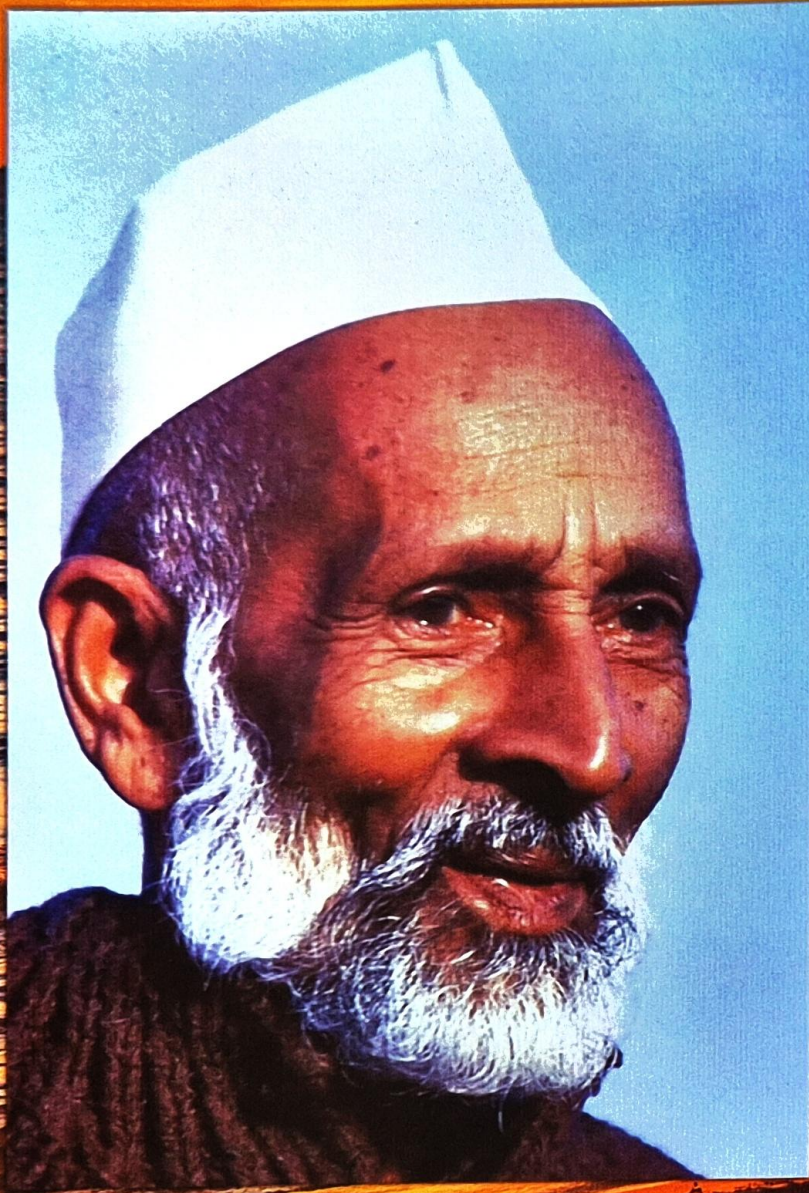
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*Religion is beginning of spirituality.
The end of spirituality is the beginning
of Reality. The end of Reality is the
real BLISS. When that too is gone,
we have reached the destination.*

- Rev. Babuji ”

Prognosis



*Rev. Babuji could not only Liberate
a Cat and a Cow
But also could Change the genetic pattern of the
human race*

PROGNOSIS

Rev. Babuji Maharaj has gracefully shared a wide range of information about future. Among a host of others, HIS communication from BRIGHTER WORLD - dated 19th May 2001 runs as under;

“Yes” a new race is being born. It will not itself be corrupted. It will need a lot of time to impose itself before the genetic mutation is completed. This will take place by degrees, at its own pace, before a new mankind really appears all over the surface of the earth. It is enormous work. But, it will be achieved as foreseen. We already have some of these beings in the mission. They are tomorrow's officers-in-charge. These Indigo or Blue children, as you call them, not only will have higher intellect which they will use for the good of man, but they will also be characterized by a very broad spiritual oneness. They will mark future times in a way that you cannot imagine. This poor planet is the prey of completely mad beings satisfying their needs for power and domination. The lure of gain makes them sacrifice the most elementary laws of respect for the created world. They take irrational risks, knowing what they are exposing the world to. Do they believe they are immortal? They are ransacking, poisoning, destroying the eco-systems and the common run of people do not know all of it fortunately, for their peace of mind. While undergoing the disastrous effects of errors mainly accumulated over the last century, (People in) this transitional period can find consolation in imagining these future times when this poor earth will be able to lick its wounds caused by men and cataclysms generated by their errors. Rev. Babuji says...

“The Present structure of the world – civilization based on electricity, atomic energy shall not remain in existence for long. It is destined to fall soon. The whole atmosphere is so much charged with the poisonous effect of absolute materialism that it is almost beyond human control to clear it.”

Owing to this, the coming of the Avatar becomes inevitable. The purpose for which He comes is clear vide Chapter 4, Verse 7 & 8 of Bhagavad Gita where Lord Krishna says;

“Oh!, Arjuna, when there is decline of righteousness and un-righteousness is in ascendance, I come down assuming the human form”.

He comes to clear the atmosphere of the poisonous effects on it by the ungodly ways of man and to build a new world based on the principles of purity, piety and godliness. Most of the great souls of the world seem to agree that it is just time or the zero hour for the long expected advent of the Divine Personality to save humanity.

Rev. Babuji in HIS book, "The Efficacy of Raja yoga" says Nature now requires a change- a thorough over- hauling and for this purpose, I may assure you, a Special Personality has already come in to existence and has been at work for about two & half years. He may at present be unknown, undiscovered. But soon time is at hand when HIS presence shall be revealed to the world by events coming to light through HIS medium. I may assure the world in all earnestness that the Godly soul in human form is in existence today busy with HIS programs.

Indicators of HIS arrival though remains generally unknown, but Godly personalities are aware of HIS presence for they can catch Divine plans at the slightest hint in Nature. About the indication of the incarnation's advent as given by Shri Ramakrishna Paramahansa is:

"When a huge tidal wave comes, all the little brooks and ditches become full to the brim without any effort or consciousness on their own part: so when an incarnation comes, tidal wave of spirituality breaks upon the world, and people feel spiritually almost full in the air."

Swami Vivekananda also makes a response to this in one of HIS speech at New York - about 70 years ago. He said;

"Today when man requires one more adjustment on the spiritual plane; today when material ideas are at the height of their glory and power, today when man is likely to forget his Divine nature, through HIS growing dependence on matter and is likely to be reduced to a mere money - making machine, an adjustment is necessary; the voice has spoken, and power is coming to drive away the clouds gathering materialism. The Power has been set in motion which, at no distant date, will bring unto mankind once more the memory of their real nature; and again the place from which this power will start will be Asia.

The presence of Special Personality can be felt by any one by Meditation, sincerely thinking that he is receiving spiritual impulse from the great personality in existence and feel and judge. He can even secure personal contact with HIM if he earnestly desires it. Saints of caliber are always able to read the signs in nature or by inter-communication with the personality through clairvoyance.

I sincerely entreat my brethren to take my words seriously by giving up all delusions and avail of the Divine Grace. I assure you all that the present time is one of the rarest occasions when with the slightest effort one can secure the highest approach in the shortest possible time. One caution I want to give is about dexterous persons making false claims of their being the savior; Lord Christ also warns people about such people in the Bible (Matthew - 24 - King James Bible). In this message Lord Christ says;

"The son of man, Avatar shall come in to existence in the East and from HIM the true light will travel to the west, making everything open & visible, clearing all mysteries".

It is difficult to judge such a personality from HIS outer appearance in physical form. People have their own notions about the physical form in which the Avatar is expected to appear. Accordingly they believe only when that particular form comes to their view. People also expect HIM to be full of external grandeur & exhibiting super natural powers at every step. HE is believed to rule over the earth. So one expects HIM to be a king, or religious head. But what to judge HIM and realise the Divine grandeur in HIS BEING, and not in HIS outer appearance !. He may externally be very simple and un-assuming that HIS very simplicity may be a veil to HIS true BEING. He may have been born in any nation, race, religion but HIS existence is universal.

His entire outward life shall be just like that of an ordinary man, facing the ups & downs of a normal worldly life. Judging by HIS external form, extensive knowledge or miraculous actions are bound to fail. To really know HIM, we have to set aside all our self - conceived notions and beliefs & sincerely try to discover HIM by our intense sadhana or any means suited to one, or we may also rely upon the experience & judgment of great saints with Divine insight, who have read the signs in Nature or have inter-communed with higher souls.

Such Avatar possesses all the Godly attributes. He lavishly bestows HIS blessings upon the righteous but also punishes and destroys ungodly. HIS powers are unlimited. He commands all the forces of Nature. All His activities are Divine & at times appear to be most wonderful & miraculous. He can at a glance bestow upon anyone the highest spiritual approaches. He can at a single stroke of HIS will destroy the effect of all past samskaras of a man & free him from all bondages.

The Avatar comes on earth for some specific purpose and with a definite programme of work as said in Geetha! The foremost item of HIS work is to eliminate unrighteousness. He comes to change the face of life on earth. The world may not be a bed of roses for HIM. But He works hard to remove evil from the world. He shall face opposition. HIS followers may be few. With all these adverse factors, HE shall successfully carry out HIS programme.

To mend and end are the only alternatives to HIM. The Programme of HIS work has already started. Though, HE may not be visible to the one who has drowned in HIMSELF, but HIS actions are clear and distinct. A period of extreme tribulation & unprecedented misery is soon to cover the entire world. Nature's work is like that. The Divine personality who has come down has adopted a similar trend adopted by nature. Signs are evident that the progress of the world is towards the final phase. Fresh causes are grouping up every moment. Material is gathering and multiplying and the tendencies of mind are changing for the worse. Signs of a disaster etc are imminent and inevitable. Wholesale destruction of un-desirable elements comes into effect at different places. It may be through, flood, storm, famine, disease, war or volcanic upheavals.

The Bible also predicts such scenario. Lord Christ warns people of these unhappy events, promises HIS help and support to those who are righteous. Rev. Babuji - Maharaj speaks of this with greater preciseness in HIS book 'Reality at Dawn', He says;

"Signs are evident that the destruction of the undesirable elements in the world has already commenced. The time is now ripe for its final phase and the world is rushing towards it with headlong speed. The action may come into full swing by the close of the present century. There will be enormous bloodshed all over the world and the loss of life through various causes will be so great that the world population will be considerably reduced.

This means that the world is on the very verge of ruin and that there is no time to be lost. One has to do at once what is to be done. Rev. Babuji puts it as follows:

"The new structure of the coming world shall stand on bones and ashes. A type of civilisation based on spirituality will spring forth in India and will, in due course become the world civilization. No country or nation will survive without spirituality as its base and every nation must sooner or later adopt the same course if it wants to maintain its very existence. The aforesaid is not a prophecy. It is revelation of mysterious facts included in the future programme of the great Divine personality. Most of the items of HIS programme of Change are bound to come in to effect by the close of the present century. Let us wake up in time and mend ourselves in order to secure a safe place in the new set up of the world.

The author concludes with the prayer that may the Good gracious God bestow upon all brothers and sisters light & guidance to lead us to the true knowledge of the great incarnation, the Special Avatar, and inspire them with devotion & surrender to HIS WILL".

REV. DAJI'S TAKE ON GENETIC MUTATION.,

Rev. Babuji has given about 15 or 20 messages (Whispers from Brighter world) on this subject. This applies more to today's youth, though it applies to all abhyasis in general even if they are 80 or 90 years of age.

The first time I was exposed to generic mutation, the discussion took place in 1981 with Rev Babuji. He was telling me, "Look I am trying to change the genetic pattern of the human race"! At that time I was, being young, say about 20 or 21 years, did not understand what He was trying to imply. I thought being a Special Personality; HE was just trying to impress me with HIS ability to do things.

Being a student of science I was impressed. But the question remained; how in the world is HE going to bring about this genetic change, mutation? And here also after going to brighter world, HE conveys messages one by one on generic mutation. It takes me back to the few seconds that I spent with Rev. Babuji when HE was trying to explain to me that, "I AM

TRYING TO DO THIS". So, I could put one and one together and re-confirm that "YES. THIS IS BABUJI. THIS IS NOT A JOKE."

How is HE planning to do it? You look at it, we are in physical body, and we are a complex organism which has already imbibed, already inherited the genetic code that we have. How to bring this change in already existing genetic material? It is already fixed. We are of the belief that genetic changes can occur rapidly at the time when there is cellular division where the chromosomes divide at course that is a great moment. But having lost that moment, how do the great Masters achieve what they have to achieve in the form of mutation? It is not through Pranahuti. It is not through transmission and it is not through their powers - they fail! No Master can succeed in HIS dream projects unseen & unites the abhyasis to co-operate.

The abhyasi power is no less than Godly power because at the very root of our mind that original stir still continues to work. Eg. When Lord Krishna approached Duryodhana, Just before the beginning of the war, He tried to convince him. "Please don't do this "and Duryodhana told HIM - "Look Krishna - I know who you are. I know your abilities; I know I may lose also in the process. I know what is good". HE uttered a sloka+- perhaps in those days they could talk only in Sanskrit. He said "Janamdharma cha me pravritti (I know what is my duty, I know what I have to do, but I can't activate myself in that direction). Janamdharma cha me nitrite (I also know what I must not do, what is adharma, Yet, I can't stay away from it".

+(Pandava Geetha – Sandhi Prakrana)

Almost all of us are like Duryodhana. We know what is right, but many times we say "oh - I cannot do this. I know it is right. But I can't do this. I am helpless. Many times I know what I must not do, yet I end up doing it". So who is better? Having a Master of a great capacity with Transmission, even If I pray to HIM, it is not working. Why? Because I myself am preventing it. My thought force is so powerful that even the great Master fails in HIS efforts to change me!

No body, who is unwilling, can be changed. Everyone must participate in this great process of change willingly and joyfully otherwise it is not a success. Anyone can come & say O..K. Master, You may please change me completely". But, it is superficial plea of a superficial prayer. Deep down, do I really want it? I must desire to have it.

OM TAT SAT.

28-09-2021.

BENGALURU.

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“

*I do not ask you to detach
yourself from the world. But only
to attend to everything with a
conscious idea of the Divine.*

- Rev. Lalajii ”

RETROSPECTION SAHAJ MARG

The origin of Sahaj Marg, is reported to have been traced to 72 generations before king Dasharatha. Reliance is placed on this issue based on Sage Rev. Yagnavalkya's inter communication with Rev. Babuji.

One school of thought traces Sahaj Marg to be a complete overhaul of Saint Rev. Pathanjali's Yoga Sutra suitably modified, to be free from all physical, occult practices. Thus it is claimed that the system runs along purely spiritual lines without the slightest amalgamation.

Yet another source points to chapter 4, hymns 5 to 6 of Shrimad Bhagavad Geetha which clearly indicate that it is a derivative form sacred Upanishads which owes its origin to Vedas. Thus it can be inferred that Sahaj Marg is a offshoot of Sanatana Dharma.

Sahaj Marg with its innate, integral, sacred component 'Pranahuthi' is an act of will targeting the heart of a seeker for his transformation. It is believed that Transmission is a microcosm of the vibrations and sound (Om-a primordial sound) caused during creation. It is this primordial power and energy which is used for passing on esoteric knowledge leading to expansion of consciousness. It is said that this esoteric knowledge known only to Hindu sages was unfortunately lost by them. It is believed that **Rev. Ramchandraji** of Fategarh, affectionately called as Rev. Lalaji retrieved this cabalistic mystical practice. Not just this He made it totally transparent and available to mankind.

During the times of Rev. Lalaji, this system was being practiced in the name of Sant Mat with its own set of package of practices suitable to gruhastha (House holders).

It is reported that conducting of Japa (reciting sacred hymns) performance of Yaga, Yagna, Homa (Hindu religious practices) were in existence. However, with the efflux of time and the varying needs, aspirations of masses, these practices were amalgamated to bring out a neo package of practices.

Thus, the system, then being called 'Sant Mat' underwent structural and subtle changes including its very name - renamed as "Sahaj Marg" meaning Natural path. In tune with re-naming and restructuring the package of practices, certain orthodox practices then being followed had natural death.

However, with the evolution of the system of spiritual practices under Sahaj Marg, though certain orthodox practices like idol worship and the like were in low ebb, there remained

a miniscule who continued Yoga, Yagna and the like. Stray instances of such rituals being performed even in some Bhandaras (Spiritual gatherings) were sporadic.

There were microscopic instances of abhyasis who were disinclined to join such rituals complaining to Rev. Babuji about such happenings. It is said that Rev. Babuji simply dismissed such interlocutors as of no consequence. Later, when some abhyasis, who were close to Rev. Babuji, owing to their devout practices, approached Rev. Babuji in this regard, Rev. Babuji is reported to have said "If I too view these matters seriously, prey tell me where will these interlocutors go for jetting off their steam?"

Knowledgeable sources say that while Sahaj Marg was blossoming itself evolutionally, (The Formative Years) the system was being practiced mostly by a section of people belonging to a particular strata of society. Lack of publicity, information dissemination were the hindrances. Interestingly despite this impediment, the number of new mendicants rose.

Over a period of time, spiritual heads of Sahaj Marg, reverentially called "MASTERS" meaning "one who has mastered self" redesigned past systems, past methods of sadhana to suit the ever changing conditions of life and requirements of populace.

While the Masters were engaged in making the Sahaj Marg system SEEKER-FRIENDLY, simultaneously efforts were afoot to build infrastructure both in terms of setting up of a organisation to manage the affairs of the increasing number of seekers as well as providing logistic support.

Verifiable records indicate that as early as 1945, Rev. Lalaji had advised Rev. Babuji to build a organisation and specially advised to maintain HUMILITY by all seekers ; Rev. Babuji was also advised to be strict and give up excessive modesty.

Continuing His support and a sense of direction, Rev. Lalaji had also advised Rev. Babuji as under :-

"Several Gurus have affection for you. They have all (i.e., Lord Krishna, Rev. Radhaji, Rev. Yagnavalkyaji, Rev. Vivekanandji, Rev. Mohammad, Rev. Chaitanya Mahaprabhu) given you sufficiently and still intend giving more in future. Meet them. Shahajahanpur will be the centre and will get light from here only. I will display you to the whole world."

The intensity of prodding by Rev. Lalaji on Rev. Babuji can be understood/felt when one goes through the following exhortation during May 1944. Rev. Babuji Himself says that His Guru Maharaj strongly prevailed on Him to "Start a organisation and begin to attract seekers". He also gave Him certain instructions regarding the proposed establishment of a organisation to deal with matters concerning day-to-day activities, organisational challenges and for making Preceptors. He also cautioned about His concern regarding some abhyasis worshiping His photograph!

Rev. Babuji records that Rev. Lalaji advised Him to accept with Humility the directions given by Rev. Vivekanandji regarding functions of the proposed organisation "Shri Ramchandra Mission which He insisted to be registered immediately.

It is brought out that Rev. Vivekanandji also gave a hint to Rev. Babuji about the methods of special training to be revealed to him duly modified to suit the changing times. It would appear that this was basically to re model the spiritual practice to meet the varying, growing, changing needs of seekers.

Continuing His support, assistance, guidance, Swami Vivekanandaji is reported to have provided a dossier containing duties of Satsangis - brothers and sisters chosen to be trained and also gave detailed suggestions regarding the emblem of the Mission.

Spiritual literature indicate a mysterious force of law working in the universe which ordains that where a sincere seeker exists, nature so modifies the condition of His personal existence as to make Him a sort of magnet which inevitably attracts Him to persons and events which play a significant and active role in the furtherance of His search.

What if such a seeker is Himself a Special Personality? Kindly reflect on the following Divinely graced spiritually historic incident :-

"On 12-01-1946, Rev. Babuji received the following 'PRAYER' flashed from above in English language :-"

**O, Master,
You are the real goal human life.
We are yet but slaves of wishes.
putting bar to our advancement.
You are the only God and power to bring
us upto that stage.**

Rev. Babuji also received guidance from Rev. Lalaji to expand and embellish the prayer without deviating from the main object.

Taking in to account the vast strides being made to start an organisation and prepare masses for God realisation, Rev. Vivekanandji inter communicated with Rev. Babuji. Among other issues Rev. Vivekanandji said "Your Mission will shine without doubt". Let the time mature. You have sown the seeds of spirituality throughout. Let the seeds grow. I assure you that it will flourish during your life time. You have given the touch of spirituality to India anew and a bit of it abroad.

Rev. Babuji redesigned Sahaj Marg to be a "EXPERIENCE ORIENTED" system of sadhana for God realisation. This is in contrast to "Personality oriented system" followed by masses. Thus Sahaj Marg, came to be recognised as "Principle oriented system" rather than "Personality Oriented".

It is interesting to note that once Swami Vivekananda Ji, the bold and courageous sage, thought of setting up Monastery in Mayavati near Himalayas. The prime purpose was to set up a spiritual centre for practicing "EXPERIENTIAL sadhana sans theoretical/Postulatory". This was funded through the donations received from His western followers. One of the very important intent behind this was to develop an attitude of practicing experiential system of sadhana devoid of rituals, idols and the like.

But, when the construction of Ashram was completed and on the day of inauguration he found a photograph of Shri RamKrishna displayed! It is said that He immediately got in to a rage and asked for removal of the photo. Here the point is that deep inside, during those days, it was a built in mind set to stick to form oriented / personality oriented icons for worship. It was very difficult to bring in change ! Swami Vivekananda Ji continued introduction of measures to avoid sentimental, emotive approach to be the galloping horses for progress. He oriented masses to depend on their own experience out of sadhana and not to be carried away by the sermons of charlatans.

Rev. Babuji was of the view that one should explore and experience out of sadhana and should not be carried away by other factors. He advocated a policy of surrendering to Master. He also exhorted seekers to feel what comes out of Guru and not to be carried away by extraneous matter. About spirituality, He was of the view that spirituality is not a one time experience nor is it old ideas marketed with new narratives. A review of the system of Sahaj Marg. point to, among others, the following features.

Sahaj Marg is not just a philosophy but a practical approach to spiritual practice. Seekers, after their induction are exhorted to seek their own insight and introspection. The system ensures that practice of meditation over a period of time gradually transforms the seeker, enables him to cast off such habits which are inimical to his spiritual progress and embrace such which ennoble.

Seekers in Sahaj Marg go through unique experiences which are well nigh impossible to express. Often it is found that one's vocabulary, language are impediments to express. It is strange that being aware that "He" is within us and everything for realisation are form within, seekers continue to seek and depend on external inputs. This is why swami Vivekanandji often said that despite knowledge, availability of Sadgurus people take recourse to wallowing in sentiments. He was of the view that spirituality allows one to grow in one's own pace. In Sahaj Marg, Masters accelerate progress by infusion of Pranahuti.

The only challenge defying human ingenuity, among others, is the inability of realised souls to express their experience of realisation. Spiritual Masters of various denominations have opined that this can be done only by transmigration, introduction of Divine energy - heart to heart, by gaze, by sight, by Divine silence, by nigh.

Owing to inability to express one's experience about realisation the fortunate few realised souls took to building up of a narrative or use metaphor to explain the conditions felt by them. It is human fragility that while building a narrative, certain words explanations, similarities were brought out with the prime idea of making the narrative as realistic as possible. But in their zest for bringing in the "REALITY" of their experience, the issues got alloyed with certain emotive words thus affecting the contents.

In addition, certain spiritualists who have flair for intellectual intervention have in their enthusiasm brought out new dimensions in the essence of Reality thus making it either confusing or brought out all together a new perspective - a kind of intellectual gymnastics. It is found that being spontaneous and zestful while dealing with such matters, their depth of experience get diluted. Fortunately, in Sahaj Marg Rev. Babuji and the hierarchy of Masters have diligently, carefully ensured against these.

REV. BABUJI

A overview of the saga of life of Rev. Babuji denote amazing work creatively thought and wisely implemented. To recall a few, here was a 'Entity' who had education up to SSLC, never stepped into a university - college but could perceive, visualize and carry out incredible work which on hindsight reveal His farsightedness.

A frail looking person, weighting hardly 40-45 kgs (approximately) being endowed with more than comfortable financial status, living a most simple and ordinary lifestyle, full of compassion, no discrimination, very transparent in His thought and actions, balanced in His lifestyle, never differentiated between a intellectual and a experienced person, gave equal attention to Raja and runk, forward looking yet maintained tradition and values, had innate ability to deal with people and events, non interventional. The list goes on.....

It is generally observed that saints, gurus, sages appear to have enigmatic personality. Their life style, inter-action with different strata of populace reveal a un-usual disposition leading to commoners feeling a state of fearful reverence towards them. These Gurus have aids/ personal staff whose attitude play a dominant role. These personnel act as liaison between the Guru and members of Public / devotees. It is often found that their area of influence in the holy place is overwhelmingly dominating.

Juxtaposed to this, Rev. Babuji's lifestyle, body language, personality traits were all directly opposite to what is said above of other Gurus. He was so much simple, natural, had plausible demeanour, compassionate, godly eyes, all of which were veils to His persona. He was a householder like any one else, employee of a court, hailing from a aristocrat family, having large traits of agricultural lands situated very close to Shahajahanpur, growing the best variety of Basmati rice. However, anyone who took a detour to His house, wading through a 8

feet wide road/pathway with both sides extending towards open sewage lines with swarming house flies, mosquitoes obviously would be ill at ease to proceed to His home - a virtual "HOME OF DIVINITY". However, any one entering the portals of His home instantaneously feels lost in a state of Bliss.

As to His identity out side His home, Ashram anyone who saw Him would certainly believe Him to be a Commoner.

He was blessed with a wonderful voice, soft, loving, soothing, exhibiting love and compassion. So much so He appeared to be showering GRACE, tenderness even to ordinary, unknown people. Very sad that all these attributes mislead insensitive people ignore Him. Perhaps nature wanted it to be like that so that He would be left to work uninterruptedly.

His eyes (Eyes are said to be portals of the Soul) had mystical elements and His gaze always appeared to be towards infinity. A number of people who had a brief look into His eyes have vouched that they were taken / transported to a state of ecstasy!

His home in Shahajahanpur (U.P. India), a dusty town, having no proper roads, no foot path and the space marked for foot path usurped/ utilised for open sewage lanes, swarming houseflies, mosquitoes, stinking smell from both sides of the road, stench emanating there from all masquerading Him as a very ordinary man.

Yet, with all these in the background, any one who had the opportunity/fortune of touching His body would experience soft, silken feel. His face was very attractive, nose being long, which according to knowledgeable people, portray potentially great capabilities.

A well known adage says that resources of few entities are priceless. Among others, they are 1. Mother's Love 2. Teacher's disseminating knowledge, 3. Water & 4. Air. The latest addition to this is the grace of enlightenment of "Spiritual Master". A retrospective view of the various vistas, conceived, initiated, grounded, managed by Rev.Babuji Clearly indicate this position.

Rev. Babuji's well thought out futuristic plans, its grounding, its mid-term correction, its successful implementation leading to robust growth of organisation, i.e. Shri Ram Chandra mission and inputs to various functionaries are a few forays. To be specific, His concept and method of selection of volunteers/seekers to work as prefects i.e. spiritual trainers is renowned. The method and manner of selection, in-house practical training imparted both subtle and direct is efficacious. Consequently the significant role these trainers play in reaching out to seekers is awe inspiring.

Further, in the matter of establishment of centres of light i.e. centres of Mission both in India and abroad, compliance with certain legal formalities as applicable to host countries, holding periodically Bhandaras (Spiritual gatherings) anticipating and creating opportunities to the youth - the future torch bearers of the Mission, choosing successors to various

functionaries, motivating seekers to take up studies, writing books, on Master, Mission and Method, publishing them conducting host of eco friendly, social, moral and spiritual workshops, seminars are all a few illustrations.

Of these, the unique character of a innovative approach to the functioning of the Mission and its growth is undoubtedly the role played by the prefects under the Divine guidance of watchful Master.

The periodical invaluable meetings between the seekers and prefects (for individual sitting - Satsanghs) once a week / fortnight depending on the state of spiritual condition of the abhyasi have honed the skills of the seeker to accelerate the pace of his spiritual growth ; Empirical studies have revealed that such interactions are virtually a practical training centres both for the seeker and trainers. Thanks to the watchful, graceful attention of the Master, both the trainee and trainer gets automatically certain subtle nuances of practice leading to sharpening of their skills.

Rev. Babuji had envisioned, perceived the need for carrying out research in the realm of spirituality. Readers would have noticed this in the chapter "Early Years" where He had assured the researchers of His complete support and guidance. What He was contemplating and practically planning did become a reality in 1950 and with the setting up of research centres at Thirupathi / Hyderabad.

It was in the year 2006 that His envisioned initiative became a reality when a research centre by the name of CREST Centre for Research, Education and Spiritual Training was established in Bangalore followed by its associates at Mysore, Karnataka, Kharagpur (West Bengal) Vrads Sandae (Denmark). Not that there was no research work going on earlier. A kind of research work was going on even during mythological times. Such initiatives were confined to individual seeker's enterprise and the results were confined to a few.

But, what Rev. Babuji initiated was research work on mystical matters by dedicated organised researchers on subjects of intense interest to whole of mankind and results of such studies made available to all. What is more, the results of such research was subjected to constant review and refinement.

OVERSEAS TOUR

Despite His advanced age (He was 73 years young when He made His first travel abroad) health challenges, Rev. Babuji was indeed to honour His commitment to His Guru, Rev. Lalaji under took visits to overseas. Among others, He visited Denmark in 1970. Switzerland in 1972, United States in May 1972, Denmark again in May 1976, once again in 1980, Germany in 1980, Malaysia and London in 1982.

He was invariably accompanied in His visits abroad by Rev. Chariji the then General Secretary of the Mission. Not used to western life style, food habits, He had to face a lot of discomfort during such visits. Thanks to Rev. Chariji, who took comprehensive care of Rev. Babuji from trimming up His beard to giving a bath Rev. Chariji took total care. Sometimes Rev. Chariji with the aid of His robust shoulders had to physically carry Rev. Babuji to washroom, mix hot-cold mixer gadgets. Food was another area of discomfort. Though Rev. Babuji was not keen on taste of food, sometimes felt need for Indian Cuisine! Once, it so happened that being fed up with western food including boiled vegetables, He sought need for Roti (chapathi). One of the overzealous sister abhaysi who had visited India recently undertook to prepare chapathis for Rev. Babuji. Rev. Babuji was so happy about this that He went on telling everyone that He would be getting Roti for Lunch! But when lunch was being served, Rev. Babuji, noticed papads being served under the wrong impression!

Communication with foreign abhaysis while abroad was a big challenge ! During all such occasions, either a Indian abhyasi accompanying Rev. Babuji or a local who was knowledge of English were of great help. In the absence of English knowing abhyasis Rev. Babuji was at great disadvantage. Yet He used to develop His own nuances to get over. One such 'way out' devised by Rev. Babuji was that He would lovingly look directly at a person speaking, understanding what exactly the speaker was saying without even waiting for someone to assist or translate! Thanks to westerners habit of talking - straight forward and their body language, tone which largely reflects what they wanted to say !

Once, Rev. Babuji said that there is a point in the human body which when developed enables one to understand all languages. One could see, watching Rev. Babuji, while He was listening to a French abhyasi. The speaker could feel that what He was saying was well understood by Rev. Babuji. But the fact was Rev. Babuji, did not know a word of French.

Rev. Babuji avers that he found a wonderful feature when He traveled abroad. It was people's hankering for peace. He thus catered to the changing aspirations of seekers.

Rev. Babuji was of the view that it is the universal law of nature that changes should be there in all human endeavours including spiritual pursuits. Every change begets some result. If there is no change then there will be no basic principle. If there is no basic principle there is no Absolute. It is only through the process of change that every object in the world gets fruition.

Being a researcher, basically His efforts were all in the direction of bringing changes in the existing systems by redesigning the past practices / methods, approach to suit the aspirations of the seekers and the changing dynamics of the society.

"9 PM UNIVERSAL PRAYER"

While Sahaj Marg practice is for individual seekers, with a view to extend, enlarge the scope, coverage Of prayer to all i.e. everything in creation Rev. Babuji', introduced a unique humanitarian concept called "UNIVERSAL PRAYER". Under this programme the range and gamut of prayer is extended to world populace. This approach broadens our reach for welfare of "Others than Ourselves" thus ensuring world peace.

REV. BABUJI'S ORIGINAL TEXT MESSAGE

One thing which I would like to introduce in our Satsangh is that at 9 pm, sharp everyday, every abhyasi, wherever he must be at that time, should stop his work and meditate for 15 minutes, thinking THAT ALL BROTHERS AND SISTERS ARE BEING FILLED UP WITH LOVE AND DEVOTION AND THAT REAL FAITH IS GROWING STRONGER IN THEM.

Since Shri Ramachandra Mission is a global organisation and since abhyasis are spread all over the world, prayer offered by abhyasis word over at 9 pm - (at their place) automatically ensures that throughout the day and night (all the 24 hours) some section of the populace will be offering prayers for others! Thus harvesting universal brotherhood and world peace.

Sahaj Marg Spiritual Foundation an extended arm of Shri Ramchandra Mission runs retreat centers, all over the world for its members to enable them to retire to a secured place, natural habitat to interpret, meditate, brood over one's inner condition. The idea is to re-enter normal every day life, refreshed spiritually to face life with a renewed sense of purpose thus restoring 'BALANCE' in one's life. We have retreat centres in Chennai (Tamil Nadu), one at Satkhol (Himalayan Ashram) Uttarkhand, one at Pune (Maharashtra), one in Malampuzha (Kerala) and one at Kharagpur (West Bengal).

The Mission periodically publishes spiritual books concerning vast strides made in developing the state of consciousness, awareness of the members.

Everyday in ashrams of Shri Ram Chandra Mission and thousands of centres worldwide and at homes of practitioners, individuals from all walks of life, diverse nationalities, different religious backgrounds, come together, transcending boundaries in an atmosphere of Love, trust and brotherhood.

Shri Ram Chandra Mission proudly shares a common goal of peace and human integration and harmony with UNDPI i.e. United Nations Department of Public Information. Shri Ram Chandra Mission thus fulfils the principles outlined in United Nation's charter.

TOWARDS INFINITY

In the early years 1971 and around this time, Rev. Babuji was found to be always talkative, joking and pretty much seemed to be ordinary (though extraordinary) personality. He seemed to be always outwardly behaving like any one else. But, during His last years, He appeared to be a lot much quieter. During His last year on planet earth, in His physical form, He often seemed to be so far away that no one knew where He was. Perhaps He was busy working for nature or working on abhyasis. But, it was astounding that whenever there was a need for His intervention, He would make His appearance!

To quote an instance when there were around 100 overseas abhyasis at His house and while He was about to begin a Satsangh, He suddenly delayed commencement. However, after a few minutes, He pointed to two couples who had just arrived from Denmark (Their first visit to India and first time meeting Rev. Babuji) and enquired with them about their place of stay being comfortable, arrangements for food etc., as if He knew them for long ! Once, these preliminaries were over, He commenced Satsangh.

It was felt that during the last few years, it looked as though He was keeping abhyasis off from Him.

Instances of abhyasis coming all the way from overseas returning back home to their country without even, forget meeting, seeing Him. Little did anyone realise that He was detaching Himself and training others to do so. Certain astrologer's prediction that He would live up to His 120th Year did give hope. But, He was inaccessible.

But, then there was a secret way to see Him. Whenever new abhyasis came to see Him, He used to become His old real normal Self. But as soon as old timers come, He would keep Himself aloof.

One overseas abhyasi once told Him "If you were not so sweet and kind, all of us would be afraid of your powers and hence would have run away. He responded laughing and took the abhyasi's hand and placing it on His head asked him how HE FELT. The abhyasi said, He felt as though it was electric generator, a dynamo. He said he experienced a kind of humming sound in His head.

Once in one of His normal real Self state, He said none can define God ! SO WAS HE.... Beyond Words. He was.....

OM TAT SAT.

ACKNOWLEDGEMENTS

My Profound "**Gratitude**" to :

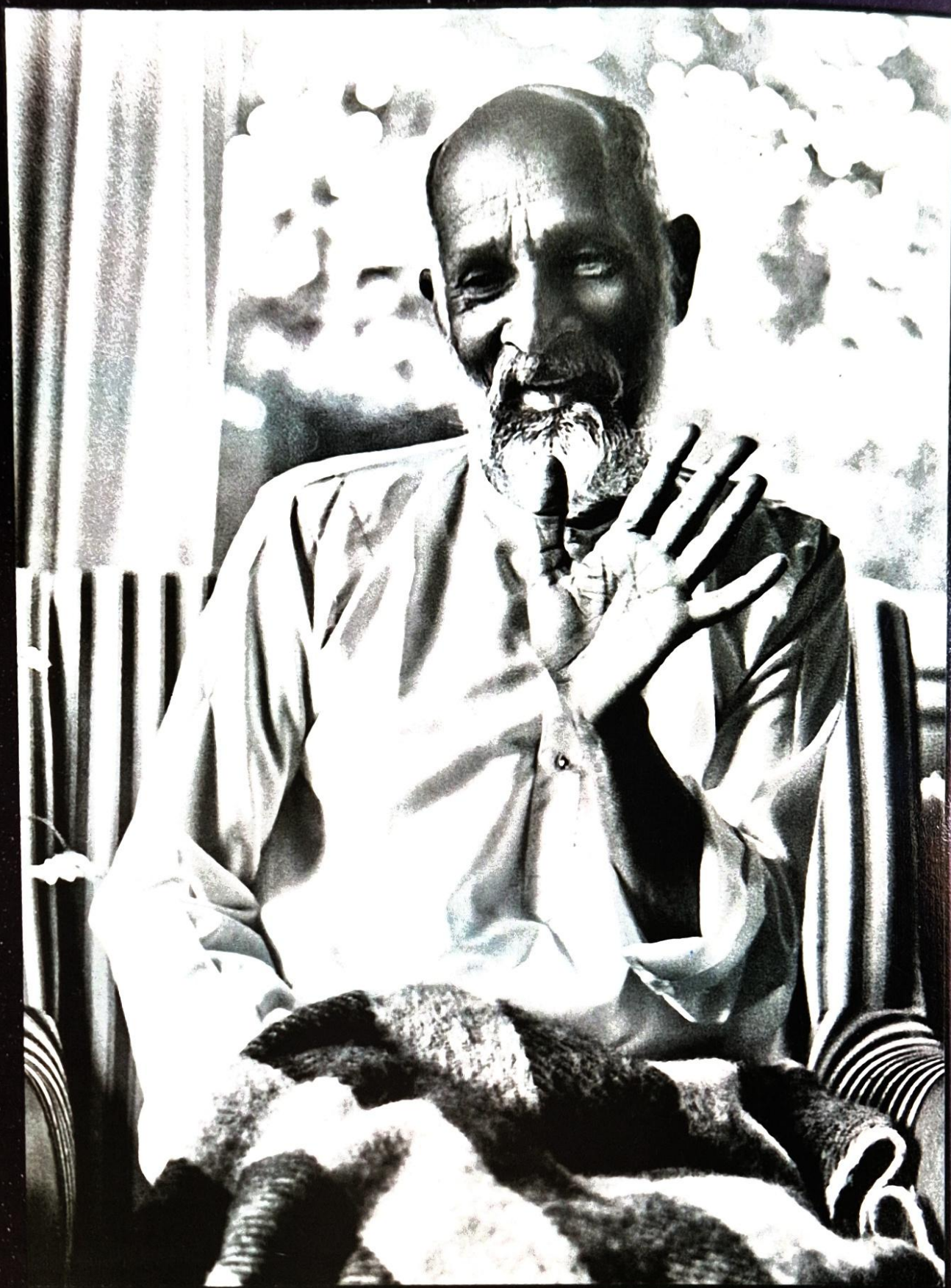
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7. Shri **K.R. Subbakrishna**, for his Strategic Support.
8. A number of brothers, sisters, abhyasis, who have contributed anecdotes of their experiences with **Rev. Babuji Maharaj**, At their instance their names are withheld.

GLOSSARY

Avatar	:	Incarnation of a Divine soul.
Bhagavad Geetha	:	A Hindu Holy Scripture.
Baqa	:	(Sufi word) A state of life with God, through God, in God and for God, Permanency with God.
Kena Upanishad	:	A Vedic Sanskrit text of Hindu Religion. One of the primary Upanishads of the 108 Upanishads.
Laya Avasthe	:	To be one with God.
Prana	:	Breath, Life Force, Hindu Religious word.
Pranahuti	:	Hindu Yogic transmission of Divine energy for transformation of Mankind.
Pathanjali	:	Hindu sage, Author of number of Sanskrit works, greatest work - YOGA SUTRAS.
Samadhi	:	Hindu Philosophy ; Highest state of spiritual condition while bound to the body which unites them with highest Reality.
Saamipya	:	Vicinity.
Saanidhya	:	Abode of God.

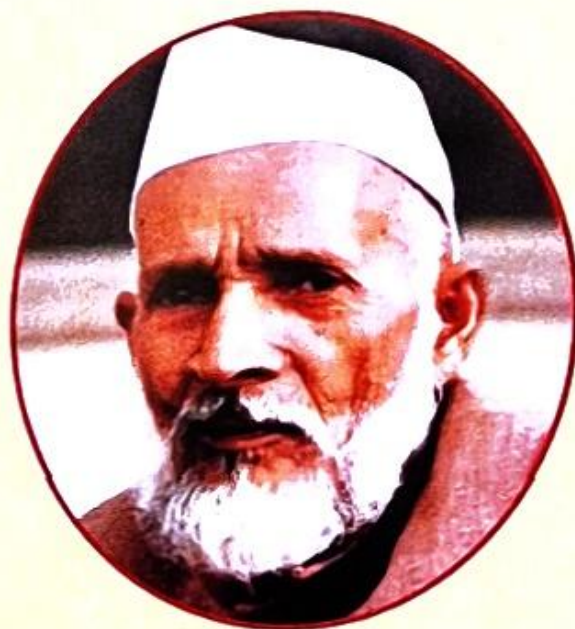


*This is the Eternal Abode of
Rev. Babiiji
at Shahajahanpur Ashram*





Bless & Bliss



*I have not come to
“Make Disciples”
I have come to
“Make Masters”*

- Rev. Babuji



Heartfulness Meditation



"Purity weaves Destiny"

